

The CART Research Study

Participate in a study exploring how technology supports the aging process

You may be eligible if you:

- Live independently or with a partner
- Live outside the Portland metro area
- Are at least 62 years old
- Are a veteran

What is Involved:

- Continuous measurement of activity patterns, by using motion sensors placed in your home and devices like a digital watch, scale and pillbox.
- In-home physical and cognitive assessments
- Participation lasts for 12-36 months
- Compensation is provided at \$100 per month



The Collaborative Aging (in Place) Research using Technology (CART) project uses technology to learn about how activities within the home relate to new-onset medical problems. By participating in this study, the subject will be helping researchers find new ways to keep older Veterans healthy and living independently in their homes as they age, especially those in rural areas who may not have easy access to medical care.

Note: This is for research purposes only and is not a substitute for treatment.

For more information, contact Rachel Wall at Rachel.Wall@va.gov* or 503-468-7178

*Please do not share sensitive information via email or voicemail

VA IRB #: 17123 | PI: Dr. Lisa Silbert

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Office of Research & Development

VA Portland Health Care System – Portland division
3710 SW US Veterans Hospital Road / Portland, OR 97239

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