## **Gerontological Nursing Learning Activity Overview**

| Topic:                                 | Functional Assessment of the Older Adults  |
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| Focus:                                 | Identify functional abilities and limitations of the older adults  |
|  | Demonstrate competencies in functional assessment of the older adults  |
| Benefit for students:                  | Students understand  |
|  | that assessment encompasses more than mere physical assessment   |
|  | <ul> <li>the relationship between illness and decline in functional ability</li> </ul>   |
| Brief Description:                     | Student  |
|  | <ul> <li>contacts an older person greater than 65 years of age (who may be a family member, friend, or a patient in the clinical setting).</li> <li>gathers demographic information</li> </ul>   |
|  | <ul> <li>administers the Katz Basic Activities of Daily Living Scale and the Instrumental Activities of Daily Living Scale.</li> <li>completes a one page discussion of the how the older person's functional status affects their ability for self-care in their present living situation.</li> </ul> |
| Clinical Site:                         | Acute care, long-term care, or community setting.  |
| Location in Curriculum/Type of Course: | Sophomore students in a Nursing Assessment course.   |
| <b>Documents Attached</b>              | Full description of Learning Activity Instructions for Student Assignment  |
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| Revised:                               | October 2008   |

## Resources for Teaching Nursing Care of Older Adults

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The Northwest Coalition for Geriatric Nursing Education Website: <a href="www.geronursinged.org">www.geronursinged.org</a>
The John A. Hartford Center of Geriatric Nursing Excellence at Oregon Health & Science University

Website: www.ohsu.edu/hartfordcgne