



Navigating  
Healthcare for  
Aging Adults in  
Rural Oregon in the  
years to come.

Christina Kelley RN  
Dr. Michael Knowler





What  
about  
Dad?





# Learning Objectives



Describe the current and foreseeable needs of rural elderly in Oregon.



Develop community-based strategies for closing the gap between present and anticipated care needs.



News

# La Pine steps up to help three senior sisters living in car

*Effort underway to get them trailer before winter*

By: [Katie Zuniga](#)   

Posted: Nov 01, 2018 07:50 PM PDT

Updated: Nov 01, 2018 07:50 PM PDT



City or Zip...

**Bend, OR**  
Today 10:00am  
24-h forecast

Recommend





What are the  
Needs and  
Issues?



# Healthcare – Physician and caregiver shortage



## Decreased Access



Housing/ caregivers



Food//Supplies



Transportation



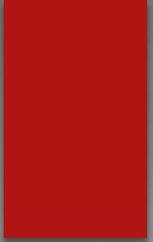
Medical



- Limited Income
- Social Isolation
- No access to healthcare
- Chronic illness
- Housing problems
- Lack of transportation



Bridging the Gaps with Community Based Solutions.



# Aging in Place





# Main Street Solutions



Think outside  
the Box



# Home Safety

# Aging safely at home



Fall prevention



Home Smoke alarms, Co2 detectors



Transportation needs



Fresh food and groceries



Prescription costs and limited income



Dementia concerns guns, driving, working



# Transportation





Churches and community groups

A photograph of a sheep grazing in a green field. In the background, there are trees with autumn foliage in shades of yellow and orange, and a dense forest of evergreen trees on a hillside. The text "Communities can make a difference!" is overlaid in white on the upper left portion of the image.

Communities can make a difference!