

# Herbert M. Woodcock Lectureship Series

**Herbert M. Woodcock, M.D.**  
1921-1999



Dr. Woodcock joined the OHSU Department of Psychiatry in 1969 and served on the faculty until his retirement in 1990. During his 21 years as a member of the Division of Child & Adolescent Psychiatry, Dr. Woodcock served as Chief, Consultation-Liaison Service (1969-1990), Director, Outpatient Clinic (1983-1990) and Consultant, Children's Psychiatric Day Treatment Center (1982-1999).

The Woodcock Lectureship was established in 1999 to honor Herbert M. Woodcock, M.D., professor emeritus of psychiatry. The Lectureship recognizes Dr. Woodcock's devotion to teaching the principles of psychoanalytic psychotherapy to the broad range of health professionals who are involved in the care and guidance of children, adolescents and young adults.



Mail code: UHN 80  
3181 S.W. Sam Jackson Park Road  
Portland, Oregon 97239

CONTINUING EDUCATION

OHSU Department of  
Psychiatry, Division of Child  
& Adolescent Psychiatry  
presents the

## Herbert M. Woodcock Lectureship Series

Special Psychiatry Grand Rounds  
**Making sense of the storms in  
adolescence**

Woodcock Lecture  
**Making sense of self-harm in  
adolescence and evidence to support  
MBT-A intervention**

Trudie Rossouw, MRCPsych., M.D. (Res)

**Friday, Sept. 30 through  
Saturday, Oct. 1, 2016**

OHSU Auditorium  
Portland, Ore.



# Herbert M. Woodcock Lectureship Series



**Trudie Rossouw, MRCPsych., M.D. (Res)** is a Consultant Child and Adolescent Psychiatrist and the Associate Medical Director for Children's Services with the North East London NHS (National Health Services) Foundation Trust. Dr. Rossouw's expertise lies in the

area of adolescent self-harm and personality disorder, and she has conducted an RCT testing mentalization based treatment against treatment as usual. She has published several papers and book chapters on mentalization-based treatment for adolescents.

## LOCATION AND TIME CHANGE

Special Psychiatry Grand Rounds:  
Making Sense of the Storms in Adolescence

**DATE:** September 30

**TIME:** 8:00am-9:00am

**LOCATION:** Richard Jones Hall 4320

*(A research oriented presentation to the medical community and public)*

## Education objectives

At the end of the presentation participants will be able to:

- Discuss and understand adolescent development;
- Explain the neuroscience of adolescence;
- Discuss and understand resilience in adolescence as well as the role of mentalization in resilience.

## Registration

Registration *is not required* for this event. For more information about Psychiatry Grand Rounds, please visit: [www.ohsu.edu/psychiatry](http://www.ohsu.edu/psychiatry)

## LOCATION AND TIME CHANGE

Special Psychiatry Grand Rounds

**TIME:** 8:00am-9:00am

**LOCATION:** Richard Jones Hall 4320

*\*\*there are no changes to the Saturday lecture schedule or location\*\**

Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Credit

OHSU School of Medicine, Division of CME, designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Saturday, Oct. 1, 8 a.m. to 12:30 p.m.

Woodcock Lecture:

### Making sense of self-harm in adolescence and evidence to support MBT-A intervention

Self-harm is very prevalent in the adolescent years and on the increase in the Western world. Suicide remains one of the highest causes of mortality in the adolescent years and a very strong link between suicide and self-harm exists.

## Education objectives

- Identify the underlying factors associated with self-harm in young people and help to arrive at an understanding of the self-harm;
- Apply mentalization as a framework, both for understanding self-harm as well as a framework that could lead to resilience and recovery in these young people and their families.
- Discuss the results of a randomized control trial where MBT for adolescents (MBT-A) with self-harm was compared against treatment as usual.

## Target audience

Psychiatrists, child psychiatrists, psychologists, psychiatry residents and fellows, medical students, LCSWs, MAs, PAs, NPs, RNs, PMHNPs and PharmDs.

## Pre-registration

Please confirm your attendance no later than, Sept. 26, 2016. To RSVP, please E-mail [woodcock@ohsu.edu](mailto:woodcock@ohsu.edu) or by contacting Amanda Ribbers at 503-494-0687, [ribbers@ohsu.edu](mailto:ribbers@ohsu.edu)

## Location

OHSU Auditorium, 3181 S.W. Sam Jackson Park Road, Portland, Ore. 97239

## Accreditation

Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Credit

OHSU School of Medicine, Division of CME, designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Schedule

8 – 9 a.m.	Registration and continental breakfast
9 – 10:30 a.m.	Trudie Rossouw, MRCPsych., M.D. (Res) Lecture part I
10:30 – 11 a.m.	Refreshment break
11 a.m. – noon	Lecture part II
noon – 12:30 p.m.	Questions and answers
12:30 p.m.	Complete evaluation and adjourn

## Parking and directions

Free parking is available in Dotter (Lot 40), Lot 50, or Lot 60. For directions, please visit: [www.ohsu.edu/xd/about/visiting/directions/index.cfm](http://www.ohsu.edu/xd/about/visiting/directions/index.cfm) or [www.ohsu.edu/map/](http://www.ohsu.edu/map/)

## Accommodations

If you require reasonable accommodation in order to participate in this event, we will be glad to help. Please call 503 494-0687 or E-mail [ribbers@ohsu.edu](mailto:ribbers@ohsu.edu) the details or your request by Sept. 26, 2016.