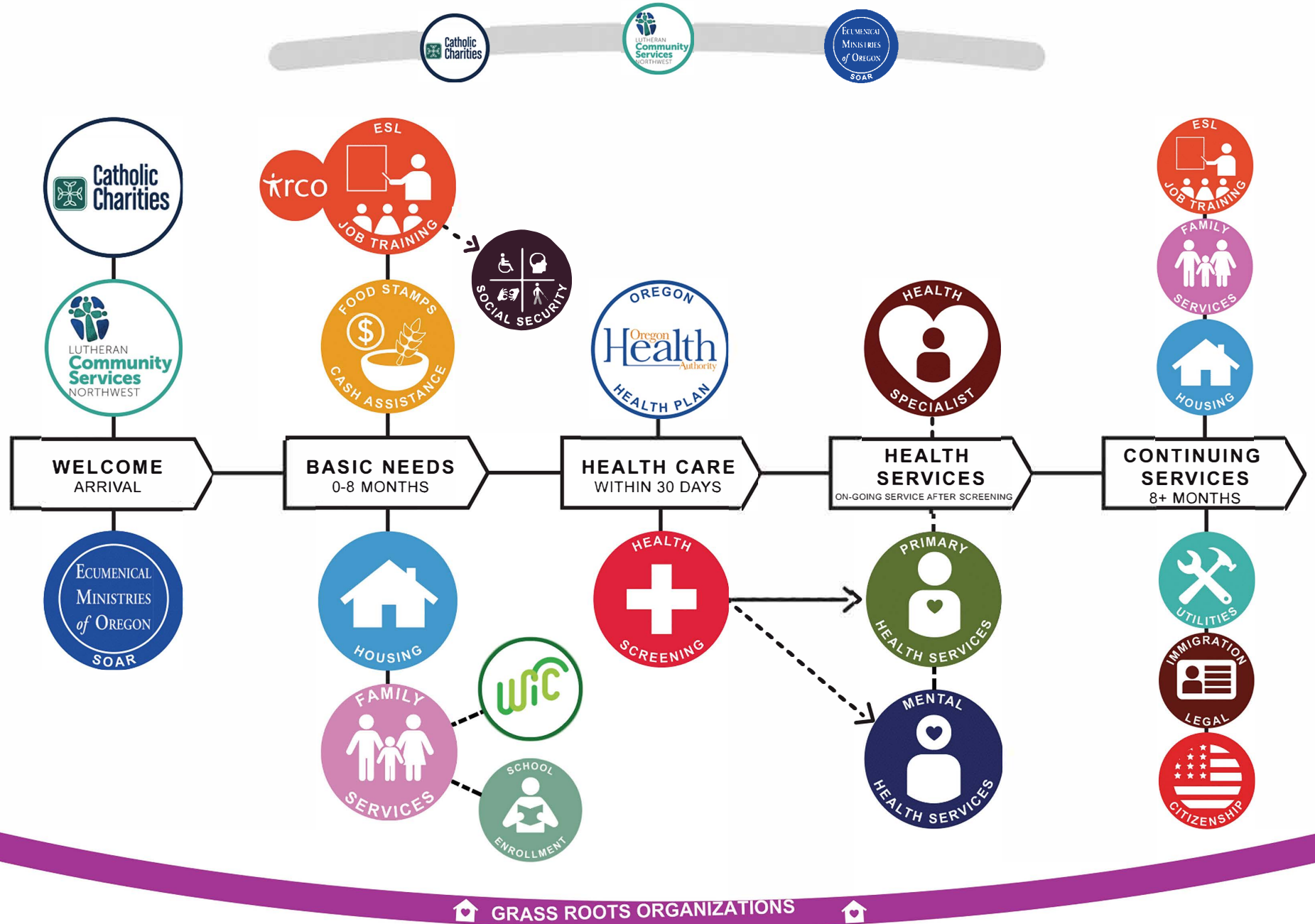


# Oregon Welcomes You























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**PATHWAYS  
TO  
WELLNESS**  
Integrating Refugee Health and Wellness



ARRIVAL DAY 1	BASIC NEEDS 0 - 8 MONTHS	HEALTH CARE ON-GOING SERVICE AFTER SCREENING	CONTINUING SERVICES 8+ MONTHS	
<div><b>Portland Airport</b> 7000 NE Airport Way, Portland, OR 97218</div> <div><b>VOLUNTARY AGENCIES</b> <i>Case management, benefits oversight, and housing.</i></div> <div><b>Catholic Charities Services</b> 2740 SE Powell Blvd, Portland, OR 97202 (503) 231-4866</div> <div><b>Lutheran Community Services Northwest (LCSNW)</b> 605 SE Cesar E. Chavez Blvd, Portland, OR 97214 (503) 231-7480</div> <div><b>Sponsors Organized to Assist Refugees (SOAR)</b> 7931 NE Halsey St., Ste. 314, Portland, OR 97213 (503) 284-3002</div> <div><b>Grassroots Organizations</b></div> <div><b>Multnomah County Global</b> (503) 823-4000 <a href="https://multco.us/global/cultural-services-directory">https://multco.us/global/cultural-services-directory</a></div> <div><hr/><hr/><hr/><hr/><hr/></div>	<div><b>ESL/ JOB TRAINING</b> <b>IRCO</b> <i>English language, vocational training, employment supports, and job placement services</i> 10301 NE Glisan St, Portland, OR 97220 (503) 234-1541</div> <div><b>FOOD STAMPS/ CASH ASSISTANCE</b> <b>Department of Human Services</b> <i>Cash Assistance/SNAP - Refugee Branch</i> 4425 NE Broadway St., Portland, OR 97213 (971) 673-5722</div> <div><b>SCHOOL ENROLLMENT</b> <b>ORSIPT - School Assistance For Refugee Newcomers (SAFRN)</b> 605 SE Cesar E. Chavez Blvd, Portland, OR 97214 (503) 731-9521</div> <div><b>SOCIAL SECURITY</b> <b>Social Security Office</b> 17925 SE Division St, Portland, OR 97236 (800) 772-1213</div> <div><b>Women, Infants and Children (WIC)</b> <i>Families with children 0-5 and pregnant women</i> 131 NE 102nd Ave Bldg #1 Portland, OR 97220 (503) 988-3503</div>	<div><b>HEALTH SCREENING</b> <b>Mid County Health Center</b> 12710 SE Division St, Portland, OR 97236 (503) 988-3601</div> <div><b>OREGON HEALTH PLAN</b> (800) 966-9075</div> <div><b>PRIMARY CARE SERVICES</b></div> <div><b>East County Health Center</b> 600 NE 8th St 3rd Floor Gresham, OR 97030 (503) 988-5558</div> <div><b>Mid County Health Center</b> 12710 SE Division St, Portland, OR 97236 (503) 988-3601</div> <div><b>Rockwood Community Health Center</b> 2020 SE 182nd Portland, OR 97233 (503) 988-5558</div> <div><b>Virginia Garcia</b> 2935 SW Cedar Hills Beaverton, OR 97005 (503) 352-6000</div>	<div><b>MENTAL HEALTH SERVICES</b> <b>Asian Health and Service Center</b> 3430 SE Powell Blvd, Portland, OR 97202 (503) 872-8822</div> <div><b>Avel Gordly</b> 621 SW Alder St. #520 Portland, OR 97205 (503) 494-4745</div> <div><b>Cascadia</b> 10373 NE Hancock St # 200 Portland, OR 97220 (503) 253-6754</div> <div><b>Catholic Charities- Family Support and Counseling</b> 2740 SE Powell Blvd, Portland, OR 97202 (503) 238-5196</div> <div><b>Conexiones</b> 3500 NE Martin Luther King Jr. Blvd. Portland, OR 97212 (503) 327-8205</div> <div><b>LCSNW - Multicultural Counseling Services (MCS)</b> 605 SE Cesar E. Chavez Blvd. Portland, OR 97214 (503) 231-7480</div> <div><b>OHSU Intercultural Psychiatric Program (IPP)</b> 2214 Lloyd Center, Portland, OR 97232 (503) 494-4222</div>	<div><b>ESL/JOB TRAINING</b> <b>Vocational Rehabilitation</b> 305 NE 102nd Ave #200, Portland, OR 97220 (971) 673-5858</div> <div><b>FAMILY SERVICES</b> <b>Department of Human Services-Self Sufficiency</b> 1415 SE 122nd Ave Portland, OR 97233 (971) 673-5566</div> <div><b>IRCO</b> <b>Family Services</b> 10301 NE Glisan St, Portland, OR 97220 (503) 234-1541</div> <div><b>Women, Infants and Children (WIC)</b> 131 NE 102nd Ave Bldg #1 Portland, OR 97220 (503) 988-3503</div> <div><b>HOUSING</b> <b>AFC Rental Assistance Hotline</b> (503) 234-2048</div> <div><b>Habitat For Humanity</b> 1478 NE Killingsworth St, Portland, OR 97211 (503) 287-9529</div> <div><b>Home Forward</b> 135 SW Ash St, Portland, OR 97204 (503) 802-8300</div> <div><b>IRCO Africa House Rental Assistance</b> (503) 802-0082</div> <div><b>LEGAL SERVICES</b> <i>Individual consultation, green card and citizenship legal services, citizenship classes.</i></div> <div><b>Catholic Charities Services</b> 2740 SE Powell Blvd., #2 (Floor 3) Portland, OR 97202 (503) 542-2855</div> <div><b>Lutheran Community Services Northwest (LCSNW)</b> 605 SE Cesar E. Chavez Blvd, Portland, OR 97214 (503) 231-7480 (503) 731-9538</div> <div><b>Sponsors Organized to Assist Refugees (SOAR)</b> 7931 NE Halsey St., Ste. 302, Portland, OR 97213 (503) 384-2482</div> <div><b>SOCIAL SECURITY</b> <b>Refugee &amp; Immigrant Services and Empowerment (RISE)</b> 8040 NE Sandy Blvd. Portland, OR 97213</div> <div><b>UTILITY ASSISTANCE</b></div> <div><b>AFC Energy Assistance Hotline</b> (503) 235-4932</div> <div><b>Africa House Energy Line</b> (503) 234-1959</div> <div><b>Impact NW</b> (503) 294-7444</div> <div><b>Latino Network</b> 410 NE 18th Ave, Portland, OR 97232 (503) 283-6881</div>

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Oregon Family to Family to Family Health Information Center

For additional resources including  
crisis services: Call 2-1-1