

NRS 321: Seminar for Dementia CBLA

In combination with the Self-Directed Dementia CBLA there were four 1 ½ hour seminars that were used to set the foundation and follow the students progression of the CBLA learning goals. Below is the prep and expected topics for discussion for the four week experience.

First week Seminar and Prep

Prep

Read the following:

- Black, pp 1805-1806, 1893-1907
- John Hopkins Special Report: [Guide to Understanding Dementia](#)
- [Hand out from the Alzheimer's Assoc.](#)
- Article: [Dementia in the Elderly](#)

View the following: (All You Tube Videos)

- [What is Alzheimer's](#)
- Faces of Alzheimer's
 - [Spouse](#)
 - [Daughter](#)
 - [Son](#)
 - [Grandson](#)
 - [The Person](#)
 - [In Culture](#)
 - [In Art](#)
 - [In Music](#)
 - [In Poetry](#)

Topics:

- Meet at Pelican Point for Orientation at 2:00 pm
- Go over Dementia CBLA
- Discuss Initial thoughts regarding the prep for this CBLA

Second Week Seminar and Prep

Prep

Read the following articles from the Alzheimer's Association.

- [Agitation](#)

- Good Communication Skills and Dementia
- Steps to Understanding Challenging Behaviors

Topics

- Working with the challenging behaviors that people with dementia present.
- Tips for care providers.
- Discuss first week's visits with residents.

Third Week Seminar and Prep

Prep

- Download and read the following:
 - [Medication Use in Older Adults.](#)
 - [WebMD Dementia Medications](#)
 - [Dementia Medication overview](#)
 - [This site discusses causes of dementia](#)
- Bring to seminar a list of your resident's medication
- Bring drug handbook to seminar

Topic

- Discuss Medication "pros and cons" for people that have dementia
- Analysis the residents medications as to how their medications will:
 - decrease progression of dementia
 - control symptoms of dementia
 - treat symptoms of medications
 - treat their co-morbidities

Fourth Week Seminar and Prep

Prep

- Identify and work on finding best practices and evidence on how to intervene with the identified problem for the resident. Bring to seminar.

Topic:

- Each student will share their identified problem for the resident.
- Wrap up and discuss how the Dementia CBLA experience went.