Preventing Workplace Violence: Creating a Culture of Support

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Prevention Mindset

RECOMMENDED STORIES



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Defining the Problem

The US Department of Labor and OSHA (Occupational Safety and Health Administration) define workplace violence as:

Workplace violence is any act or threat of physical violence, harassment, intimidation, or other threatening disruptive behavior that occurs at the work site. It ranges from threats and verbal abuse to physical assaults and even homicide. It can affect and involve employees, clients, customers and visitors.



Types of Workplace Violence

- Type 1: Violent acts by criminals with no connection to the workplace
 - 80% of workplace homicides
- Type 2: Violence toward employees committed by clients, customers, patients, etc.
- Type 3: Violence against coworkers, supervisors, managers by current or former employee
 - 7% of workplace homicides
- Type 4: Violence committed in the workplace by nonemployee who has personal relationship with employee



Scope of the Problem

- Extreme situations are a very small percentage of workplace incidents
- More than 2 million U.S. workers are victims of workplace violence each year – mostly from harassment, bullying, and intimidation

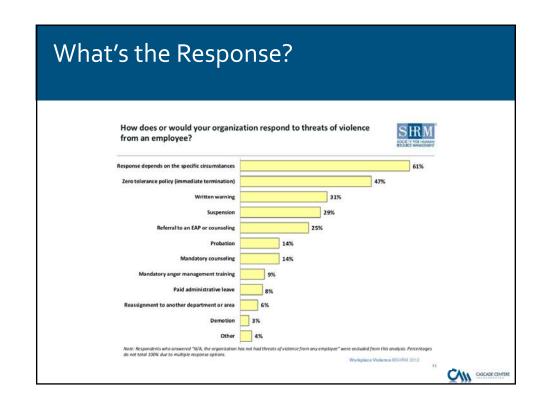




Employer's Role in Prevention

- According to the FBI, employers, "have a legal and ethical obligation to promote a work environment free from threats and violence."
- The Society for Human Resource Management says that there are economic costs employers face as a result of workplace violence. The three most common include:
 - Management time and expenses (55%)
 - Productivity loss (37%)
 - Staff replacement due to turnover (34%)







Positive Engagement

Shifting the Culture:

- Establish and maintain relationships
- Understand emotional experience
- Emphasis on early intervention





Responding to Distress Indicators

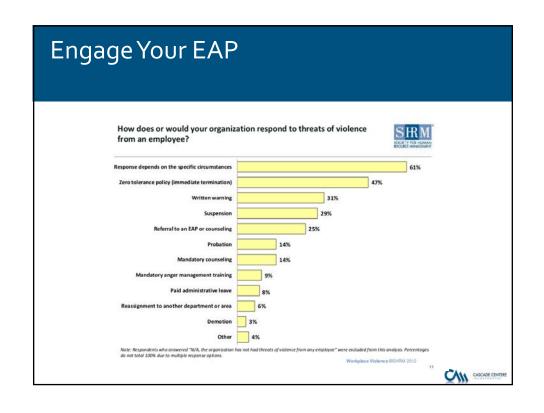












Engage Your EAP: Proactively Promote

- Proactively promote and normalize use of EAP services
- EAP awareness and antistigma campaigns are shown to increase accessibility
- Train management and staff to recognize and respond to emotional distress





Engage Your EAP: Consult

- Use Management Consultations to get another perspective
- Most EAPs have this service readily available

 know how to access
 well before it's needed





Engage Your EAP: Refer

- Address performance concerns with Performance-Based Referrals
- Employee meets with EAP professional, who provides regular updates on progress
- Concerns are addressed by clinician, so manager is allowed to just be a manager





