OHSU march wellness & fitness center Member Survey Results 2018









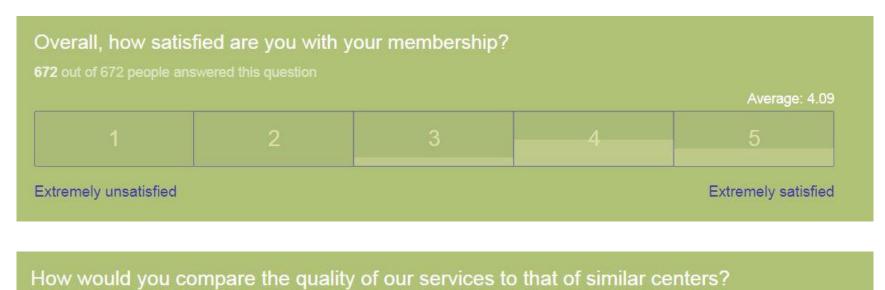




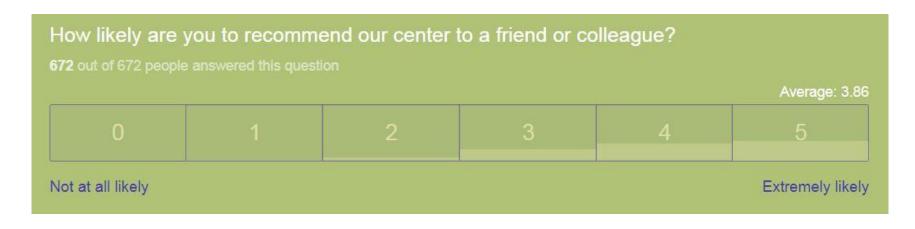












Open Comments-

Based on your feedback we have implemented the following

- Changed the Friday warm water class to Ai Chi
- Added a Strength & Conditioning class Mon. & Wed. @ 6:30 p.m.
- Hired a trainer with availability after 6 p.m.
- Purchased additional stools for the locker rooms
- Continued "Talk with Doc" lecture series
- Offer aqua class throughout the year on Saturdays
- Updated the studio calendars to include "Specialty Classes"
- Increase frequency of equipment and studio checks for wear
- Offer a March Ahead 101 class