

## **Jeffrey R. Harris, MD, MPH, MBA**



Dr. Harris is Professor and Vice Chair of the Department of Health Services in the School of Public Health at the University of Washington, where he directs the Health Promotion Research Center. The center, funded by the Centers for Disease Control and Prevention (CDC), focuses on spreading evidence-based practices for chronic disease prevention to low-resource settings including senior centers, community health centers, and small workplaces. A physician, Dr. Harris is board-certified in both Internal Medicine and Preventive Medicine. He has served as the chair of the Steering Committee for the Washington State Comprehensive Cancer Control Program and chair of the Advisory Committee for the Washington State Tobacco Prevention and Control Program. An accomplished scientist, Dr. Harris has authored more than 140 scientific articles. He recently received the Stay Well Award from the American Cancer Society.

### **Disseminating and Implementing Evidence-based Prevention in the Workplace**

CDC's Guide to Community Preventive Services recommends evidence-based interventions to increase cancer screening, healthy eating, physical activity, and tobacco cessation via the workplace. Over the past 10 years, the American Cancer Society and the University of Washington's Health Promotion Research Center have built two dissemination packages, Workplace Solutions and HealthLinks, for large and small workplaces, respectively, and delivered them to more than 2,000 workplaces across the country. This presentation will describe that experience and draw practical lessons for use with other interventions in other workplaces.