

# SHIP



**Improving employee safety, health, and well-being  
through supervisor support and team effectiveness**

The **Safety & Health Improvement Program (SHIP)** is an *evidence-based workplace training program* for supervisors and their teams. The training was designed to promote employee health, safety, and work-life balance by increasing supervisor support and team effectiveness.



By implementing SHIP in your organization you should see positive impacts for employees and the overall organization such as:

- Reduced stress and work-life conflict
- Increased team communication and effectiveness
- Improved employee health and safety
- Enhanced work processes and practices

---

**The SHIP toolkit is available for download and includes all the necessary materials to make a positive change within your organization!**

---



<http://www.ohsu.edu/xd/research/centers-institutes/oregon-institute-occupational-health-sciences/oregon-healthy-workforce-center/projects/SHIP.cfm>

