

# All-City Palliative Care

## Responding to Suffering: A Palliative Social Worker's Approach

**DATE:** FRIDAY, APRIL 5, 2019

**TIME:** 8:00 - 9:00 AM

**SPEAKER:** JENNIFER HOPPING-WINN, L.C.S.W.

**LOCATION:** Kaiser Permanente; Northwest Town Hall Meeting Room;  
3704 N Interstate Ave., Portland, OR 97227

### SUMMARY

Attendees will be able to identify 2-3 ways of screening for suffering, how to respond and will be able to define the temporal element of suffering and the role it plays in the patient's experience. The group will also be able to identify 2-3 non-pharmacological anxiety management techniques that can help mitigate the patient's experience of suffering.

### OUR SPEAKER



Jennifer Hopping-Winn, LCSW

Jennifer received a Master of Social Welfare in 2009 from University of California, Berkeley. Jennifer has focused her clinical experience on patients with serious illnesses, finding this work to be especially rewarding. On any given day, she may meet an author, a matriarch, a longshoreman, a dancer, or a chemist. As a Palliative Care clinician, her primary task is to elicit the patient's story; from there, she works with the patient on how to cope and how best to proceed with managing your illness.

Her roles as a Palliative Care Social Worker and Life Care Planning Facilitator provide her with the opportunity to support patients during a time of great challenge. She also specializes in the area of Advance Care Planning, providing patients with guidance around what kinds of medical decisions may need to be made in the future, and educating them about the various treatment options and philosophies of care.

### A joint venture by:

Adventist Health  
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