

Who benefited from the intervention?	What was the experimental design?	How favorably was the intervention rated?	How many participants found the intervention useful?	What did the intervention change?*
Home Healthcare Workers COMPASS (Ryan Olson, PhD)	Randomized Controlled Trial	76%	75%	<p>Increased experienced community of practice, talks with client about work hazards, use new tools or techniques for moving and cleaning, corrected slip, trip, and fall hazards at home, fruit and vegetable servings, HDL (good) cholesterol, and grip strength</p> <p>Decreased depressive symptoms and lost work days due to injury</p>
Construction & Utility Workers SHIP (Leslie Hammer & Donald Truxillo, PhD)	Randomized Controlled Trial	N/A	100% (specific intervention component)	<p>Decreased blood pressure</p> <p>Increased Family Supportive Supervisor Behaviors, team effectiveness, and work-life effectiveness (<i>for those who perceived a poor relationship with their supervisors prior to the intervention; i.e., moderated effects</i>)</p>
Construction Workers Be Super! (Kent Anger, PhD)	Pre-Post Quasi-Experimental	100%	75%	<p>Increased group-level safety climate, healthy lifestyle knowledge, social support for a healthy diet, team cohesion, exercise, strength, sleep duration, Family Supportive Supervisor Behaviors, supervisor skills and knowledge, and general health</p> <p>Decreased systolic blood pressure, sugary drinks, and fast food consumption</p>
Young Workers in Parks & Recreation PUSH (Diane Rohlman, PhD)	Randomized Controlled Trial	59% ("enjoyed intervention")	69%	Increased knowledge of safety and health

*Effects statistically significant; Cohen's *d* effect size = 0.2 and above