



NORTHWEST HEALTH
FOUNDATION



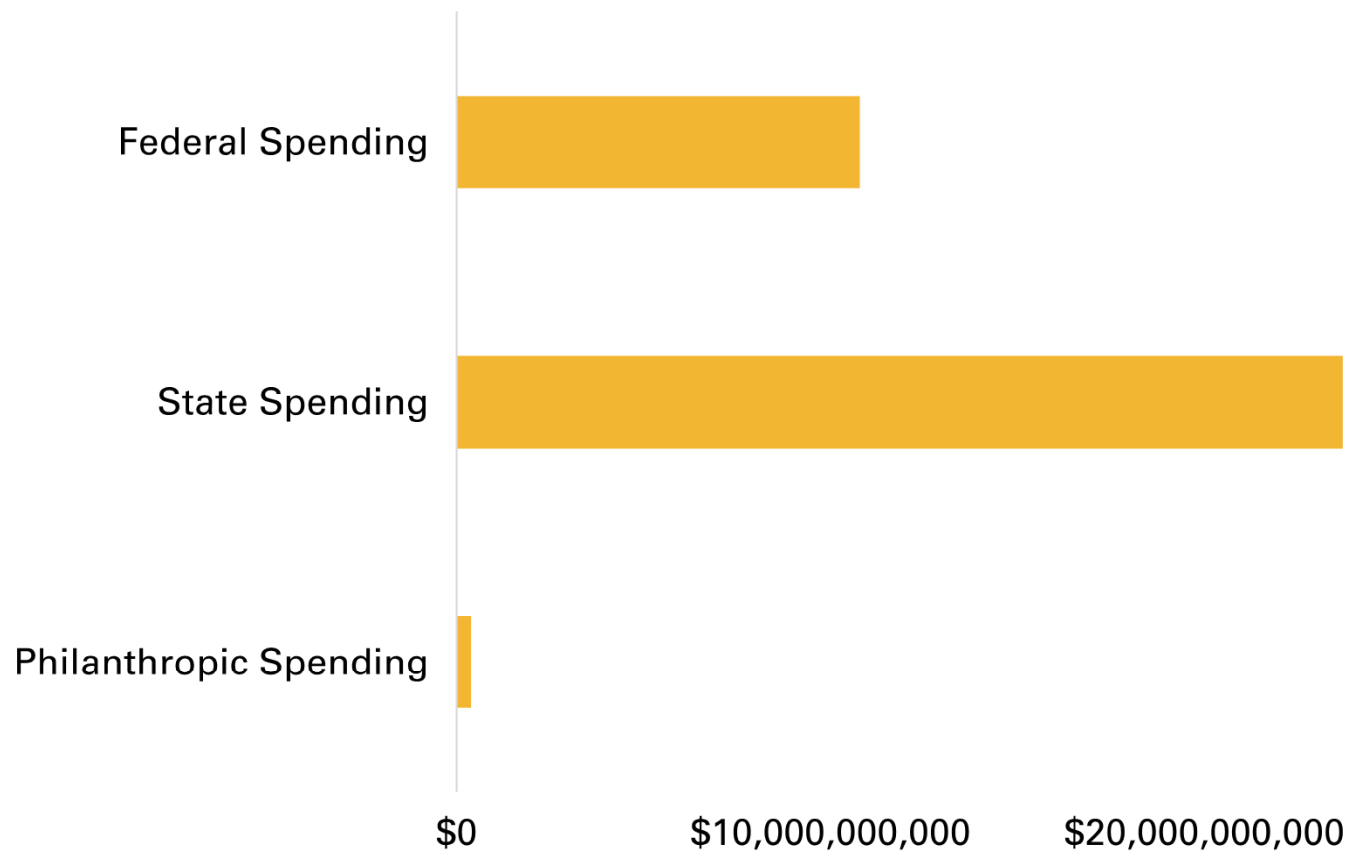
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WHO IS NWHF?

NWHF

WHERE WE SIT (2015)



WHAT WE BELIEVE



Health is far more than healthcare. It includes physical, mental, social and spiritual dimensions.



A safe healthy childhood sets the stage for lifelong health.



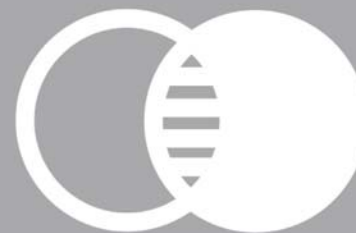
Health means different things to different folks, and communities improve health in all kinds of ways.



Our resources are best spent in the communities that face the biggest obstacles to health.

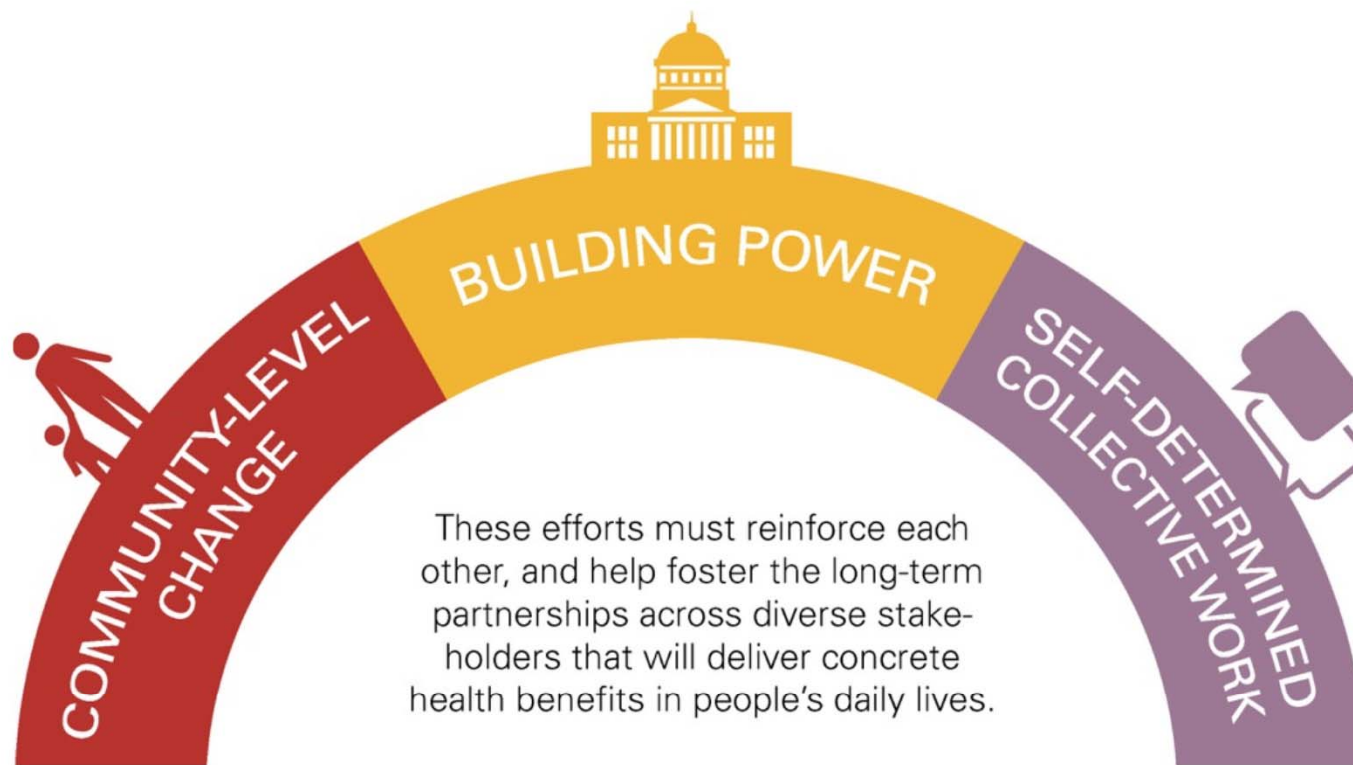


The right people to lead this effort are the community members most affected by it.



Together, communities can build power for healthy kids and a healthy region.

THEORY OF CHANGE







COMMITMENT TO EQUITY

NWHF

Distribution of Low-Income K-12 Students by Race, Oregon, 2013

5.1%

African or African American

5.1%

Native American

4.0%

Asian

31.0%

Latino

1.5%

Pacific Islander

2.6%

Slavic

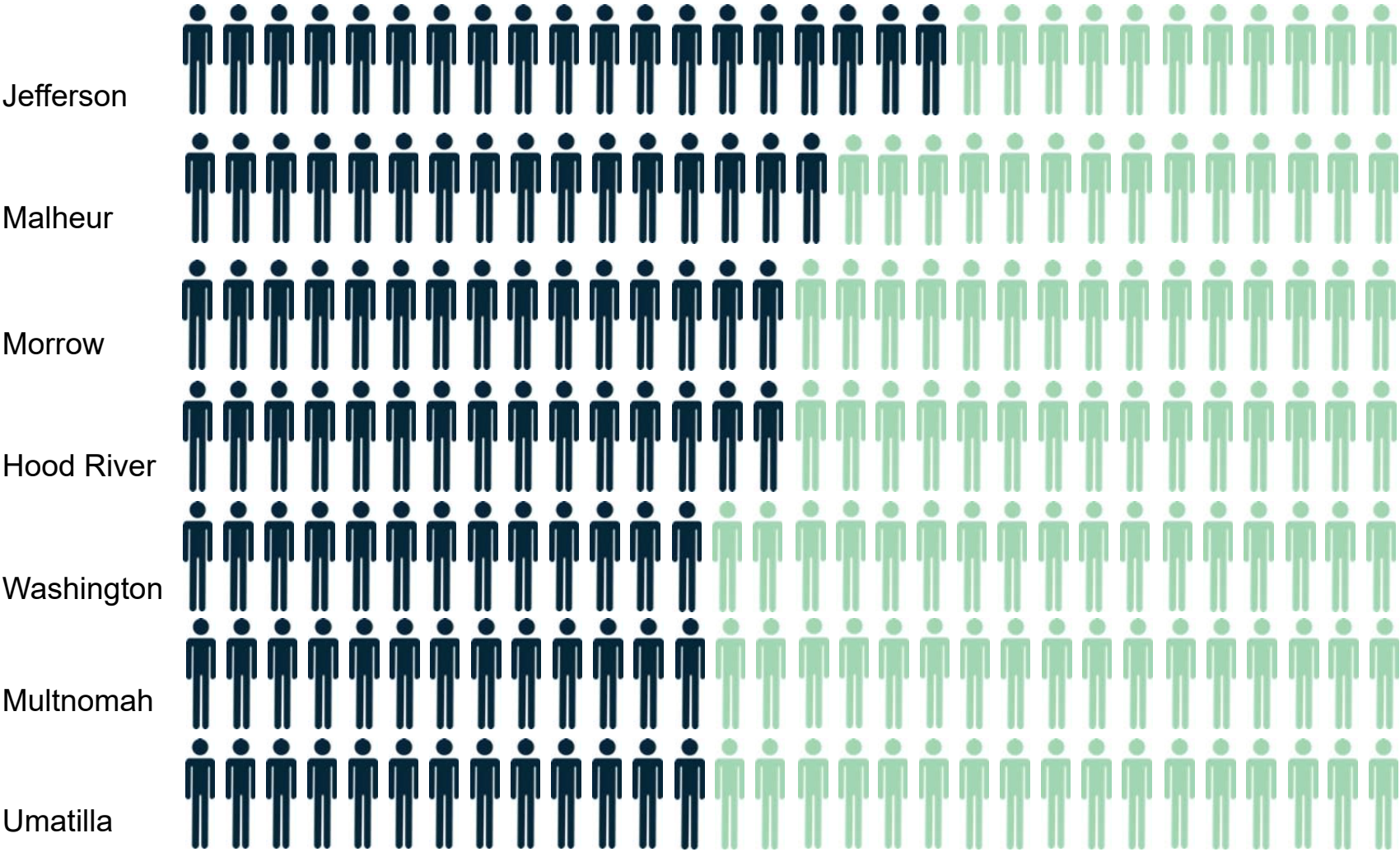
0.2%

Middle Eastern/
North African



Source: 2015 Equity Reading Summit Report, OEIB

Oregon's Under 18 Minority Population by County, 2010



Source: US Census Bureau

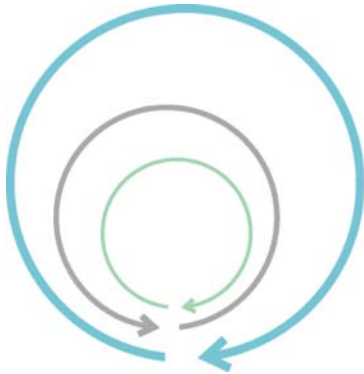


Family Building Blocks

HEALTHY BEGINNINGS+
HEALTHY COMMUNITIES

NWHF

WHAT IS HB+HC?



Northwest Health Foundation's Healthy Beginnings+Healthy Communities Initiative will help communities build power for better childhoods by 2020.

THREE APPROACHES



COMMUNITIES COLLABORATE

Support communities that want to work together to take their place at the decision-making table.



CULTIVATE SUCCESS

Lift up and expand proven programs.



EQUIP VOICES

Help communities develop the skills and tools to advocate for systems change.



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