

## **ANNA MEINERS**

### *Focus on Mental Health Bolsters Workplace Wellness*

Many organizations are taking a more holistic approach to employee wellbeing, and behavioral health is an increased area of focus. Employers are seeking proactive tools for integration of mental health into their overall wellness plan. Join us in hearing the successes, challenges, and ambitions of employers currently taking this approach. Participants will also learn strategies for successful implementation including stigma reduction, prevention, and early intervention within your organization.