

Post Mission

Aborting, After Effects, Prevention

Lesson #12: Aborting (or modifying) the mission is ok.

Know your limits

Know when to ask for help

Know when abort, modify, regroup

Document in depth







Lesson #13: Address residual effects on rescuers.

- Fatigue/exhaustion
- Acute Stress Disorder
- PTSD



Lesson #14: Debrief is important.

- Rapid: what worked/what needs further discussion?
- Informal: team meeting
- Formal
- Expanded: SWOT
- Simple: make a phone call





SWOT Analysis



Lesson #15: Preventative SAR works

- Limit access
- Permit: fee or free
- Prepaid donation (SAR cards)?
- Insurance?
- Charging for missions
- Fines
- Education!







YOU ARE LEAVING
THE SKI RESORT
**YOU CAN
DIE**

THIS IS YOUR DECISION





OPEN

X-MAS GATE

EXPERT ONLY!



This chute is one of the most challenging accesses to the North Face. It is not like anything you have skied before. If you make a mistake serious injury or death could result. Beware, your fall could also injure others.

Follow these rules:

1. Do not ski alone.
2. Stop on sides.
3. Maintain adequate spacing.
4. Avalanche beacons, shovels, and probes are also recommended.

You are responsible for your actions.

**IF YOU ARE NOT AN EXPERT,
DO NOT ATTEMPT THIS CHUTE!**

**YOU ONLY HAVE
ONE BRAIN
TAKE CARE OF IT
WEAR HELMET**

**UD. SOLO TIENE
UN CEREBRO
CUIDELO, USE CASCO**

**SAVE A BRAIN
WEAR A
BICYCLE HELMET**

Recommended by:
**ANCHORAGE'S
PEDIATRICIANS**

**ANIMALS ARE REQUIRED
TO BE ON LEASHES**

**PLEASE
REMOVE ANIMAL WASTE**

DANGER

**CREEK
AREA**



OPEN WATER





www.cragrats.org