Using Data, Information, and Knowledge to Improve the Health of our Most Vulnerable Populations

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Oregon Health & Science University

Hartford Center Featured Research on Aging, May 2018

Background and disclaimer

• This talk claims to be focused primarily on data, information, and knowledge; informatics is the study of these topics.

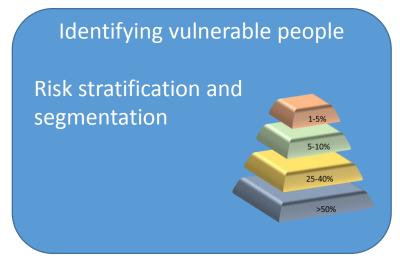
 Most of the talk – and informatics in practice - is about humans: their health, their interactions, and how they collaborate.

 Also: I've a history of non-exclusive licensing of technology, but none in the last 3 years.

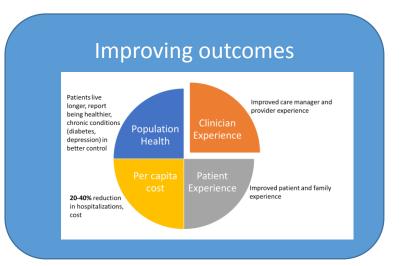


Mission of Care Management Plus

is to better understand how data, information, and knowledge can assist in transforming health for our most vulnerable patient populations.

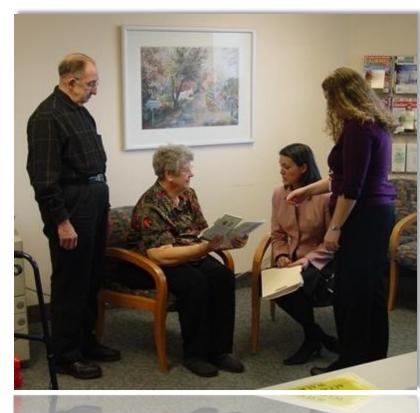






Case study

Ms. Viera: a 75-yearold woman with diabetes, systolic hypertension, mild congestive heart failure, arthritis and recently diagnosed cognitive impairment.

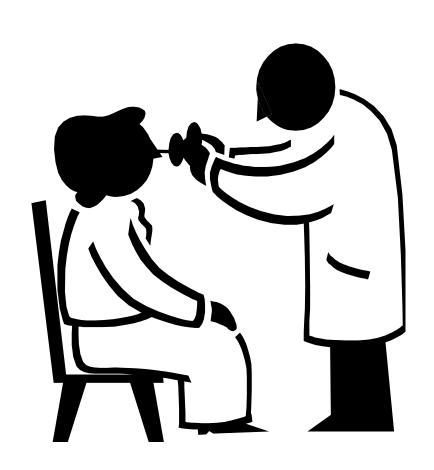




Ms. Viera and her caregiver come to clinic with several problems:

- 1. Hip and knee pain
- 2. Trouble taking all of her current 12 medicines
- 3. Dizziness when she gets up at night
- 4. Low blood sugars in the morning
- 5. and a recent fall

And Out in the hall:



- 6. The caregiver confidentially notes he is exhausted.
- 7. Money is running low for additional medications.

How can the primary care team handle these issues?



Past: Heroism in the face of multiple illnesses

- Multiple chronic conditions increase risk and coordination *exponentially* (5 or more : 90 x risk of hospitalization; 10x prescriptions; 13 providers vs. 2)
- To manage preventive and chronic illnesses in a primary care panel of 2500 patient would take 18 hours a day
- Patients with multiple illnesses have better process quality scores but more 'preventable' hospitalizations



Incrementalism vs. longitudinal care

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ANNALS OF MEDICINE JANUARY 23, 2017 ISSUE

THE HEROISM OF INCREMENTAL CARE

We devote vast resources to intensive, one-off procedures, while starving the kind of steady, intimate care that often helps people more.

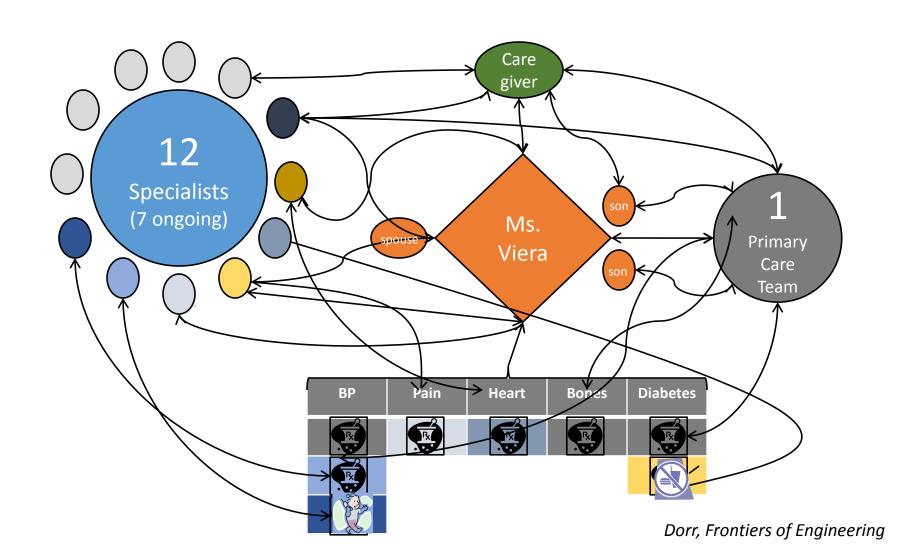


By Atul Gawande





The Norm: (Un)Coordinated Care



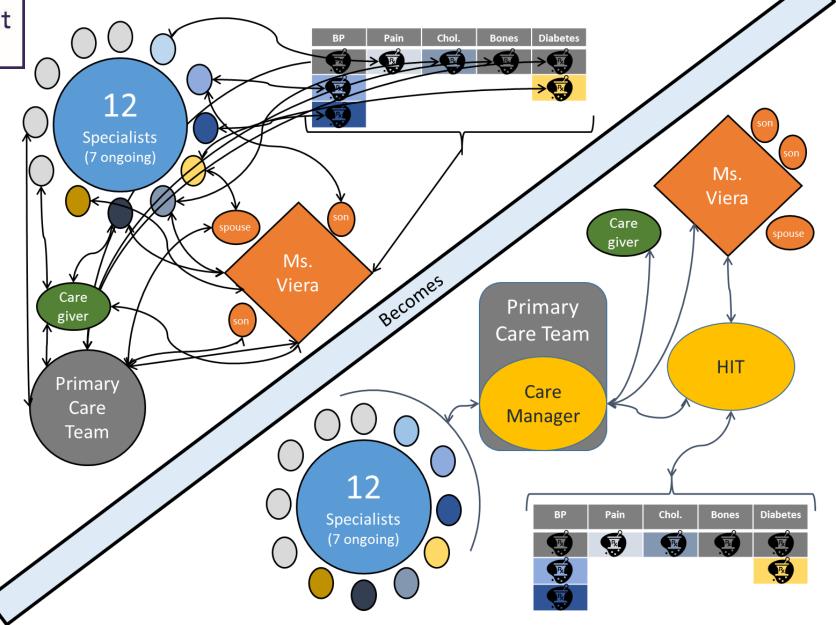


At Intermountain Healthcare, worked with 22 primary care clinics and the Chronic Care Collaborative to create:

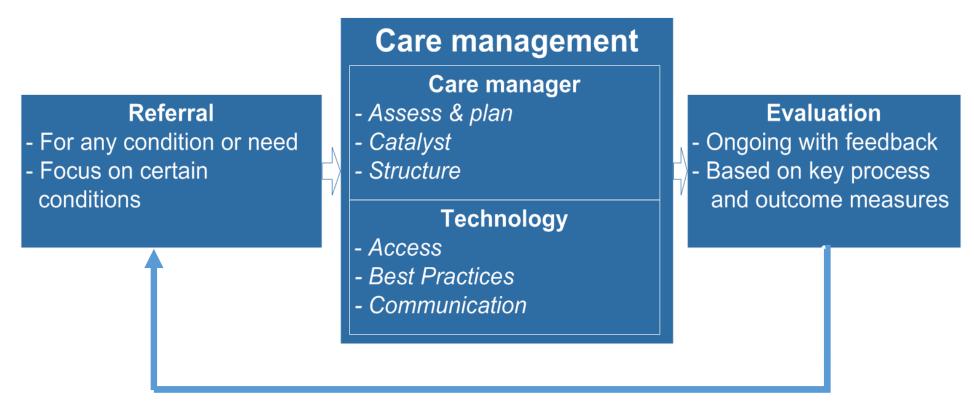
A team-focused model with

- care managers
- changed health information technology (HIT) for population health

Funded by **John A. Hartford Foundation**, NLM, AHRQ, and
Gordon and Betty Moore
Foundation



Intervention: Care Management Plus



Larger infrastructure: Electronic Health Record, quality focus

Does CMP make a difference?

Study design

- Controlled clinical trial in 7 intervention clinics adding care managers + technology – compared to 15 control clinics
- CM patients matched to controls on key characteristics
- Difference-in-difference design

Outcomes

- Adherence to guidelines for chronic illness
- Mortality
- Utilization, including hospitalizations
- Provider productivity (work Relative Value Units, wRVU)

Guideline Adherence: Results

Outcome	Odds Ratio
Overdue for HbA1c test	0.79*
HbA1c Tested	1.42*
HbA1c in control (<7.0)	1.24*

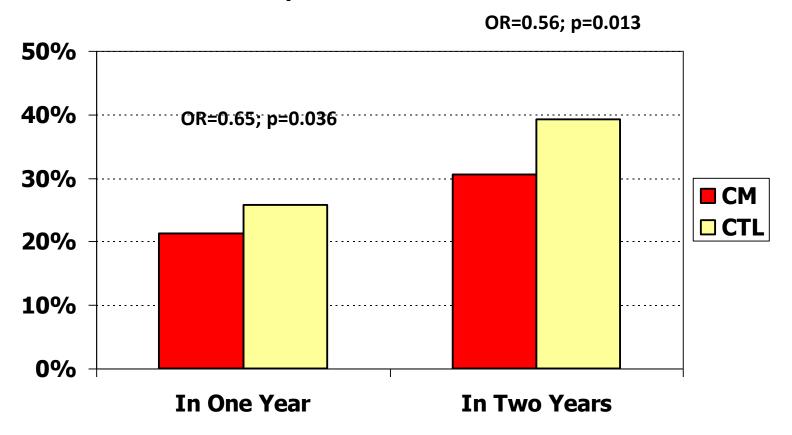
*p<0.01

Dorr, HSR, 2005

In CM+, Odds of dying were reduced significantly.

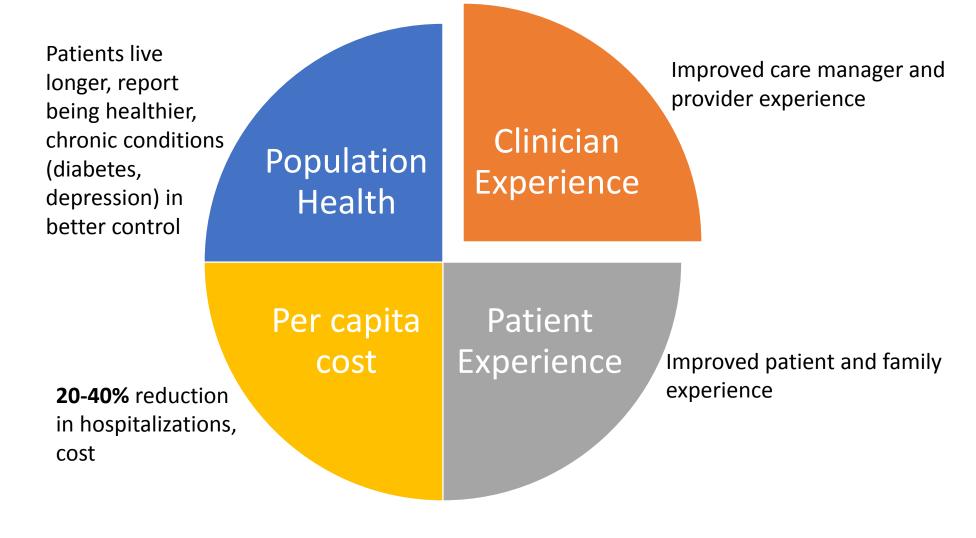
Variable	Time	CM+	Control	Absolute difference
All Patients	o4 1	(N=1,144)	(N=2,288)	2 20/
	at 1 year	6.5%	9.2%	-2.8%
Deaths Pts with Comorbid	at 2 years	13.1%	16.6%	-3.4%
conditions		(N=557)	(N=1114)	
	at 1 year	6.2%	10.6%	-4.4%
Deaths	at 2 years	12.9%	18.2%	-5.3%
			Dorr, JAGS	, 2008

Reduction in hospitalizations from CM+



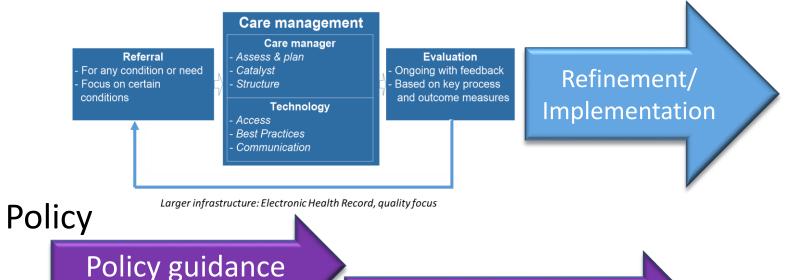
Improving the 'quadruple' aim of health care





Dissemination from discovery to implementation to

policy



Care management

Care m

Care management

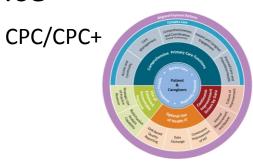
TRAINING



TECHNOLOGY



Technical assistance



Better Care Playbook

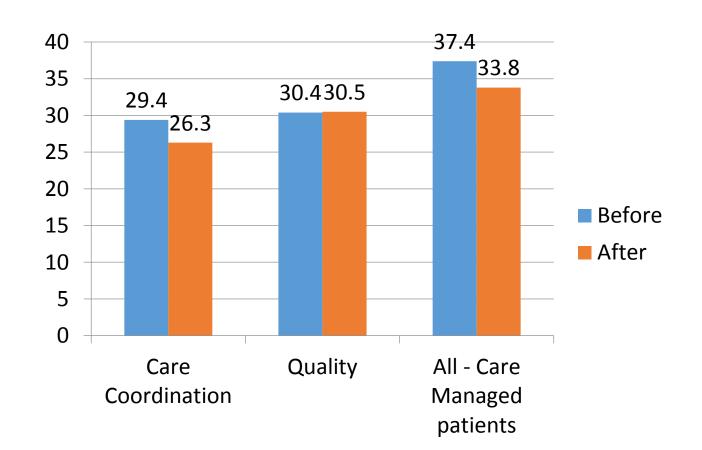
Policy implementation

Practice transformation

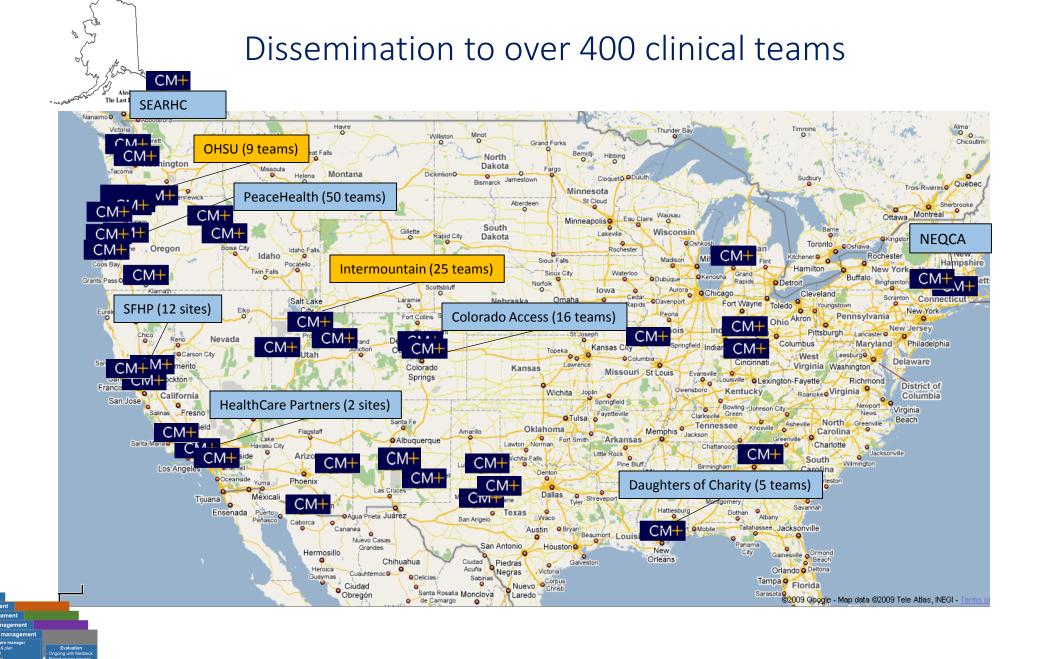


Replication: in the field, clinics focused on Care Coordination reduce utilization more than quality clinics

% of high risk clinic patients with 1 or more ED visit in 6 months **before** and **after** study enrollment







Care Management Plus training has reached roughly 1000 individuals (90% nurses)

Core curriculum	Online experiential
1-2 day in person	8-10 sessions on line
Motivational interviewing	Geriatric syndromes
Risk assessment + tailoring care	Complex illness
Implementation science / being a change agent	Case-based for people in practice to bring cases



~30 ANCC CEU credits, CME credits

Good opportunity for alignment with nursing faculty and professionals – looking for collaborators

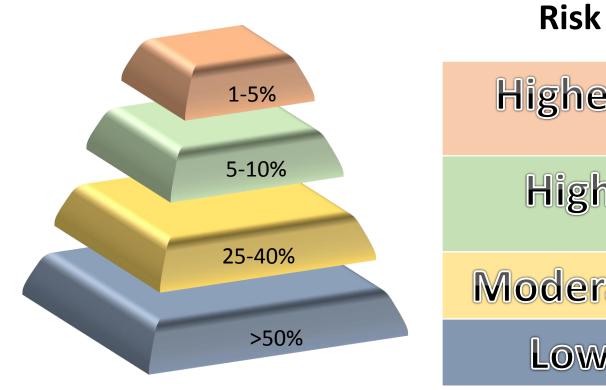
How can we use data, information, and knowledge to better care for vulnerable populations?

• By predicting *poor outcomes*

• By more accurately and efficiently capturing complex needs

 And *inserting* this information and knowledge when it is needed by disseminating technology

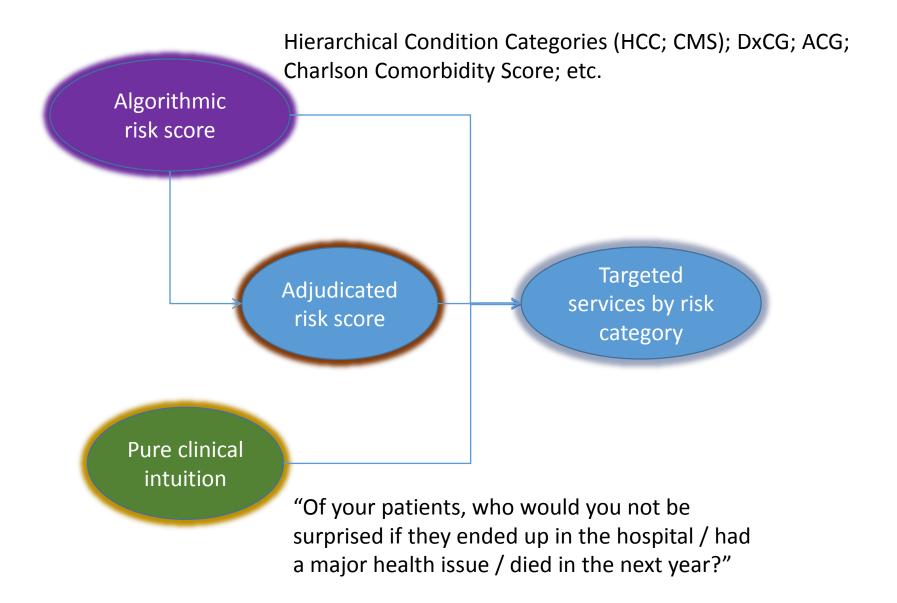
Prediction of at risk, vulnerable populations



Misit	(1.6.7
Highest	Multiple Social, Behavioral, Mental, and Chronic issues
High	Severe/ uncontrolled illness or multiple controlled issues
Moderate	Controlled, stable issues
Low	Preventive needs or limited chronic issues

Definition (e.g.)

Risk prediction and scoring

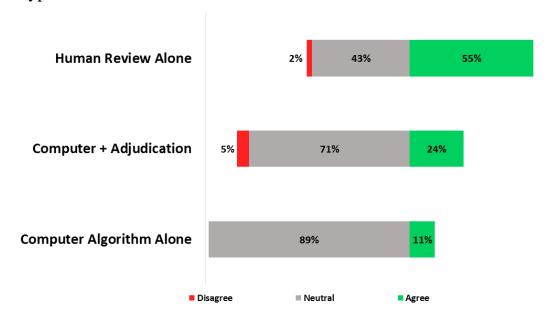


Adjudication or Human Review is important for successful risk stratification at the point of care

Figure 1a. Individual perceptions of risk stratification outcomes.



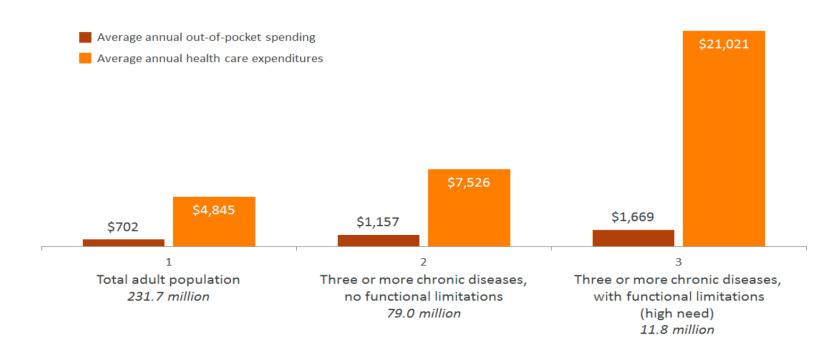
Figure 3a. Composite risk stratification perception by algorithm type



From Ross et al, *under review*. Survey of 99 persons from 37 clinics engaged in risk stratification.

Identification of vulnerable people

Adults with High Needs Have Higher Health Care Spending and Out-of-Pocket Costs

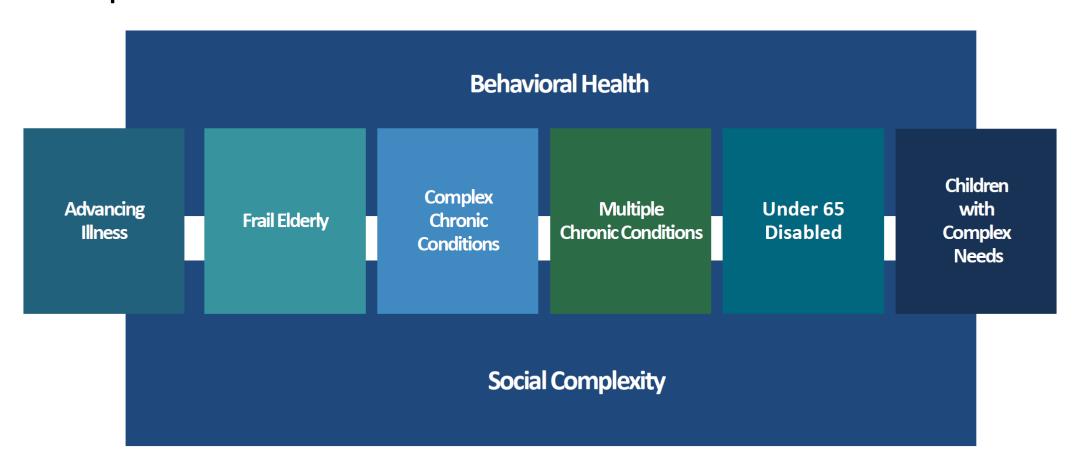


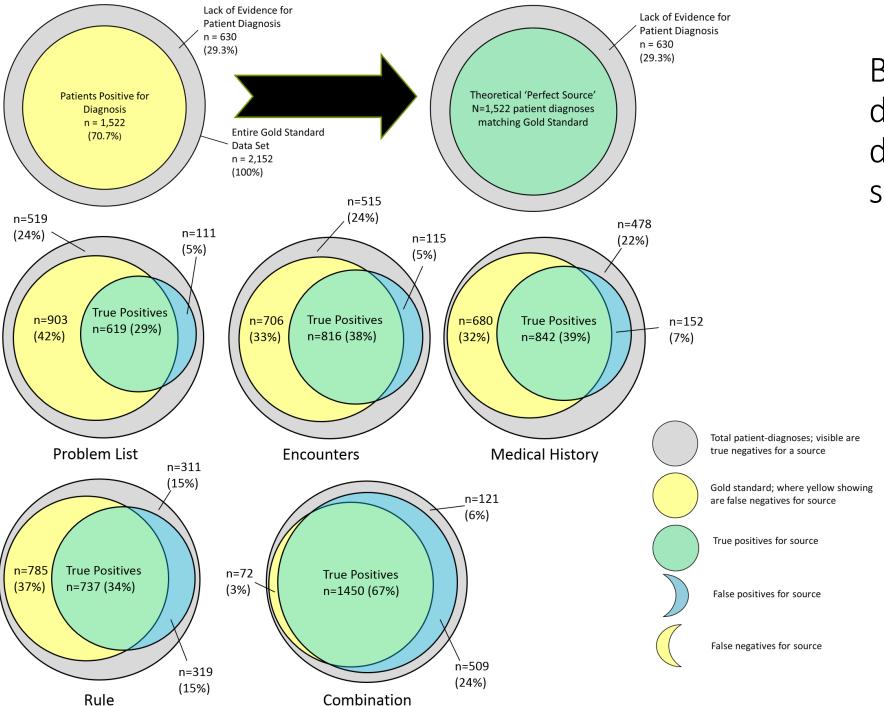
Note: Noninstitutionalized civilian population age 18 and older.

Data: 2009–2011 Medical Expenditure Panel Survey (MEPS). Analysis by C. A. Salzberg, Johns Hopkins University.

SOURCE: S. L. Hayes, C. A. Salzberg, D. McCarthy, D. C. Radley, M. K. Abrams, T. Shah, and G. F. Anderson, High-Need, High-Cost Patients: Who Are They and How Do They Use Health Care? The Commonwealth Fund, August 2016.

Identification can lead to segmentation ... to help tailor care and allocate resources



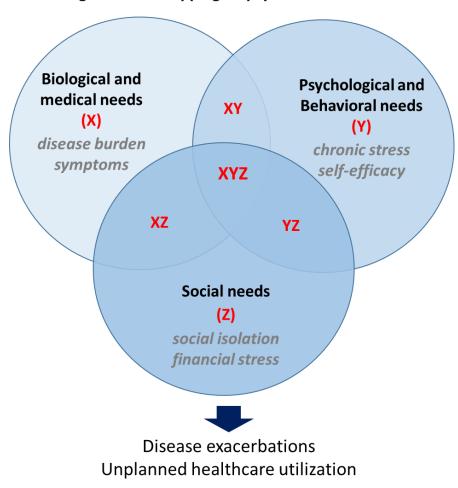


But the data quality doesn't allow us to detect risk well or segment

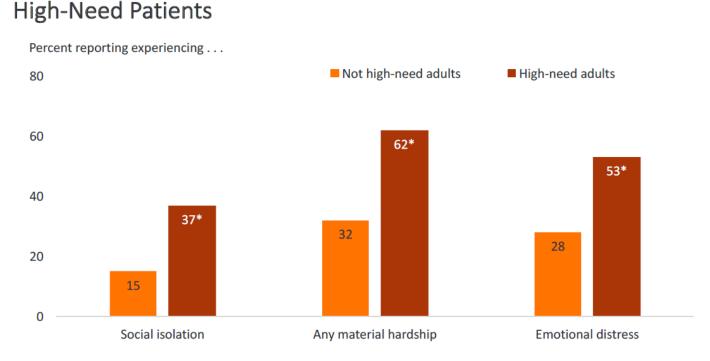
Sensitivity was highest in encounters (.55), and specificity in the Problem List (.82). Combining all information led to sensitivity of .95 and specificity of .19.

And rarely has accurate biopsychosocial characteristics

Figure 1. Overlapping Biopsychosocial Domains



Poverty and Social Isolation Are More Prevalent Among



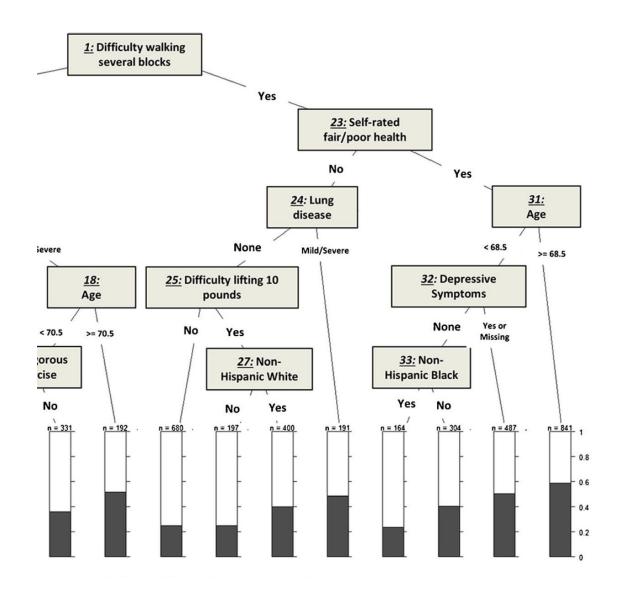
Notes: Social isolation = Reported often feeling left out, lacking companionship, or feeling isolated from others. Any material hardship = Reported worry or stress about having enough money to pay rent/mortgage, pay gas/oil/electric, or buy nutritious meals in the past year.

Data: The 2016 Commonwealth Fund Survey of High-Need Patients, June-September 2016.

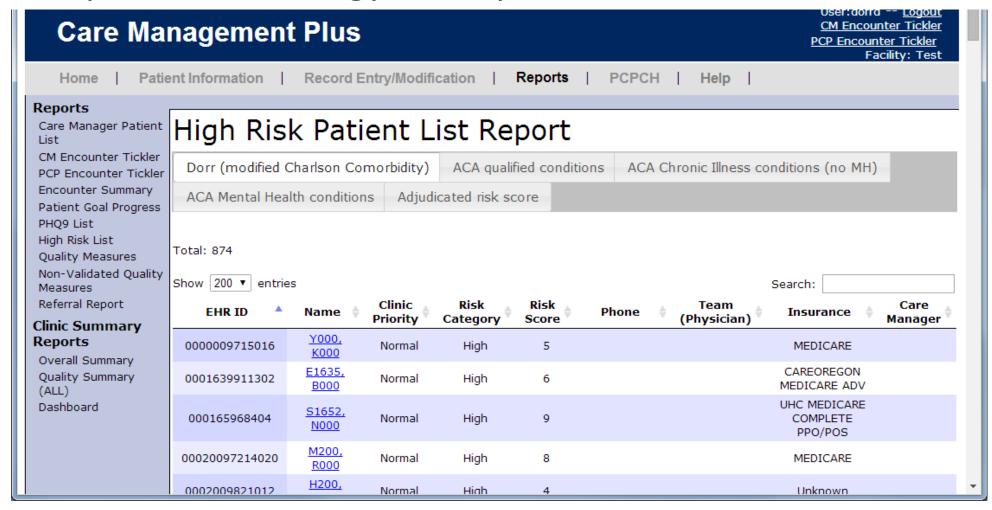
^{*} Significantly different from not high-need adults at the p<0.05 level.

How can we get better data? Reduce data collection demands...

- Classification and Regression Trees (CART) on
- The Health and Retirement Study (N=16,640 persons 50+)
- To predict 2 year worsening in health (e.g., associated with functional loss)

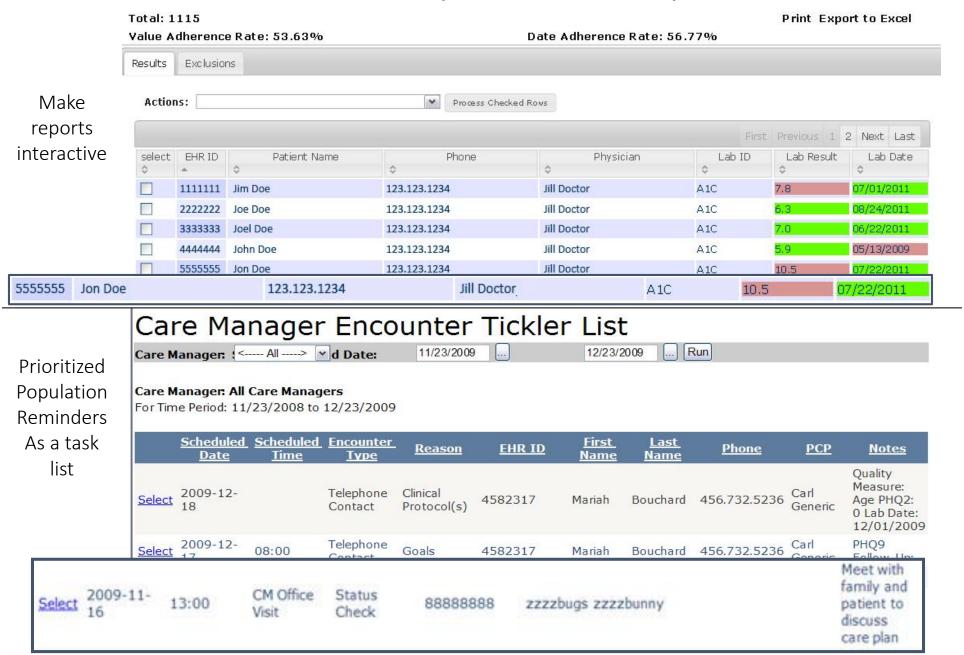


And improve technology to help us do better...



The **High Risk Patient List Report** provides a means to track and enroll high risk patients. It also stores multiple risk calculations and what approaches have been used to address needs.

Advanced reminder systems for complex tasks



Care Actions				
Diabetes	Date/Value	Status	Preventative Care	Date/Value Status
A1c in Last 6 mo	10/06/2009	OK	Patient > 50 needs flu shot at	YES
A1c < 7	9.1	A1c out of Range	least once	1123
LDL Last Year	09/30/2009	OK		
LDL < 100	130	LDL HIGH		
Disease				

Utilization

Goals:

What brings you joy?
What matters in life? or
Increase walking 5 times per week or
A1c < 8.0%

Iamotrigine 150 mg tablet

Take 150 mg by mouth once daily.

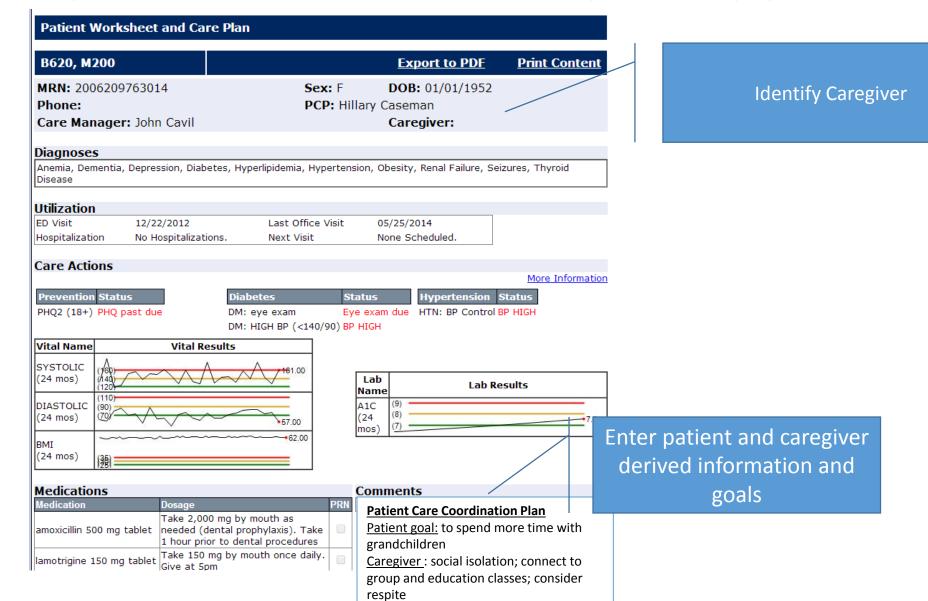
Take 150 mg by mouth once daily.

Take 150 mg by mouth once daily.

Patientcentered care planning

Generate summarized clinical information; Facilitate structured conversations

Wilcox et al, Proc AMIA, 2009; Edwards, Dorr, Landon JAMA, 2017 A major issue as people age is the desire to remain at home, but this may require a caregiver; how do we know when a caregiver is engaged?



Answer: we usually do not...

Patient Worksheet and Care Plan

B620, M200 Export to PDF Print Content

MRN: 2006209763014 **Sex:** F **DOB:** 01/01/1952

Phone: PCP: Hillary Caseman

Care Manager: John Cavil Caregiver:

Diagnosas

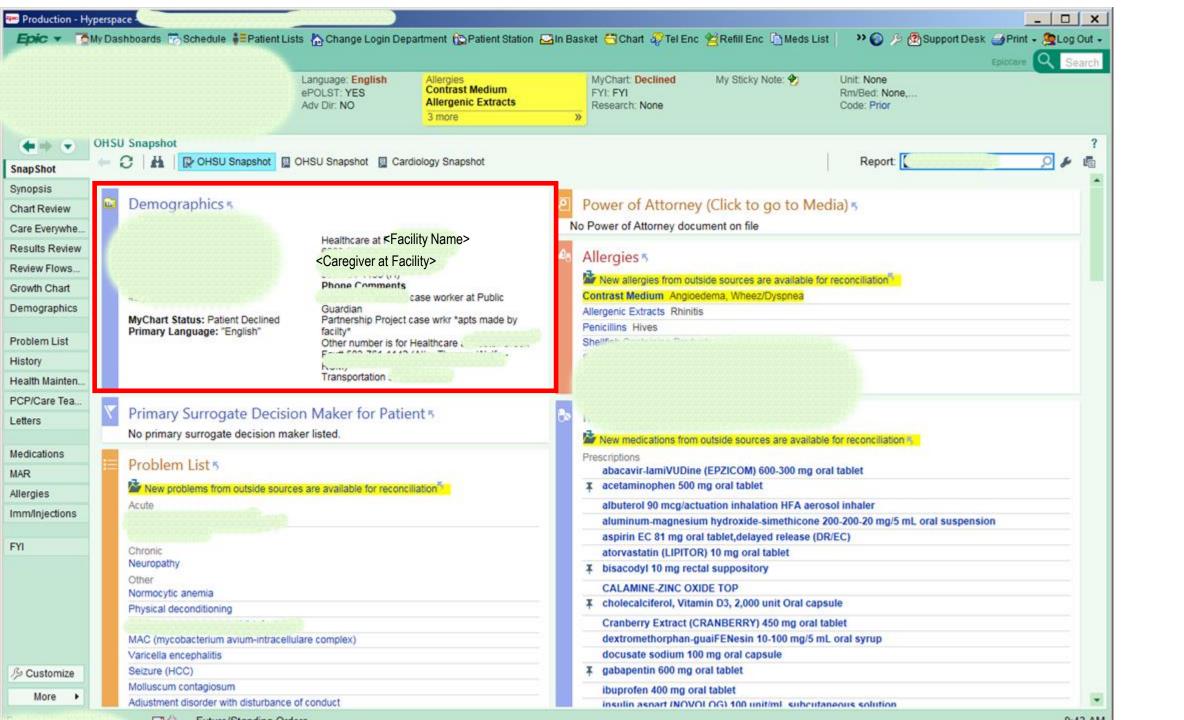
Status	Patients	Average Age	Deceased
Caregiver reported	3277	59.7	348 (10.6%)
No caregiver reported	161,151	43.2	2415 (1.5%)

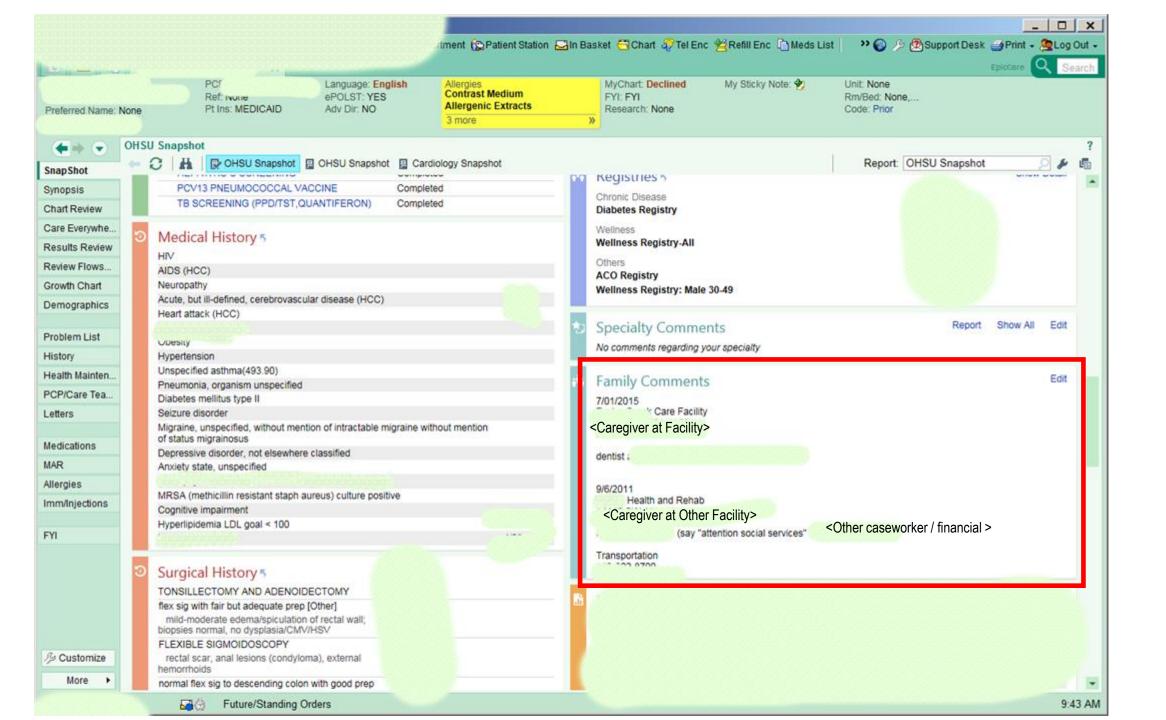
1.9% of all population; 9.8% of high risk population

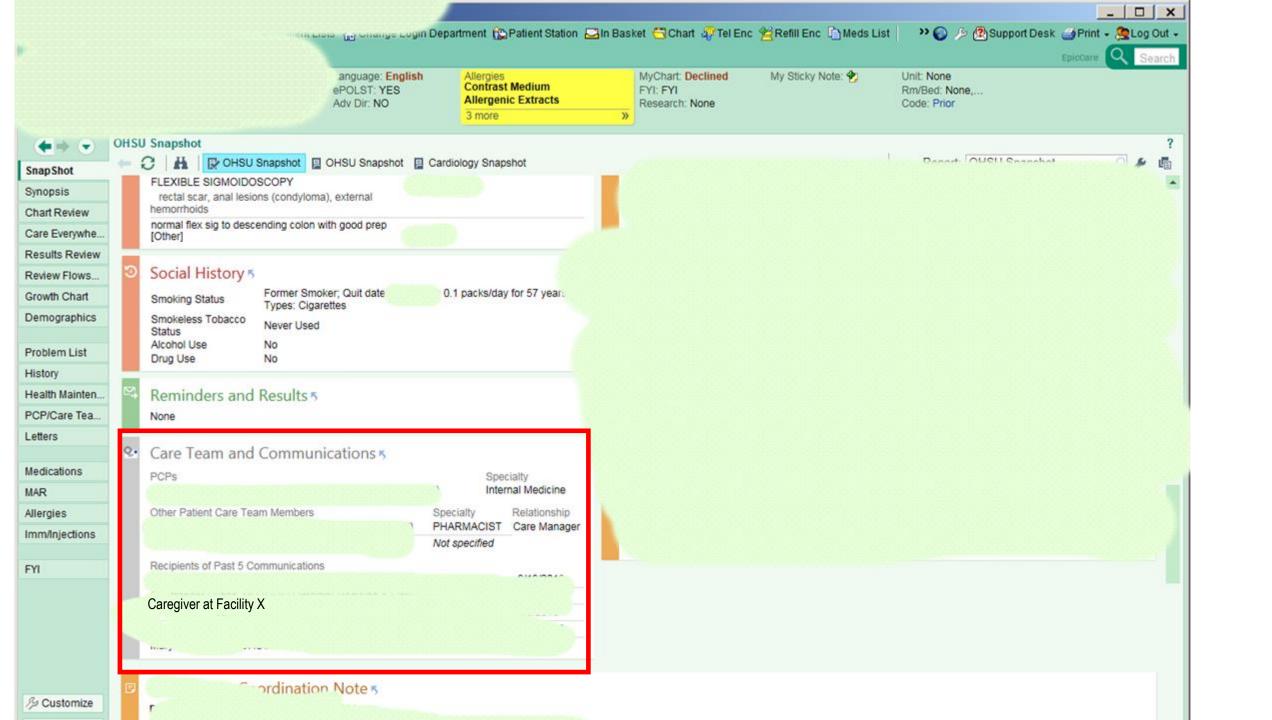
One can use the sociotechnical framework to understand why this happens ...

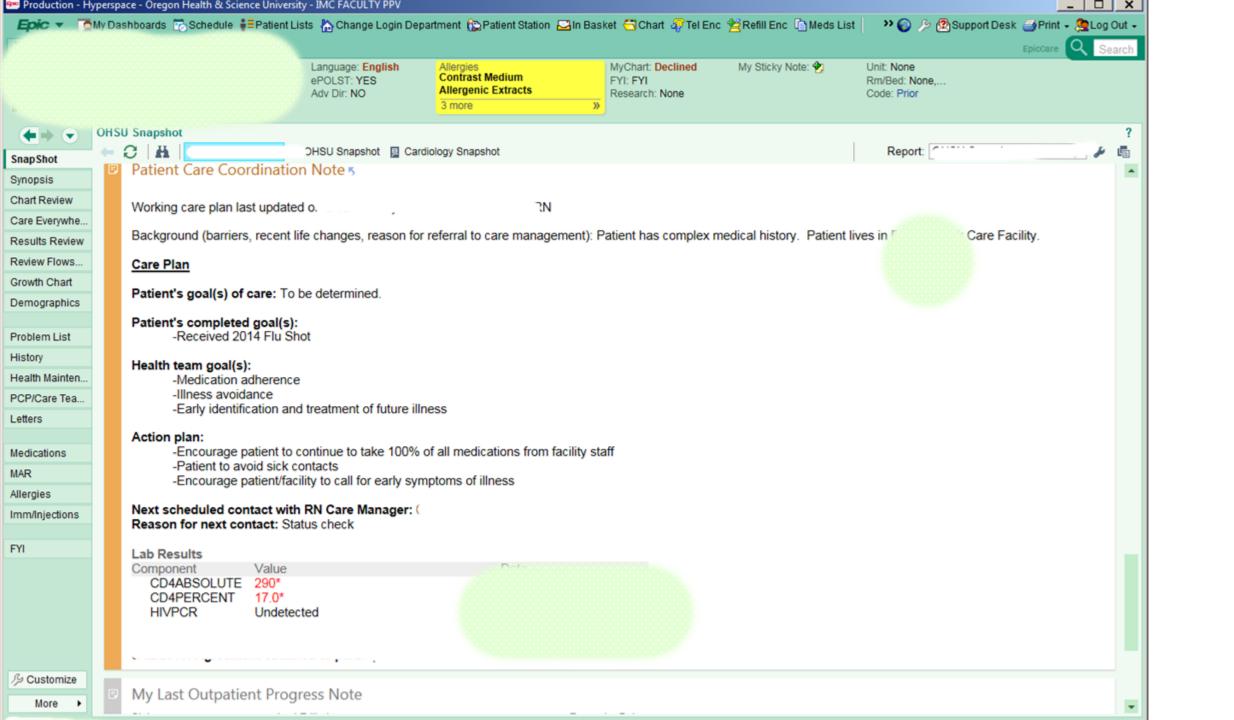
Table 1. The Simplified Sociotechnological Framework.

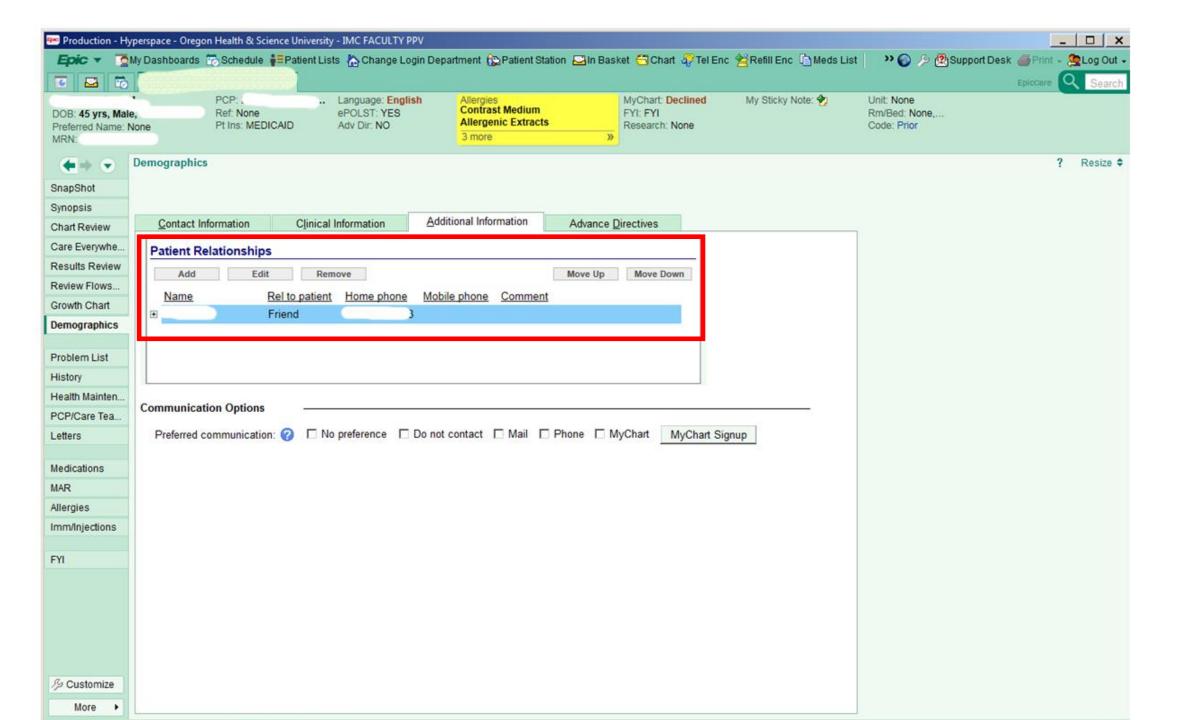
Simplified Sociotechnical Domains		
Domain name	Sub-domains	
Culture	 Patients & Families Leadership Teamwork Psychological Safety Burnout/Resilience 	
Process	Structured Communication Reliable Processes & Policy Process Improvement Organizational Learning	
Technology	UsabilityUsefulnessWorkflowSafety	











Spreading the value of caregiver identification

- What *benefit* does the system, the team, and the individual get from engaging the caregiver?
- How do we minimize the *cost* of recording, tracking, educating caregivers?
- How do we instill a culture of continuous improvement in engaging caregivers?

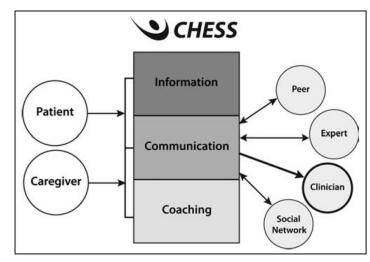
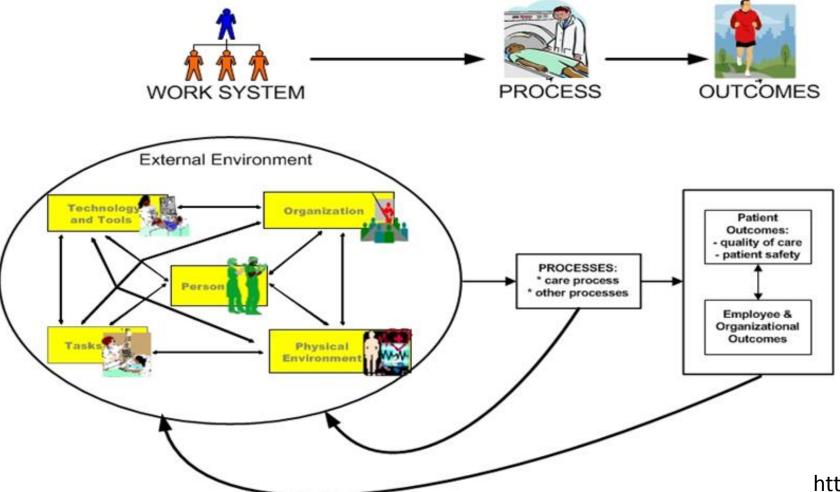


Figure 1 Model of how CHESS connects patients/caregivers to key others in cancer experience.

http://journals.sagepub.com/doi/pdf/10.1177/0272989X10386382; Center for Health

Attempting to standardize the work when there are complex, overlapping workflows



http://cqpi.wisc.edu/seips-main.htm

Technical Assistance: Gathering and synthesizing evidence

• 5 Foundations engaged the National Academies of Medicine

VIEWPOINT

VITAL DIRECTIONS FROM THE NATIONAL ACADEMY OF MEDICINE

Tailoring Complex Care Management for High-Need, High-Cost Patients

Segment populations by need

Avoid 'incrementalism' in favor of coordination and longitudinal approaches

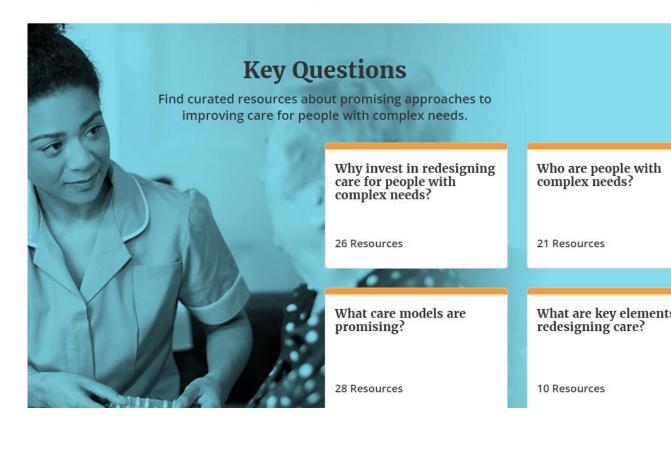
Improve planning, including electronic connections

Refine models

Improve capacity – training and informatics

Welcome to The Playbook: Better Care for People with Complex Needs.

Five foundations have partnered with the Institute for Healthcare Improvement to develop this resource for health system leaders, payers, and policy makers who are seeking to learn more about high-need individuals and promising care approaches. Read more »



Summary

Better using data, information and knowledge to improve health of vulnerable populations requires

- Reorganizing teams and systems
- Improving technology
- Changing policy
- Changing incentives; AND
- Significant facilitation, including by innovators



Oregon Health & Science University

- Bhavaya Sachdeva
- Melanie Marzullo
- Raja Cholan
- Nicholas Colin
- Matthew Storer

Colleagues and Mentors

- Cherie Brunker, MD
- Adam Wilcox, PhD
- Bill Hersh, MD
- Paul Clayton, PhD

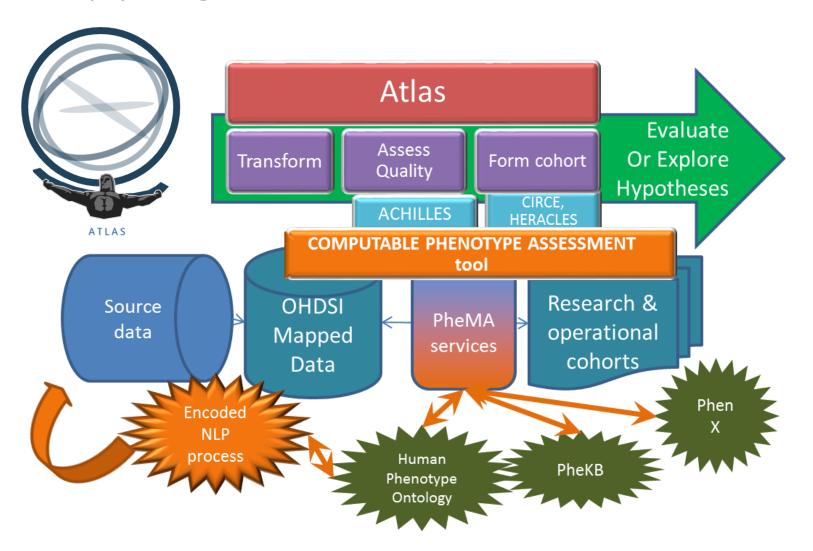
Thank you!

dorrd@ohsu.edu www.ohsu.edu/cmp

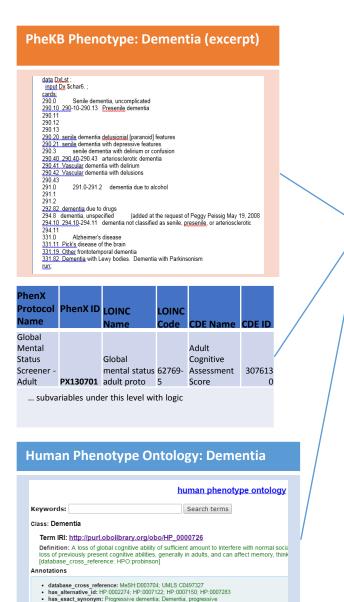
Family



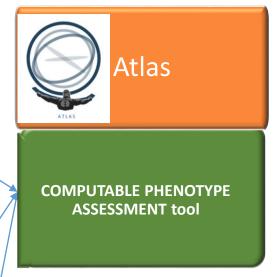
Improving data quality: standard data mapping and transformation



Improving data quality: encouraging better mapping



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Evaluation

Availability
Feasibility
Accuracy
Currency
Completeness, and
Representativeness

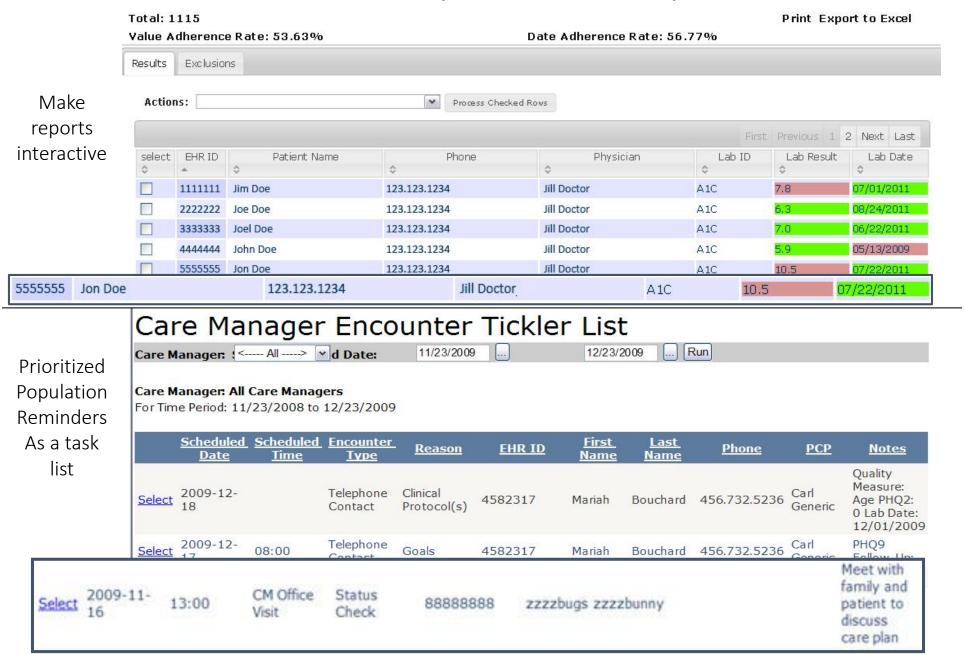
www.ohdsi.org

Data quality and use of data

• The Sims stages of data grief (as adapted from Kübler-Ross)



Advanced reminder systems for complex tasks



Gaps slowing progress

- Quality of data and information
- Accessibility and generalizability of knowledge
- Delivery for inclusion
- Uptake and fidelity of improvements (models of care)

High priority elements and current gaps

- Efficient, meaningful data and information -> data quality is poor
- Targeted, intelligent, flexible prediction ->
 - Individual level
 - Population level
- Data driven improvement science -> data quality improvement, then performance improvement
- Adaptable visualization based on principles
- New models of care that include facilitation

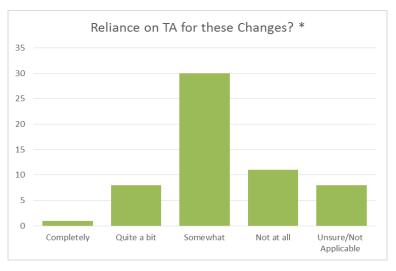
CPC Classic Lessons Learned

CPC Technical Assistance Survey:

58 responses representing 52 practices

Most Significant Changes:

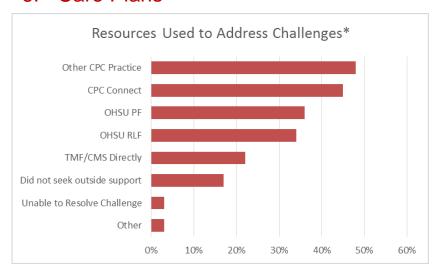
- 1. Care Management
- 2. BH Integration
- 3. Staffing Changes
- 4. Hospital Follow-ups
- 5. PFAC Implementation
- 6. Risk Stratification



*COUNT of changes

Biggest Challenges:

- 1. Physician & Staff Buy-In
- 2. Turnover/Staffing
- 3. Reporting
- 4. Data-Related Issues
- 5. Shared Decision Making
- 6. Care Plans



^{*}PERCENTAGE of respondents

Incentive redesign - tie closely to expected goals: TOPMED trial

Cluster Randomized Controlled Trial in 8 clinics

Patient Centered Primary Care Home evaluation, Training

Intervention

Incentives with multiplier

Focused Practice
Support

Rapid cycle IT improvement

Control

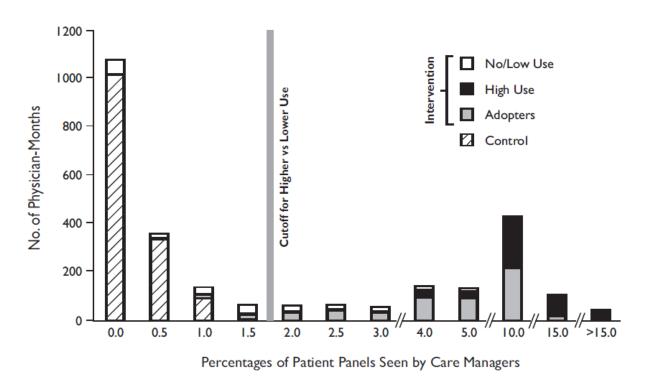
Same incentives without multiplier

General Practice
Support

Same IT components

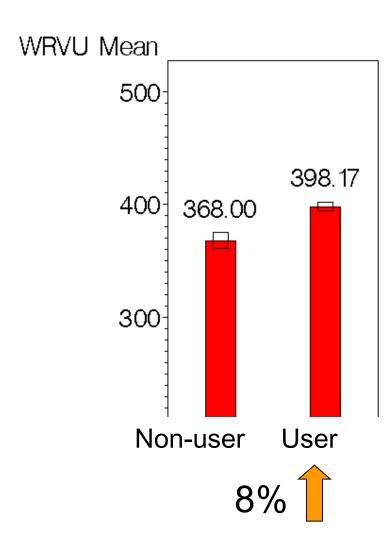
Create 'slack' for providers through teamwork

Figure 1. Percentages of Physicians' Patient Panels Seen by Care Managers



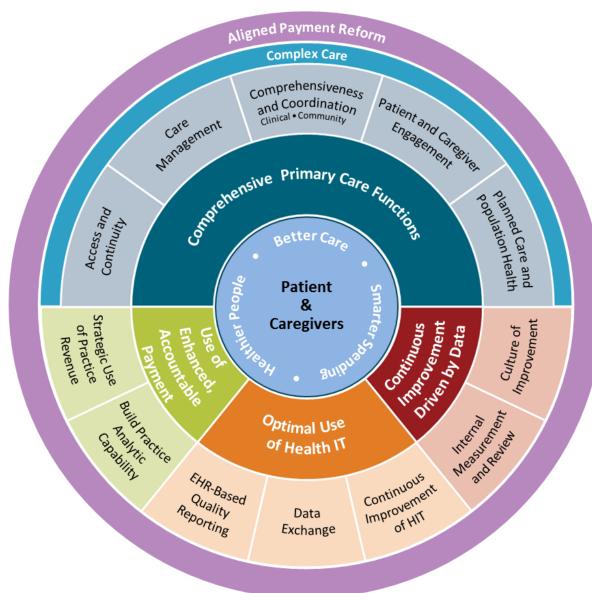
Physicians who referred to care managers ('users') were **8% more productive** than peers in the same clinic.

- change was seen in early 'high use' and 'adopters'



Policy to Technical Assistance: Comprehensive Primary Care (CPC) and CPC+

- National advanced primary care medical home model
- Initial phase 2012-2016; Plus phase 2017-2022
- Aim: strengthen primary care through
 - regionally-based multi-payer payment reform, and
 - care delivery transformation
- 2 tracks
- 14 regions ~2700 practices
- 5 years



Policy: Significant payment changes

