

Family Tip Sheet: Getting Started

There is much to learn about Autism Spectrum Disorder and its treatment. This sheet will get you started. When you are ready, your autism identification team recommends you take the steps listed below. Some parents prefer to wait a few weeks but most find it helpful to take these steps in the next several days. Remember, your Parent Partner will be there to help if you need it.

Get more information

Order the First 100 Days kit from www.autismspeaks.org.

This kit contains detailed information on autism spectrum disorder, explains a number of different autism treatments, and discusses the importance of getting the supports you need for you and your family

Contact Important Services

Your child's health care provider. Schedule an appointment to review the results of the team evaluation.

Early Intervention (EI) Services. In your community call: _____. Say, "My child has just been diagnosed by the Autism Identification Team. I would like to get him started with Early Intervention." If your child is already receiving EI services, make sure to review the results of the team evaluation with your child's EI provider.

Community Developmental Disability Services. In your county, call _____.

Say, "My child has just been diagnosed with Autism by the autism identification team. I would like to speak to your eligibility coordinator about enrolling for Developmental Disabilities Services." **Supplemental Social Security Income.**

Read the starter kit on line or ask for a copy from your Family Liaison.

http://www.ssa.gov/disability/disability_starter_kits_child_eng.htm

Note: Eligibility for supplemental Social Security Income is based on medical diagnosis *and* your family's financial status.

CaCoon Care Coordination Services. In your county, call _____.

Say, "My child has just been diagnosed with Autism by the autism identification team. I would like to speak to someone about receiving the services of a CaCoon Nurse.

Get support for you and your family:

Contact the Oregon Chapter of the Autism Society of America www.autismsocietyoregon.org or call 1-888-AUTISM 1 and ask to be placed on their mailing list for workshops and other events.

Contact the Swindells Child Disability Resource Center

at 503-215-2429 and ask to be placed on their mailing list for workshops and other events and to receive a free Care Notebook in which to organize your child's health and education records.

Call on the team's Parent Partner, _____, for support and assistance, at _____.

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