

# These Tool Kits are available from [Autism Speaks](#).



## 100 Day Kit

For Newly Diagnosed Families of Young Children

 **AUTISM SPEAKS** FAMILY SERVICES

The Autism Speaks 100 Day Kit for Newly Diagnosed Families of Young Children was created specifically for families of children ages 4 and under to make the best possible use of the 100 days following their child's diagnosis of autism.

## 100 Day Kit for School Age Children

The Autism Speaks 100 Day Kit is a tool designed to help assist families of children between the ages of 5 and 13 recently diagnosed with autism during the critical period following an autism diagnosis.



## 100 Day Kit for Newly Diagnosed Families of School Age Children

 **AUTISM SPEAKS** FAMILY SERVICES DECEMBER 2014



## Advocacy Tool Kit

The Advocacy Tool Kit aims to help both individuals on the spectrum and their families develop and use critical advocacy skills in order to achieve the best possible outcomes.

## An Introduction to Behavioral Health Treatments

This tool kit is designed to provide parents of children with ASD with an overview of in-home strategies as well as tips to teach and increase desirable behaviors and decrease behavior problems.

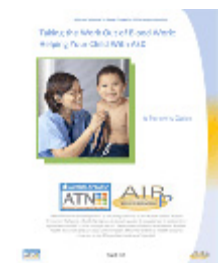


## Autism and Medication: Safe and Careful Use

More than half of children with autism take medicine at some point during their childhood. Deciding to use medicine to treat children with autism is a difficult decision for most families.

## Blood Draw Tool Kit

Blood Draw Tool Kit for Parents Has your child with ASD had a negative experience during a doctor's visit that has left him or her feeling anxious? Does the prospect of having your child's blood drawn make you anxious as well?



## Dental Professionals' Tool Kit

Many children experience a great deal of anxiety when visiting the dental practitioner's office, especially those with autism spectrum disorder (ASD). Feelings of anxiety may be caused by a number of factors including a fear of the unknown, difficulties

## Guide for Managing Constipation in Children

Many children have constipation. Children with autism might have more problems with constipation than other children. Difficulty with things like sitting on the toilet and eating different foods can make treating constipation challenging.



**Guide to Exploring Feeding Behavior in Autism** Some researchers estimate that over half of children with an autism spectrum disorder (ASD) have some sort of issue with food.

**Guide to Providing Feedback to Families Affected by Autism** Parents never forget the feedback session as receiving a diagnosis of autism for their child can be a very stressful and overwhelming experience.

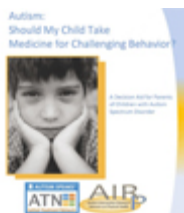


## Guides to EEGs for Parents and Providers

Individuals with autism spectrum disorder have a higher risk of epilepsy compared to individuals in the general population and are often referred for an electroencephalogram (EEG).

## Guides to Pica for Parents and Professionals

Pica, the repeated eating of non-food items, is the eating disorder most often displayed by children with autism. In published literature, the most common definition of pica is the placing of non-edible items past the plane of the lips.



## Medication Decision Aid

Many families of children with autism spectrum disorder (ASD) are faced with the option of using medicines to help treat their child's challenging behaviors. This is a tough medical decision and there is no one right answer.

## Parent's Guide to Applied Behavior Analysis

This tool kit is an informational guide to Applied Behavioral Analysis (ABA). It is designed to provide you with a better understanding of ABA, how your child can benefit, and where/how you can seek ABA services.



## Parent's Guide to Toilet Training in Autism

Each child with an autism spectrum disorder (ASD) is different. But children with ASD have some common problems that can make toileting training hard for them.

## Sleep Tool Kits

New! Autism Speaks Launches New Tool Kit: Sleep Strategies for Teens with Autism Spectrum Disorder: A Guide for Parents! Many teens with ASD have difficulty with sleep, which can affect their daytime functioning, as well as that of their families.



## Tools for Successful Vision Exams

New experiences, including medical visits, can be difficult for individuals with autism.

## Visual Supports and Autism Spectrum Disorder

The Visual Supports and Autism Spectrum Disorder tool kit provides a step-by-step, easy-to-understand introduction to visual supports and the ways that parents and other caregivers can begin using them.



## Challenging Behaviors Tool Kit

Sometimes the difficulties of autism can lead to behaviors that are quite challenging for us to understand and address. Most individuals with autism will display challenging behaviors of some sort at some point in their lives.

## Community-based Skills Assessment

Autism Speaks is excited to announce the launch of our latest tool Community-based Skills Assessment (CSA): Developing a Personalized Transition Plan! The challenges associated with the transition from school services to adulthood for individuals More...

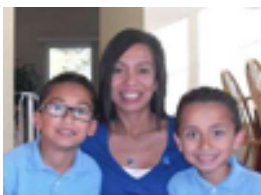


## Dental Tool Kit

Oral health is a very important component of healthy daily living. But for some children with autism, oral health habits can be challenging.

## Employment Tool Kit

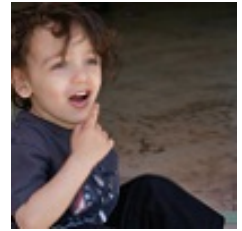
Autism Speaks would like to help you with your employment search by giving you tools and tips while you look for a job.



**Family Support Tool Kits** Family members and friends of individuals with autism are presented with many joys and many challenges throughout their lives. Learning that a family member or friend is affected by autism is a powerful moment.

### First Concern to Action Tool Kit

If you have a concern about how your child is communicating, interacting or behaving, you are probably wondering what to do next. The First Concern to Action Tool Kit can help you sort that out.



### Individualized Education Program (IEP) Guide and Other Resources

Individualized Education Program (IEP): Summary, Process and Practical Tips from Goodwin Procter LLP

**Leading the Way: Autism-Friendly Youth Organizations** Unfortunately, boys and girls with autism often face barriers to participating fully in youth community organizations. This guide helps organizations integrate youth with autism into their programs.



**Participant's Guide to Autism Drug Research** The decision to become a participant in drug research is an important one, all the more so if you are making this decision for your child or other dependent.

**Postsecondary Educational Opportunities Guide** The Postsecondary Educational Opportunities Guide is designed to help you and your family explore the different opportunities and learning environments after leaving high school.



**Talking to Parents About Autism Kit** Today, 1 in 68 American children is diagnosed with autism. As an early childhood educator, you may be the first to notice when a child is not meeting typical developmental milestones.



**Tips for Successful Haircuts** Haircuts can sometimes be difficult for people with autism. The challenges can range from sensory issues to anxiety about what will happen during the haircutting process.

**Transition Tool Kit** The Autism Speaks Transition Tool Kit was created to serve as a guide to assist families on the journey from adolescence to adulthood.



Free Toolkits may be found here:

<https://www.autismspeaks.org/family-services/tool-kits>