

BACK TO SCHOOL

School Bus Safety:

- ☑ Parents should wait with their children until the school bus comes to pick them up
- ☑ Teach children to wait until the bus comes to a complete stop before entering and exiting the bus
- ☑ Always cross the street in front of the bus, never behind, and make sure to make eye contact with the driver before crossing
- ☑ Drivers should follow school speed zones and slow down and stop near school buses



Walk with your kids to the bus stop and wait with them until it arrives.



Teach kids to make eye contact with drivers before crossing the street.

Pedestrian Safety:

- ⚠️ Remind children to look left, right, and left again before crossing a street
- ⚠️ Always walk on sidewalks and paths, and use crosswalks and traffic signals
- ⚠️ Children under 10 years should never cross the street alone
- ⚠️ Teach children not to use any cell phones or other devices while crossing to prevent any distractions

Playground Safety:

- ◆ Always supervise children while on the playground
- ◆ Make sure children are dressed appropriately, remove necklaces, scarves, or any clothing that can get caught on equipment
- ◆ Remind children that pushing, shoving, or horseplay can be dangerous on the playground
- ◆ Parents should be aware of any potential hazards on equipment

Sports Safety:

- ⚽ Make sure children get a physical examination before participating in a sport
- ⚽ Encourage children to stay hydrated during practices and games
- ⚽ Ensure athletes are wearing properly fitted gear to prevent injuries
- ⚽ Make sure athletes get rest to avoid overuse injuries
- ⚽ Parents and coaches should learn the signs and symptoms of a concussion
- ⚽ Inspect the equipment and sports field to make sure it is in good condition



Encourage children to drink water before, during and after athletic activities or play.



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Source: <http://www.safekids.org/>