

# SHARED CARE PLANNING

Shared care planning is an approach to coordinating care for children and youth with special health care needs (CYSHCN). It is called “shared” planning because families and professionals share the work of creating a care plan and putting it into action. The process is especially useful for people getting care and services from multiple sources. OCCYSHN supports partners across Oregon to lead shared care planning efforts in their communities.

Shared care planning is a common-sense approach to bringing families and professionals together to focus on unmet needs. It’s a team effort, centered around helping families address their goals for their children. Participants include representatives from health care, insurance, education, mental health, public health, and other community services.

A written care plan is developed or updated in every shared care planning meeting. The plan focuses on goals, and includes actions steps with timelines and responsible parties.

Shared care planning is also used to address the particular needs of youth and young adults with special health needs. The process helps youth and their families prepare for the transition from pediatric to adult health care.

Bringing families and professionals together in real time fosters efficient communication. In the process of serving individual CYSHCN and their families, shared care planning also strengthens local systems of care. Participating professionals connect and learn from one another, which can help them maximize local resources.

To see a shared care planning template:  
[ohsu.edu/xd/outreach/occyshn/programs-projects/SPoC.cfm](https://ohsu.edu/xd/outreach/occyshn/programs-projects/SPoC.cfm)

For an in-depth report on shared care planning for CYSHCN:  
[www.lpfch.org/sites/default/files/field/publications/achieving\\_a\\_shared\\_plan\\_of\\_care\\_full.pdf](http://www.lpfch.org/sites/default/files/field/publications/achieving_a_shared_plan_of_care_full.pdf)

## Shared Care Planning

...is collaborative and engages diverse knowledge and skill sets.

...is culturally and linguistically appropriate.

...responds to a family’s stated goals.

...documents factors affecting a child’s health and development.

...fosters mutual accountability among team members.

...establishes timelines.

...addresses gaps and redundancies in care.

...offers families a written plan and support to implement it.

The Oregon Center for Children and Youth with Special Health Needs is Oregon’s Maternal and Child Health Bureau Title V public health agency for CYSHCN, located at OHSU’s Institute on Development and Disability.

[www.occyshn.org](http://www.occyshn.org)  
[occyshn@ohsu.edu](mailto:occyshn@ohsu.edu)  
503 494-8303