Overview

This course is designed for practicing endocrinologists and primary care providers. The topics selected are common clinical problems that have resisted clear resolution. Leading experts have been gathered to discuss these issues in a casual atmosphere in order to promote open debate and clarification of the issues. All participants, including faculty and trainees, should benefit.

At the conclusion of the program, participants should have enhanced knowledge of current clinical problems in metabolic and endocrine disorders.

Objectives

At the conclusion of this course participants will:

1. Describe the clinical impact of diabetes distress and its effect on management and quality of life.
2. Discuss initiation and management of feminizing and masculinizing hormone therapy regimens for transgender and gender non-binary patients.
3. Identify appropriate candidates for menstrual hormone therapy and choose the optimal therapy for an individual based upon medical history.
4. Understand the dietary and pharmaceutical treatments that lead to a reduction in recurrent kidney stone formation.

Accreditation and Credit

Accreditation: Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Maintenance of Certification: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. Participants’ personal information will be shared with the ACCME and the ABIM.

AAPP Credit: This Live activity, Ashland Endocrine Conference, with a beginning date of 08/01/2019, has been reviewed and is acceptable for up to 12.50 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only those credits that they have actually earned in the activity. The topics selected for this program are common clinical problems that have resisted clear resolution. Leading experts have been gathered to discuss these issues in a casual atmosphere in order to promote open debate and clarification of the issues. All participants, including faculty and trainees, should benefit. At the conclusion of the program, participants should have enhanced knowledge of current clinical problems in metabolic and endocrine disorders.

Tuition/Registration

The tuition fee is $190 for physicians and $130 for physicians-in-training and allied health professionals (late registration fee is $215/$150 after June 15, 2019). This includes all course materials, the Thursday reception and the Friday workshop. To attend only a portion of the conference, a daily pass is available for $200. Enrollment will be limited. A $25 service charge will be assessed on all refund requests received by June 4, 2019; refunds will be issued after that date. The sponsors reserve the right to cancel this program with a full tuition refund.

Play Tickets

Play tickets may be picked up at conference registration desk anytime during conference hours.

Play tickets will be limited. A $35 service charge will be assessed on all refund requests received by June 4, 2019; refunds will be issued after that date. The sponsors reserve the right to cancel this program with a full tuition refund.

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Conference Registration Form

Ashland Endocrine Conference

August 1-3, 2019

$500 Physician, $350 Physician-in-Training and Allied Health Professionals

Early registration fee is $515/$490 after 6/15/19

If paying tuition by credit card, please go to www.osuhs.edu/cme and select the Ashland Endocrine Conference to complete online registration.

Payment methods: Check, Money Order, Visa, MasterCard

No refunds will be issued after 6/15/19. Only full refunds will be issued if requesting MOC points we will need:

- E-mail address
- EMTP EMPHASIS E-MAIL ADDRESS
### Program Schedule

**Thursday, August 1st, 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Moderator</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15</td>
<td>Registration</td>
<td></td>
</tr>
<tr>
<td>7:30</td>
<td>Breakfast</td>
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</tr>
<tr>
<td>7:55</td>
<td>Welcome and Introduction to the Course</td>
<td>Jessica Castle</td>
</tr>
<tr>
<td>8:00</td>
<td>Update on Osteoporosis</td>
<td>Eric Orwoll</td>
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<tr>
<td>9:00</td>
<td>Update on the Diagnosis and Management of Nephrolithiasis</td>
<td>David Bushinsky</td>
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<tr>
<td>10:00</td>
<td>Breakfast</td>
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<tr>
<td>10:20</td>
<td>Treatment of Vitamin D Deficiency</td>
<td>John Adams</td>
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<tr>
<td>11:20</td>
<td>Panel Discussion — Drs. Adam, Bushinsky and Orwoll</td>
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</tr>
<tr>
<td>12:30</td>
<td>Adjourn</td>
<td></td>
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**Friday, August 2nd, 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Moderator</th>
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</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>The Benefits and Risks of Testosterone Treatment of Older Men — Shalender Bhasin</td>
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<tr>
<td>9:00</td>
<td>Approach to the Patient with Menopausal Symptoms — Kathryn Martin</td>
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<tr>
<td>10:00</td>
<td>Break</td>
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<tr>
<td>10:20</td>
<td>Hormone Therapy for Transgender and Gender NonBinary Patients — Christina Milano</td>
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<tr>
<td>11:20</td>
<td>Panel Discussion — Drs. Bhasin, Martin and Milano</td>
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<tr>
<td>12:30</td>
<td>Morning Seminar Adjourn</td>
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<tr>
<td>1:30</td>
<td>WORKSHOP: Comprehensive Care of Transgender/NonBinary Patients: Primary Care Considerations and Advanced Hormone Management — Christina Milano</td>
<td></td>
</tr>
<tr>
<td>3:30</td>
<td>Adjourn</td>
<td></td>
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</tbody>
</table>

**Saturday, August 3rd, 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Moderator</th>
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</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Breakfast</td>
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<tr>
<td>8:00</td>
<td>Beyond A1c: Which Glycemic Metrics Matter? — Elena Toschi</td>
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<tr>
<td>9:00</td>
<td>Everything You Need to Know on the New EASD/ADA Guidelines for Type 2 Diabetes — William Cataldo</td>
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<tr>
<td>10:00</td>
<td>Break</td>
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<tr>
<td>10:20</td>
<td>Supporting Behavioral Health in People with Diabetes — Lawrence Fisher</td>
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<tr>
<td>11:20</td>
<td>Panel Discussion — Drs. Cataldo, Fisher and Toschi</td>
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<tr>
<td>12:30</td>
<td>Adjourn</td>
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