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# WASABI CRAB ON ENDIVE

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16 pieces

16	Belgian endive spears
6 ounces	Cooked lump crab meat
4 teaspoons	Wasabi mayonnaise
	Cilantro sprigs
1 tablespoon	Lemon or lime juice squeeze

- Top each endive spear with  $\frac{1}{4}$  teaspoon mayonnaise and  $\frac{3}{4}$  ounce crabmeat.
- Garnish with a sprig of cilantro and squeeze of lemon or lime juice.

## **Nutrition Per piece:**

20 Calories; 1 g Fat; 2 g Protein; 44 mg Sodium;