

Child Parent Psychotherapy

CPP is a mental health treatment for children aged 0-6 years. Typically, the child is seen with his or her primary caregiver. A central goal is to support and strengthen the caregiver-child relationship as a vehicle for restoring and protecting the child's mental health. **CPP** examines how the trauma and the caregivers' relational history affect the caregiver-child relationship and the child's developmental trajectory. Treatment focuses on the caregivers' and children's maladaptive representations of themselves and each other and interactions and behaviors that interfere with the child's mental health. Over the course of treatment, caregiver and child are guided to create a joint narrative of the psychological traumatic event and identify and address traumatic triggers that generate dysregulated behaviors and affect. Average length of treatment is 50 weekly sessions.

Oregon Agencies with Child Parent Psychotherapy Trained Clinicians

EOCCO Counties

New Directions Northwest, Inc., Behavioral Health & Wellness

2200 4th Street
Baker City, OR 97814
541-523-3646

Community Counseling Solutions 104 SW Kinkade Boardman, OR 97818 541-481-2911

AND
120 South Main Heppner, OR 97836
541-763-2746

Kaleidoscope Child & Family Therapy 1705 Main Street, Suite 100 Baker City, OR 97814 541-523-5424

Community Counseling Solutions 528 E Main St. Ste E John Day, OR 97845 541-575-1466

Symmetry Care 348 West Adams Burns, OR 97720

Lifeways Outpatient Children Services 331 SE 2nd Street Pendleton, OR 97801 541-276-6207

Lifeways Inc. 595 NW 11th Hermiston, 97838 541-567-2536

Center for Human Development 2301 Cove Ave LaGrande, OR 97850 541.962.8853

Wallowa Valley Center for Wellness 2017 SW 1st Street Enterprise, OR 97828 541-426-4524 x1031

Lake District Wellness Center 100 D Street, Suite 1 Lakeview, OR 97630 541-947-6021

Lifeways Inc., 702 Sunset Drive Ontario, OR 97914 541-889-9167

GOBHI Counties

Mid-Columbia Center for Living

207 West 3rd Street
The Dalles, OR 97058
541-296-5452 x8138

Inner Pathways, PC

704 Columbia Street
Hood River, OR 97031
541-490-5831

CPCCO Counties**Columbia Community Mental Health**

58646 McNulty Way
St. Helens, OR 97051
503-397-5211

GOBHI

445 Port Ave.
St. Helens, OR 97051
503-397-7919

Children's Relief Nursery

1340 East Main Street
Hillsboro, OR 97123
503-283-4776
503-597-6089 ext. 5772

Clatsop Behavioral Healthcare

2120 Exchange Street
Astoria, OR 97103
503-325-5722

Other Agencies:

Community Health Alliance (Roseburg)

Community Resource Network/Lifeworks
NW (Portland)

Deschutes County Mental Health (Bend)

Family Nurturing Center Relief Nursery
(Medford)

Impact NW (Portland)

Inner Pathways, PC (Hood River)

Jackson County Mental Health (Medford)

Kinship House (Portland)

Lake County Mental Health (Lakeview)

Lane County Behavioral Health (Eugene)

Lifeways Outpatient Children's Services
(Pendleton)

Lifeworks NW Clackamas County

Lifeworks NW, Relief Nursery (Portland)

Options Counseling & Family Services
(Eugene)

Please contact the closest CCP provider near you to obtain information regarding new CPP sites that may not be on this list.

July 2nd, 2018