Follitropin Beta (Injection)
Follitropin Beta (fol-i-TROE-pin BAY-ta)

Treats infertility in women. This medicine is a hormone.

Brand Name(s): Follistim AQ
There may be other brand names for this medicine.

When This Medicine Should Not Be Used:
You should not use this medicine if you have had an allergic reaction to follitropin beta, streptomycin, neomycin, or to any other hormonal infertility treatments. You should not use this medicine if you have thyroid gland problems, adrenal gland problems, or a tumor of your ovary, uterus, breast, or brain. You should not use this medicine if you have any unusual growth in your ovaries, or unusual vaginal bleeding. You should not use this medicine if you are pregnant.

How to Use This Medicine:
Injectable

- Your doctor will prescribe your exact dose and tell you how often it should be given. This medicine is given as a shot under your skin.
- A nurse or other trained health professional will give you this medicine.
- You may be taught how to give your medicine at home. Make sure you understand all instructions before giving yourself an injection. Do not use more medicine or use it more often than your doctor tells you to.
- This medicine comes with patient instructions. Read and follow these instructions carefully. Ask your doctor or pharmacist if you have any questions.
- Use a new needle and syringe each time you inject your medicine.

If a dose is missed:

- Call your doctor or pharmacist for instructions.

How to Store and Dispose of This Medicine:

- If you store this medicine at home, keep it in the refrigerator. Do not freeze.
- Ask your pharmacist, doctor, or health caregiver about the best way to dispose of any leftover medicine, containers, and other supplies. You will also need to throw away old medicine after the expiration date has passed.
- Throw away used needles in a hard, closed container that the needles cannot poke through. Keep this container away from children and pets.
- Keep all medicine away from children and never share your medicine with anyone.

Drugs and Foods to Avoid:

Ask your doctor or pharmacist before using any other medicine, including over-the-counter medicines, vitamins, and herbal products.

Warnings While Using This Medicine:

- Using this medicine while you are pregnant can harm your unborn baby. Use an effective form of birth control to keep from getting pregnant. If you think you have become pregnant while using the medicine, tell your doctor right away.
• Make sure your doctor knows if you are breast feeding.
• This medicine may make you dizzy. Avoid driving, using machines, or doing anything else that could be dangerous if you are not alert.
• This medicine may cause more than one egg at a time to be released from your ovary. This means you may become pregnant with twins, triplets, or multiple babies. Talk with your doctor about this possibility before you start using this medicine.
• Your doctor will need to check your progress at regular visits while you are using this medicine. Be sure to keep all appointments.

Possible Side Effects While Using This Medicine:
Call your doctor right away if you notice any of these side effects:

• Allergic reaction: Itching or hives, swelling in your face or hands, swelling or tingling in your mouth or throat, chest tightness, trouble breathing.
• Chest pain, shortness of breath, or coughing up blood.
• Decrease in how often or how much you urinate.
• Fast heartbeat or breathing.
• Fever, chills, cough, sore throat, stuffy nose, or body aches.
• Numbness or weakness in your arm, leg, or on one side of your body.
• Pain in your lower leg (calf).
• Rapid weight gain, swelling in your pelvic area.
• Severe menstrual-like cramps, stomach pain, nausea, vomiting or diarrhea.
• Sudden severe headache, problems with vision, speech, or walking.

If you notice these less serious side effects, talk with your doctor:

• Breast pain.
• Headache, or pain in your back or joints.
• Mild skin redness, dryness, rash, or itching.
• Mild stomach pain, or constipation.
• Pain, swelling, itching, burning, or a lump under your skin where the shot is given.

If you notice other side effects that you think are caused by this medicine, tell your doctor.