Home Care following Cystoscopy

What to expect

- Your child will be able to go home the same day of the operation.
- Your child may have burning or pain when they pee and this may last for up to a day after surgery.
- Some blood in the urine is normal. This will slowly improve in the first 1-2 days following surgery.

Bathing

- You can bathe your child normally following surgery.

Activity

- There is no need to limit your child’s activity.

Diet

- Your child may eat a normal diet. Start off with clear liquids, like juices, popsicles, water, or ice. Start solid food slowly after this with a little bit at a time. It is not unusual for the child to throw up in the first day after surgery and this is from the medicines used to make them sleepy during the surgery.
- Have your child drink plenty of fluids in the first 3-4 days following surgery. Water or Juices are best. In older children at least 8 glasses a day is recommended.

Medications

- For this type of surgery the pain is usually able to be controlled using Tylenol and Motrin.
- It is okay to use these medications at the same time or separately.

When to Call

- Fever of 101F degrees or higher.
- Your child is unable to urinate.
- Your child is having blood clots in the urine after 24 hours following surgery.
- If your child is having an upset stomach or throwing up after 24 hours following...
surgery.

How to Reach Us

- Non urgent general questions during weekdays call the Pediatric Urology Clinic, from 8:30am-4:30pm at 503-494-4808.
- Evenings, weekends, and holidays, call the hospital operator 503-494-8311. Ask for the pediatric urology resident on call.