

Oregon Health & Science University
Department of Pathology
Phlebotomy

Random collection: (urine voided at any time of the day or night)

- a. Place barcode test label on a sterile container.
- b. Instruct the patient to collect the urine sample using the labeled, sterile container.
- c. Screw the lid on firmly and place the sample and extra labels in a sealed biohazard bag. Make sure that one request number label is on the container for each test ordered (i.e. URN and URM or UAD).
- d. The urine must go into the refrigerator if delivery to lab is to exceed one hour from collection or be sent via the pneumatic tube to Specimen Processing.

Clean Catch, Midstream:

- a. Place patient label on a sterile container.
- b. Instruct the patient to wash their hands.
- c. Patient should open towelettes and wash the genital area. This is done to avoid contamination of the urine sample with organisms from the area adjacent to the urethral opening.
- d. Male patients should retract foreskin of penis and cleanse glans, especially the area around the urethral opening.
- e. Female patients should spread labia and cleanse urethral area with a front to back motion.
- f. Infants and non-toilet trained children should have the perineal region cleaned and have a sterile u-bag attached.
- g. Instruct patient to begin urination. When approximately 1/3 of the voiding has occurred, collect a portion of the urine in the sterile container without interrupting the urine flow.
- h. The last part of the urine flow is not collected as part of the sample
- i. Screw the lid on firmly and place the sample and extra labels in a sealed biohazard bag.
- j. The urine must go into the refrigerator if delivery to lab is to exceed one hour within an hour of from collection to await transportation pick-up or be sent via the pneumatic tube to Lab Central Specimen Processing.