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### FINANCIAL EMPOWERMENT CLINIC PARTNERS

#### Innovative Changes

- Innovative Changes exists to help low-income individuals and families, and those who otherwise lack adequate access to capital and/or financial services, manage short-term financial needs in order to achieve and maintain household stability. Offers financial education coaching and workshops and loan products.
- - one on one financial coaching
- Credit report reviews
- Financial education workshops
- Credit building loans
- Matched savings accounts for education

<http://www.innovativechanges.org/> 503-249-5205

#### Bradley Angle House

- Bradley Angle offers survivors of domestic and sexual violence options for safety, empowerment, healing and hope, while collaborating with our communities to create social change. 503-232-1528
- 24 hr crisis hotline: 503-281-2442
- Financial empowerment groups

<http://bradleyangle.org/>

#### REACH CDC

- REACH CDC provides quality, affordable housing for individuals, families and communities. Offers financial education for adults and youth. REACH CDC residents are supported with eviction prevention, employment and career support, and access to emergency food and clothing.

<http://reachcdc.org/> 503-231-0682

#### CASA of Oregon

- CASA of Oregon helps local direct-service organizations improve the lives of Oregonians, particularly in the rural areas of the state. Offers loan products and IDAs (Individual Development Accounts).

<http://www.casaoforegon.org/> 503-537-0319

#### NAYA

- Native American Youth and Family Center exists to enhance the diverse strengths of our youth and families in partnership with the community through cultural identity and education.
- homeownership program.
- Financial education
- Free tax preparation
- IDAs
- Youth and family services

<http://www.nayapdx.org/> (503) 288-8177

#### Hacienda

- Develops affordable housing and builds thriving communities in support of working Latino families and others in Oregon.
- Foreclosure prevention
- IDAs
- Business development
- Financial education

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<http://www.haciendacdc.org/> (503) 595-2111

### HOUSING

#### Search for Affordable Housing

HousingConnections.org

- A website designed to help people locate affordable housing in the Portland/Vancouver metro area.

<http://www.housingconnections.org/>

#### Home Repair

Unlimited Choices

- A community based, private, non-profit corporation providing housing rehabilitation services (home repair). (503)234-6167, Toll free 1-(866)219-6820

<http://www.unlimitedchoices.org/>

#### Home Ownership

Portland Housing Center

- Through education, individual counseling, and financial assistance, they help people realize their dream of homeownership. (503)282-7744

<http://www.portlandhousingcenter.org/>

Proud Ground

- Provides affordable housing to families in Portland, Oregon. (503) 493-0293

<http://www.proudground.org/>

NAYA

- Native American Youth and Family Center. Offers a homeownership program.

- <http://www.nayapdx.org/> (503) 288-8177

Hacienda

- Develops affordable housing and builds thriving communities in support of working Latino families and others in Oregon. (503) 595-2111

<http://www.haciendacdc.org/>

Portland Community Reinvestment Initiatives Inc. (PCRI)

- A non-profit community development organization providing affordable rental housing to low-income families, primarily in North and Northeast Portland. (503) 288-2923

<http://www.pcrihome.org/>

African-American Alliance for Homeownership (AAAH)

- A non-profit seeking to increase homeownership and economic stability for African Americans and other underserved individuals by improving access to homebuyer resources and education. 503-595-3517

<http://www.aaah.org/>

#### Foreclosure Prevention

Hacienda- See above

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### Economic Fairness Oregon

- An organization that fights for the financial security of all Oregonians by calling for an end to abusive financial practices that have drained our bank accounts and ravaged our economy. 503.236.6088

<http://www.economicfairnessoregon.org/>

### Rent Assistance

#### Human Solutions

- Has a wide range of effective programs to assist families and individuals to find successful pathways out of poverty and homelessness toward self-sufficiency. Human Solutions has a monthly lottery for rental assistance. 503.548.0200

<http://www.humansolutions.org/>

#### Impact NW

- Organization that provides, among other things, housing and safety-net resources. (503) 988-6000

<http://impactnw.org/>

Neighborhood House: 503-246-1663, x5106

Salvation Army: 503-239-1264

#### Society of St Vincent de Paul

- When sufficient funds are available, they assist with rents, utilities, food, travel and other types of emergency needs. Walk-Ins are welcome and it is often faster for clients. 503-235-8431.

<http://www.svdppdx.org/>

### Tenants Rights

#### Community Alliance of Tenants (CAT)

- Community Alliance of Tenants (CAT) is Oregon's only statewide, grassroots, tenant-controlled, tenant-rights organization. CAT educates, organizes and develops the leadership of low-income tenants to directly challenge unjust housing policies and practices.
- Renters' Rights Hotline: (503) 288-0130

<http://oregoncat.org>

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## EMPLOYMENT

#### Express Employment Professionals

- Express Employment Professionals serves local businesses with both full-time and temporary staffing and job placement in addition to providing human resource services and consulting. (503) 254-1200 or (503)254-1281

[www.expresspros.com](http://www.expresspros.com)

#### Galt Foundation

- The mission of the *Galt Foundation* is to provide, promote, and expand employment opportunities for individuals with disabilities and other vocational barriers. (503)595-2801

[www.galtfoundation.com](http://www.galtfoundation.com)

#### WorkSource Oregon

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- A statewide network that will stimulate job growth by connecting businesses and workers with the resources they need to succeed. (503) 772-2300

<http://www.worksourceoregon.org/>

### Youth Employment Institute

- A nonprofit organization that provides education, employment, and personal development programs for youth in Portland. (503) 280-1058

<http://www.yei.org/>

### Better People

- An established employment and counseling program solely dedicated to helping individuals who have legal histories find, keep and excel in well paying jobs with fair, decent employers. (503) 281-2663

<http://www.betterpeople.org/>

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## FOOD

Oregon Food Bank (has a local food bank locator on the website), 503-282-0555

<http://www.oregonfoodbank.org/>

### Loaves and Fishes (Meals-on-wheels)

- Meal delivery to senior citizens, 503.736.6325

<http://feedseniors.org/>

The Salvation Army, 503.794.3200

[http://www1.usw.salvationarmy.org/usw/www\\_usw\\_test2.nsf/](http://www1.usw.salvationarmy.org/usw/www_usw_test2.nsf/)

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## TAXES

AARP 888-OUR-AARP (888-687-2277)

[http://www.aarp.org/money/taxes/info-2004/about\\_aarp\\_taxaide.html](http://www.aarp.org/money/taxes/info-2004/about_aarp_taxaide.html)

### CASH Oregon

-Free tax preparation (503) 243—7765

<http://www.cashoregon.org/>

Catholic Charities – El Programa Hispano (503) 238-5196

[www.catholiccharitiesoregon.org](http://www.catholiccharitiesoregon.org)

IRS (503) 415-7361

<http://www.irs.gov/>

NAYA- See above

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## BENEFITS

### Oregon Helps

- A free and easy program prescreener that answers questions about people in your house, income and expenses. This site will estimate your potential eligibility for 33 programs and assistance. Dial 2-1-1

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<http://www.oregonhelps.org>

Oregon Safenet

- Now 211info.org. 211info is the nonprofit organization that directs you to Oregon and Southwest Washington resources. Dial 2-1-1

<http://www.211info.org/>

DHS Phone: 503-945-5944

<http://www.oregon.gov/DHS/>

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### ELDERLY ASSISTANCE

Elders In Action, 503-235-5474

<http://www.eldersinaction.org/>

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### HEALTH ASSISTANCE

Coalition of Community Health Clinics (503)546-4991

- The Coalition of Community Health Clinics is made up of Community Sponsored Clinics, and Federally Qualified Health Centers in Portland Oregon. Our clinics are dedicated to providing care to marginalized members of our community, especially those with low income and without health insurance. Search on this site for low cost health care clinic by location.

<http://www.coalitionclinics.org/>

Oregon Health Plan 503-945-5772

- The Oregon Health Plan (OHP) provides health care coverage to low-income Oregonians through programs administered by the Division of Medical Assistance Programs (DMAP). Currently, more than 380,000 people each month receive health care coverage through the Oregon Health Plan.

<http://www.oregon.gov/OHA/healthplan/index.shtml>

OHSU schools 503 494-8311

<http://www.coalitionclinics.org/ohsu-community-health-centers.html>

<http://www.ohsu.edu/xd/education/>

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### UTILITY ASSISTANCE

Bill Float

- BillFloat is a online lender and alternative to pay day lenders, that pays billers directly. You repay BillFloat through an automatic deduction from your bank account or debit card. BillFloat works with more than 2,500 providers of car financing, cable, insurance, telephone, utility, sanitation, satellite TV, self-storage, and homeowner association services.

<https://www.billfloat.com>

Equal Bill pay

- offered by most energy providers, averages your bill throughout the year to one fixed amount per month, to make budgeting for your energy bill cheaper

Low Income Home Energy Assistance Program (LIHEAP), 503-986-2000 TTY: 503-986-2100

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- A federally funded through the U.S. Department of Health and Human Services and is *not* an entitlement program. LIEAP is an assistance program designed to help low-income households with home heating costs. [http://www.oregon.gov/OHCS/SOS\\_Low\\_Income\\_Energy\\_Assistance\\_Oregon.shtml](http://www.oregon.gov/OHCS/SOS_Low_Income_Energy_Assistance_Oregon.shtml)

Multnomah County Energy Assistance Program, 503-988-3663

<http://web.multco.us/dchs-community-services/low-income-energy-assistance-programoregon-energy-assistance>

Check on the website of the energy provider, often they will have assistance programs

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### CLOTHING AND FURNITURE

Dress for Success (women only)

- Promotes the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life. (503)249-7300

<http://www.dressforsuccess.org/home.aspx>

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### ETHNICITY SPECIFIC

Africa House

- Serves as a focal point for the community and a “one stop” service center providing an array of community building and cultural adjustment services for over 200 African refugees and their families annually. 503-234-1541

<http://www.irco.org/programs/community-development/africa-house/>

Black Parent Initiative

- The Black Parent Initiative inspires and mobilizes Black parents to ensure their children achieve educational excellence. 503-502-6790

<http://www.thebpi.org/about.html>

Immigrant and Refugee Community Organization (IRCO)

- Assists refugees and immigrants through the various stages of integration into U.S. society. 503-234-1541

<http://www.irco.org/>

El Programa Hispano (Catholic Charities)

- Provides a wide array of social services to low-income Latinos in the Portland metro area. (503)231-4866

[http://www.catholiccharitiesoregon.org/services\\_latino\\_services.asp](http://www.catholiccharitiesoregon.org/services_latino_services.asp)

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### LEGAL ASSISTANCE

Lewis and Clark Pro Bono Legal Clinic

- A civil practice clinic for the Northwestern School of Law of Lewis & Clark College, providing students with practical “hands-on” experience in developing lawyering skills. 503-768-6500

[http://law.lclark.edu/clinics/legal\\_clinic/](http://law.lclark.edu/clinics/legal_clinic/)

Legal Aid Oregon

- A non-profit organization that provides representation on civil cases to low-income clients throughout Oregon. (503) 224-4086

<http://www.lawhelp.org/program/694/index.cfm>

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### Lawyer Referral Services

- 503-684-3763 or toll-free in Oregon at 800-452-7636.

<http://www.osbar.org/public/ris/ris.html>

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## CAR REPAIRS/PURCHASING/REFINANCING

### Metropolitan Family Service Ways to Work Program

- Ways to Work is a national program of Alliance for Children and Families that allows qualified working parents who are unable to get funds elsewhere, to receive loans up to \$6,000 to purchase, repair or refinance a car. 503.232.0007 ext. 103

<http://www.metfamily.org/waystowork.htm>

### Unitus Smart Advisors

- Auto Loans and auto buying guidance for those with challenges credit. 503 227 5571, Option 2 or 1 800 452 0900, Option 2.

[http://www.unitusccu.com/loans/auto\\_purchase.php](http://www.unitusccu.com/loans/auto_purchase.php)

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## DOMESTIC VIOLENCE

### Bradley Angle House

- Bradley Angle offers survivors of domestic and sexual violence options for safety, empowerment, healing and hope, while collaborating with our communities to create social change. 503-232-1528
- 24 hr crisis hotline: 503-281-2442

<http://bradleyangle.org/>

### Call to Safety

- 24 hour resources and support for survivors of domestic and sexual violence
- Crisis hotline: 503-235-5333 or toll free: 888-235-5333

<https://calltosafety.org/>

### Raphael House

- Raphael House of Portland is a multi-faceted domestic violence agency dedicated to fighting the causes and effects of intimate partner violence in a variety of ways. We offer emergency shelter in a confidential location, a 24-hour in-house crisis line, transitional housing and advocacy programs, non-residential advocacy in partnership with the Portland Police Bureau, and also work to bring an end to violence through community outreach and education. 503-222-6507
- Crisis hotline: 503-222-6222

<http://raphaelhouse.com/>

### Volunteers of America Home Free

- case management, support and resources for survivors of domestic violence
- 503-771-5503 (8am-6pm)

<http://www.voar.org/>

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## CHILD CARE

### Boys and Girls Club



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- Each Boys & Girls Club location offers a safe and positive place for kids to enjoy fun and engaging programs at an affordable price.
- Literacy Centers are a part of the regular programming of the club to encourage and promote understanding of the written word among our Club members. 503-232-0077

<http://www.bgcportland.org/>

### Department of Human Services Child Care Eligibility Calculator

- This shows whether you're applicable for the child care subsidy program

<https://apps.state.or.us/cf1/ERDC/index.cfm?fuseaction=calculator.display>

### Head Start

- Head Start provides quality comprehensive services that are family focused, including education, social and emotional development, physical and mental health, and nutrition. They offer both half day and extended day classrooms that operate September through June. 503-916-2000

<http://www.pps.k12.or.us/departments/head-start/4620.htm>

### Salvation Army

- For children, Portland Metro Salvation Army offers: therapeutic preschool program in a nurturing environment, Individual developmental assessments, Age-appropriate activities and special outings, One-on-one sessions with a Licensed Professional Counselor, Portland Children's Intervention Project serving traumatized children throughout the entire domestic violence service system. 503-239-1254

<http://www1.usw.salvationarmy.org>

### YMCA of the Columbia-Willamette Valley

- Has child development centers throughout the Portland-metro area, before and after school programs and parenting workshops

<http://www.ychildcare.org/childcare.html>