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### Agenda – Part II

- Create or Use Validated Survey
- Developing Surveys
- Designing & Formatting Surveys
- Distribution Methods
- Response Rates
- Data Analysis
- Regulatory and Contracting





### Validated vs. De Novo Surveys

Creating, testing, validating a survey is a significant effort requiring substantial investment

- Is it reliable?
  - Does it repeatedly measure the same property/effect and get the same result?
- Is it valid?
  - Does it measure the property that is suppose to be measured





Create or Use Validate Survey:

# Validated Surveys

- Are you measuring an attitude, concept or behavior?
  - Likely a validated survey exists

Avoid re-inventing the wheel...

It's hard work, and difficult to get right.







## Validated Surveys

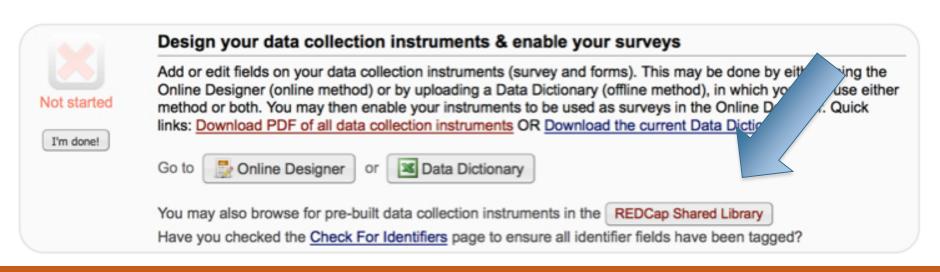
Finding the instrument that accurately and reliably measures the concept of interest can be difficult, but there are resources...





# REDCap Shared Library

- Database with hundreds of curated, validated instruments including surveys
- Curated for relevance, accuracy in function and coding, and copyright issues







# REDCap Shared Library

Return to REDCap		Shared Library	
			Search
Kassward agarah	er.	Search options:	Library Metrics
Keyword search:	SFŢ		My Activity
	Search the library	Minimum downloads: 0	Institution Activity
		Recent additions: show all \$	Consortium Activity
		Curated by REDLOC? show all :	REDLOC
			REDLOC Login

Found 9 results matching your search	
Title	Downloads
➤ Multiple Sclerosis Quality of Life (MSQOL-54) ★	47
➤ PROMIS Parent Proxy SF v1.1 - Anxiety - Short Form 8b ★	15
➤ PROMIS Parent Proxy SF v1.1 - Depressive Symptoms - Short Form 6b ★	8
➤ PROMIS Pediatric SF v1.1 - Anxiety - Short Form 8b ★	6
➤ PROMIS Pediatric SF v1.1 - Depressive Symptoms - Short Form 8b ★	5
➤ PROMIS SF v.1.0 - Intensidad del Dolor - Cuestionario Abreviado 3a ★	2
➤ PROMIS SF v1.0 - Physical Function - Short Form 12a ★	16
➤ PROMIS SF v1.0-1.1 Global ★	151
➤ Rand 36 Item SF Health Survey Instrument (Version 1.0) ★	1096
★ Indicates a REDLOC curated instrument	Didn't find what you were looking for?  Suggest a validated instrument for library inclusion





# REDCap Shared Library

▼ Rand 36 Item SF Health Survey Instrument (Version 1.0) ★

1096

**Details:** 

Institution: REDLOC

Contact: Brenda Minor

Contact email: brenda.minor@vanderbilt.edu

Submitted by: Brenda Minor

**Description:** "A set of generic, coherent, and easily administered quality-of-life measures.

These measures rely upon patient self-reporting and are now widely utilized by

managed care organizations and by Medicare for routine monitoring and

assessment of care out

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http://www.rand.org/health/surveys\_tools/mos/mos\_core\_36item.html

Terms of use: http://www.rand.org/health/surveys\_tools/mos/mos\_core\_36item\_terms.html

Terms and Conditions for Using the 36-Item Short Form Health Survey

RAND hereby grants permission to use "RAND 36-Item Short Form Health Survey" in accordance with the following conditions, which shall be assumed by

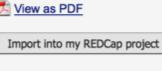
all to have been agreed to as a consequence of accepting and using this

document:

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...Show more

Last updated: February 23, 2010



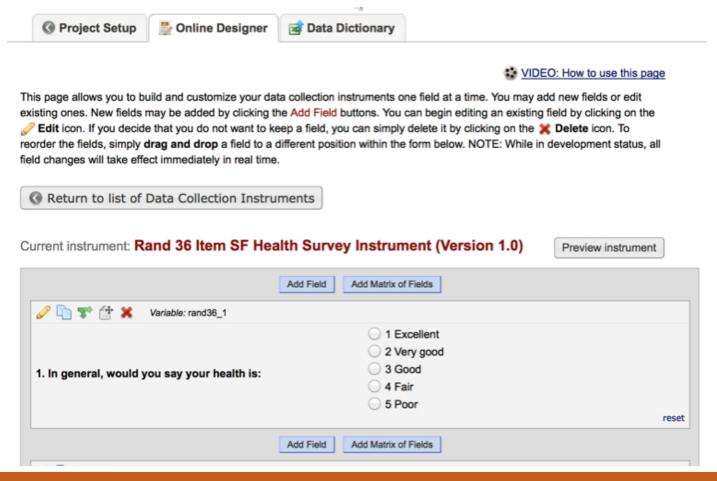
View as web page







# REDCap Shared Library







### Other Resources

- PROMIS (<a href="http://www.nihpromis.org/">http://www.nihpromis.org/</a>)
  - Patient Reported Outcomes Measurement Information System (PROMIS), is a system of highly reliable, valid, flexible, precise, and responsive assessment tools that measure patient—reported health status.
- National Cancer Institute
  - http://appliedresearch.cancer.gov/resource/collection.html





### **DEVELOPING SURVEYS**







# Okay, If you must!

#### **Preparing to Do A Survey:**

- Who are you going to survey?
- How are you going to survey them?
- What are you going to ask them?

#### What Could Possibly Go Wrong?

- Who: Coverage Error, Sampling Error, Non-response Error
- How: Method Effect
- What: Measurement Error

Engage a statistician and/or survey design expert early!





## Question Writing Tips

- Write at a 6<sup>th</sup> grade level.
- Use complete sentences.
- Use as few words as possible.
- Define your terms.
- Never make the first questions open-ended, difficult, embarrassing or directly about themselves.
- Avoid complicated skip patterns in mail surveys.
- Make sure the question requires an answer. Questions beginning with "If" or "When" often don't.





### Wording Practices to Avoid

- Shorthand
  - Contractions, abbreviations, symbols, slashes, parenthesis, brackets
- Framing questions in the negative
- Using double negatives
- Passive voice
- Words or phrases that express a strong point of view





### Wording Practices to Avoid

- Questions using leading, emotional or evocative language
- Technical terms and jargon
- 'Double-barreled' questions or responses
  - Using 'and' in a question or response
- Questions with multiple response dimensions
  - Asking about frequency and occurrence in single question





# Question Wording Keep It Simple!

### <u>Use</u>

- Work
- Tired
- About
- People who live here
- Job concerns
- Providing health care
- Your answers

### Instead of

- Employment
- Exhausted
- Regarding
- Occupants of this household
- Work-related employment issues
- Health care provision
- Your responses to this questionnaire





# **Question Types**

- Open-ended vs. Closed Questions
  - Respondents more likely to skip open-ended
  - Open-ended
    - Greatest variety of responses
    - Time consuming to respond and analyze
  - Closed
    - Ensure that respondents interpret questions the same way
    - Response options should be mutually exclusive & exhaustive





# **Question Types**

- Rating scales
  - Usually between 5 and 7 points
  - Provide a rating scale
  - Write questions so that both positive and negative items are scored high and low
    - Agree/Disagree scales biased to 'Positivity bias'
    - Order of response categories can influence answer choices





# Visual Layout

- Keep design clean, simple and consistent
  - Clearly distinguish question text from answer choices and instructions
  - For open-ended questions provide lines
  - Limit the number of variations of font formats
    - Consider population (age, reading level, diagnoses that may impact reading comprehension/ability)
  - Make use of white space





# Visual Layout

- First and last impressions are created by the front and back cover/pages
  - Remember to include instructions about return of completed survey
  - Thank your participants for their time!
- Check for spelling and grammatical errors, readability and flow, visual consistency
- Test your survey on a variety of people!





### **DISTRIBUTION METHODS**







# Types

- Distribution Methods
  - Mailed
  - Web
  - Mobile
  - Phone
  - In person
  - Mixed

Depends on Population!







### Factors to consider<sup>[1]</sup>

Factor	In Person	Phone	Mail	Online
Cost	Costly	Moderate	Cheap	Cheapest
Speed	Slow	Fast	Moderate	Fastest
Response rate	High	Moderate	Low	Low to Moderate
Sampling need	Address	Phone #	Address	Email
Respondent burden	Low	Moderate	High	Low
Researcher control	Variable	Variable	None	None
Length of survey	Long	Moderate	Short	Short
Social desirability	High	Moderate	Low	Low
Length of response options	Short to moderate	Moderate	Short	Moderate
Survey complexity	High	Good	Poor	High
Chance of interviewer bias	High	Moderate	None	None







# Online Surveys Strengths

- Eliminates need for data entry
- Adaptive show only relevant questions
- Cost
- Questions with long list of possible responses
- Respondents more willing to disclose private and socially undesirable information
- Ability to require response
  - Provide option for 'Unknown'/'Don't know'

### <u>Challenges</u>

- Limits ability to verify accuracy and account for missing data
- Skewed to internet users (some may not possess skillset)
- How and when participants read email
- Spam filters delivery schedule







### Maximize Rewards & Trust

- Respect the respondent: tell why the research is being done, provide a toll-free number for questions, say thanks.
- Ask for advice: we need your feedback, we need information only you can provide.
- Offer a financial or tangible reward (even a token) in advance of their completing the survey.
- Make project seem important, prominent. Emphasize legitimating sponsorships or affiliations.







### Minimize Costs

- Don't embarrass the respondent—don't use complicated language or phrases they might not understand.
- Minimize inconvenience to the respondent keep it short, don't include too many complex questions.
- Ask for personal information only when necessary; if necessary, soften the request. Make sure respondent understands why it is important.





### **RESPONSE RATE**





### Overview

- Overall declining response rates in the past 3 decades
- Reasons for non-responses<sup>[2,7]</sup>
  - Failure to deliver questions to target audience
  - Mistrust of confidentiality
  - Over-surveying fatigue
  - Insufficient postage
  - No return postage provided
  - Incorrect mailing address
  - Unclear survey instructions
  - Interception and disposal by family/other
  - Insufficient incentive/payment





# By Distribution Methods<sup>[2]</sup>

Method/Industry	N	Min	Max	Mean (% Returned)	SD
Mail	309	19.7	94.0	44.7	21.8
In person/ drop in	31	30.0	83.0	62.4	16.9
Email	11	23.7	89.0	54.7	23.9
Phone	10	10.0	86.2	49.1	24.1
Web	6	10.6	69.5	38.9	15.1
Health care	21	17.4	94.0	53.8	20.0
Education	15	10.0	84.0	49.0	24.1





### By Distribution Methods - Rates

- Study 1<sup>[3]</sup>
  - Phone 64%
  - Mail w/ follow-up telephone 56%
  - Mail w/ follow-up letter 49%
  - Incomplete 44%
- Study 2<sup>[4]</sup>
  - Phone 30%
  - Mail 18%
  - Online 7%
- Study 3<sup>[5]</sup>
  - Mail 32%
  - Online 21%

[3] Response rates of three modes of survey administration and survey preferences of rheumatoid arthritis patients. Ivett Garcia, Cecillia Portugal, Li-Hao Chu, and Aniket Kawatkar. Arthritis & Care 2014; 66:3. 364-370 DOI: 10.1002/acr.22125.
[4] Comparison of response rates and cost-effectiveness for a community-based survey: postal, internet and telephone modes with generic or personalised recruitment approaches. Martha Sinclair, Joanne O'Toole, Manori Malawaraarachchi, Karin Leder. BMC Medical Research Methodology 2012; 12:132 DOI:10.1186/1471-2288-12-132.
[5] Web surveys versus other survey modes – a meta-analysis comparing response rates. Manfreda Lozar, Berzelak Bosnjak, I. Haas, and V. Vehovar. Interantional Journal of Market Research 2008; 50. 79-104.





### Facilitation & Follow-up

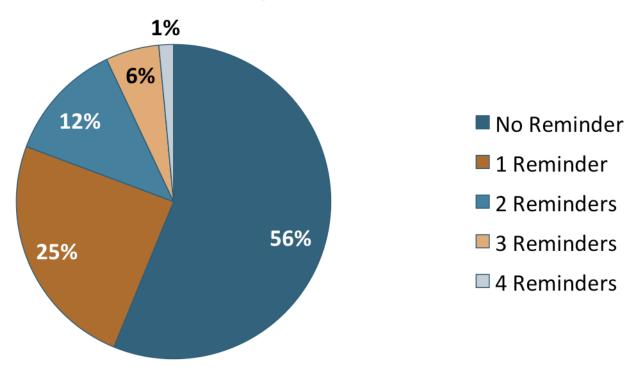
- Pre-notification
- Publicity
- Reminders
  - Give window of 7 to 10 days before following-up
- Advice respondents of a deadline
- Planning on resurveying the same population?
  - Thank for participation
  - Share some of your findings
  - Survey feedback?
- Follow-up methods include:
  - Email
  - Phone
  - Mailed postcard





# Increasing Contact<sup>[6]</sup>

#### **% Response**







### **DATA ANALYSIS**





#### Data Analysis:

# Coding Data

- Checks to find errors in coding or data entry
- Weighting of questions
- Conversion of responses to numerical values
- Coding open-ended questions
  - Abstraction and coding
- Repeated surveys analyzing absolute or percent change between periods, overall, etc.?
- Consideration of time of year survey administered





#### Data Analysis:

# **Analyzing Data**

- Incomplete surveys and missing data
- Conduct and report non-response bias tests
  - Archival analysis
  - Wave analysis
  - Interest-level analysis
  - Active non-response analysis



### **REGULATORY & CONTRACTING**







#### Regulatory & Contracting:

### Considerations

- Protocol includes description of participant recruitment, data types, survey tools, individually identifiable data, measures to protect confidentiality
- Informed Consent vs. Information Sheet





#### Regulatory & Contracting:

# Online - Recruiting Using a Survey

For studies where researchers want to use an online survey to individuals that have not signed a consent form:

•Consent/Authorization – IRB approved *Waiver of Authorization*; Consent as first page of online survey or part of recruitment materials

	REDCap	Survey Monkey	Survey Gizmo
Business Associates Agreement Required		X	X
Accounting of Disclosures		X	X



