

Laxatives, Stimulant (Enema) (Rectal)

Treats constipation caused by surgery, pregnancy, or childbirth. Also used to empty the bowels before childbirth, surgery, or x-rays of your intestines.

Brand Name(s):Fleet Bisacodyl Enema

There may be other brand names for this medicine.

When This Medicine Should Not Be Used:

You should not use this medicine if you have ever had an allergic reaction to a rectal enema such as bisacodyl (Fleet®), glycerin, or mineral oil. Do not use this medicine if you have rectal bleeding, stomach pain, intestinal (bowel) blockage, nausea, or vomiting. Do not use this medicine if your bowel habits have suddenly changed in the past 2 weeks.

How to Use This Medicine:**Enema**

- Your doctor will tell you how much of this medicine to use and how often. Do not use more medicine or use it more often than your doctor tells you to.
- If you are using this medicine without a prescription, follow the instructions on the medicine label. The usual dose for adults is one 1.25-ounce bottle used once per day. Children under 12 should not be given an enema unless your doctor tells you otherwise.
- Wash your hands with soap and water before and after using this medicine.
- Shake the bottle well just before using. Remove the protective shield from the tip before using the enema.
- Lie on your left side with your left leg straight or slightly bent, and your right knee bent upward. Insert the applicator tip into your rectum about an inch. Gently squeeze the bottom of the bottle to release the enema. Remove the bottle and throw it away.
- You may need to hold the liquid in your rectum for several minutes or hours. This may be difficult or feel uncomfortable. It should become easier to do as you continue to use the medicine.
- This medicine should cause you to have a bowel movement within 5 to 20 minutes.

If a dose is missed:

- If you miss a dose or forget to use your medicine, use it as soon as you can. If it is almost time for your next dose, wait until then to use the medicine and skip the missed dose. Do not use extra medicine to make up for a missed dose.

How to Store and Dispose of This Medicine:

- Store the medicine in a closed container at room temperature, away from heat, moisture, and direct light.
- Ask your pharmacist, doctor, or health caregiver about the best way to dispose of any outdated medicine or medicine no longer needed.
- Keep all medicine away from children and never share your medicine with anyone.

Drugs and Foods to Avoid:

Ask your doctor or pharmacist before using any other medicine, including over-the-counter medicines, vitamins, and herbal products.

Warnings While Using This Medicine:

- Make sure your doctor knows if you have any type of stomach or intestinal problems. These may include

diverticulitis, intestinal blockage, rectal bleeding, or moderate to severe stomach pain.

Possible Side Effects While Using This Medicine:

Call your doctor right away if you notice any of these side effects:

- Bleeding from your rectum.
- Dark, tarry stools.
- Lightheadedness or fainting.
- Nausea or vomiting.
- Sweating or seizures (especially in children or older adults).

If you notice these less serious side effects, talk with your doctor:

- Mild stomach cramps or discomfort.

If you notice other side effects that you think are caused by this medicine, tell your doctor.