

COURSE INFORMATION

This program has been designed to explore the diagnosis and treatment of rheumatologic conditions, sports medicine injuries and the spine, with Friday morning's talks covering healthy aging and the musculoskeletal system.

Friday will end with the popular "Name That Groan" panel, testing program faculty on how quickly they can identify musculoskeletal conditions, one symptom at a time.

The program is designed for internists, family physicians, nurse practitioners, physician assistants, and physical therapists. There will be time for interaction with the faculty and opportunities to test your knowledge.

At the conclusion of this activity, participants will be able to:

- Understand the utility of most rheumatology tests and what clinical information is needed to make this diagnosis.
- Identify the normal radiographic findings associated with aging.
- Select the proper tools for managing back pain, regardless of cause.
- Determine the criteria for return-to-play for an athlete suffering head injury.

GENERAL INFORMATION

Location/Accommodations: The course will be held at Mt. Hood Oregon Resort (formerly The Resort at the Mountain) in Welches, Oregon.

To book your room at the Mt. Hood Oregon Resort, call 503-622-3101 and identify yourself as part of the OHSU group.

Please make your reservations as soon as possible; the room block will be released on August 5, 2019 and is subject to sell-out prior to that date.

Tuition/Registration: The tuition is \$350 (on or after August 22, 2019, tuition increases to \$400) and includes lunch both days and all course materials. To help meet administrative costs, a \$35.00 service charge will be assessed on all refund requests received by August 26, 2019; no refunds can be issued after that date. Early registration is encouraged as enrollment may be limited.

Thursday, September 5, 2019

- 7:15 Registration/Continental Breakfast
- 7:50 **Welcome and Introduction**
- 8:00 **Rheumatoid Arthritis: Early Diagnosis, Early Referral**
- 8:40 **Gout Management: Treat to Target!**
- 9:20 **Panel/Questions & Answers**
- 9:50 BREAK
- 10:10 **Making Sense of Hypermobility Syndromes**
- 11:00 **Interesting Cases and Panel Discussion**
- 12:00 LUNCH
- 1:00 **Name That Ache: Overuse Injuries and Strategies for Treating Them**
- 1:40 **Dazed and Confused: New Insights in Concussion Evaluation and Active Rehab**
- 2:20 **Panel/Questions & Answers**
- 2:50 BREAK
- 3:10 **What Was That Pop? Acute Knee Injuries**
- 3:50 **Exercise – the Fountain of Youth?**
- 4:30 **Panel/Questions & Answers**
- 4:50 ADJOURN

CREDIT

Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

American Medical Association: Oregon Health & Science University School of Medicine designates this live activity for a maximum of 14.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacology Instruction: This activity includes 3.5 hours of pharmacology instruction.

OHSU is an equal opportunity, affirmative action institution.

Friday, September 6, 2019

- 7:30 Continental Breakfast
- 7:50 **Announcements**
- 8:00 **Radiographic Findings Associated with Aging: Normal or Abnormal?**
- 8:40 **Nutritional Supplements – What Should (or Shouldn't) Patients Take?**
- 9:20 **Panel/Questions & Answers**
- 9:50 BREAK
- 10:10 **Not Just Impingement: Acute Shoulder Injuries**
- 11:00 **Interesting Cases and Panel Discussion**
- 12:00 LUNCH
- 1:00 **Quick Radic: Efficient and Effective Assessment for Radiating Extremity Pain**
- 1:40 **Osteoporosis and Spinal Surgery**
- 2:20 **Questions & Answers**
- 2:50 BREAK
- 3:10 **Adolescent Scoliosis**
- 4:00 **Name That Groan**
- 4:50 ADJOURN

ADDITIONAL INFORMATION

For more information, contact the Division of Continuing Professional Development at 503-494-8700, cme@ohsu.edu or visit our website at: www.ohsu.edu/som/cme

If you have a disability and require assistance to participate in the conference, please contact the Division of CPD at 503-494-8700 or email cme@ohsu.edu as early as possible, but no later than twenty (20) business days before the meeting.

Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.