

Welcome to the Webinar on Shared Plans of Care

- As you arrive, please sign in to the webinar, listing
 - your name,
 - how many people are in your party,
 - and what county you're from
 - **(if you have already signed in, please enter this information into the text box)**
- Please mute your phone when not actively participating in conversation.
 - Unmute your phone to ask questions.
 - If listening on your computer, please mute your mic to prevent echoes.
 - Don't put us on hold! That usually causes music to play that everyone has to listen to....
- When speaking, be sure to identify yourself.
 - If it's difficult to find space to talk, please use the chat box.
- This webinar will be recorded for note taking purposes, but will not be shared outwardly or posted online.



Agenda

- Introductions
- Housekeeping
 - Regional Meetings
- Last month's topic: *Addressing Transition Goals*
- This month's topic: *Partnering with Developmental Disabilities on Shared Plans of Care*
- Open discussion
- Closing and reminder of next steps

OCCYSHN Regional Meetings

We are hoping for lots of participation, so please invite your local partners to register! This includes *all* local professionals who work with CYSHCN.

- Portland Metro and Roseburg OCCYSHN Regionals have occurred. Flyers for the OCCYSHN Regionals in LaGrande and Bend, including the final agenda and information about logistics and financial support, have recently been emailed to all SPOC participants.

Last Month's Webinar Topic

- *Addressing Transition Goals*
- Questions/Thoughts?

This Month's Webinar Topic

Partnering with Developmental

Disabilities on

Shared Plans of Care

Presented by Ken Huelsman from Multnomah
County Developmental Disabilities Services



Intellectual and Developmental Disability Services

Presenter: Ken Huelsman, Lead Service Coordinator



How Intellectual and Developmental Disability programs supports children and the transition to adulthood

Case management (all individuals enter with this level of service):

All individuals that are determined eligible for our program immediately qualify for case management. A Service Coordinator will be assigned to work with the individual, their family, providers, or whomever they want to include in the development of an Annual Support Plan or an Individual Support Plan. In this plan, the Service Coordinator will help the individual and the team explore what kinds of supports will be needed to help them accomplish what is important to them.

- School advocacy: Help individuals and parents prepare for and attend IEP meetings to provide direct advocacy. Service Coordinators can also connect individuals and parents to a variety of school related resources. A common local resource we recommend is FACT Oregon, which can provide free training and advocacy about IEPs and transition planning.
- Information and Resources: Some common resources Service Coordinators recommend are disability related trainings that are often available at no cost to the attendee. Service Coordinators can also provide information about support groups for parents and siblings. They can provide information about disability related organizations such as Northwest Down Syndrome Association or Autism Society of Oregon, which are a wealth of information. Service Coordinators can also provide information about various low or no cost community activities and events of interest, some tailored for individuals that require special accommodations.
- Care coordination: Help with referrals and coordinating care with physicians, therapists, and other specialists.
- Crisis supports: Although CDDPS do not have 24/7 crisis supports and there are limitations to what and how quickly we can help individuals access, we can provide referrals for placement to foster care, group homes, or other types of 24 hour residential care settings.

How Intellectual and Developmental Disability programs supports children and how it supports the transition to adulthood (continued)

Services (depending on Medicaid eligibility):

- Family Support Funds: Available to children without Medicaid. There is an annual limit of \$1200 per fiscal year. This funding can be used to cover the cost of services or goods such as in-home care, behavior consultation, community inclusion activities, family training, or home modifications. It can also be used to purchase durable medical equipment or communication devices that insurance will not cover. These are just a few examples of what a Family Support plan can cover.
- In-Home Support Services (K-Plan): Requires Medicaid eligibility. Services are determined through person centered planning and assessment of needs rather than an annual dollar cap. With the exception of funding for community inclusion, all of the supports mentioned above can be accessed through K-Plan too. There is a way that we can help children that would normally not qualify for Medicaid due to parent income become eligible. Children can potentially obtain eligibility for K-Plan services through presumptive Medicaid.
- Residential care placement: Referrals and placement into various types of 24 hour residential care (i.e. foster care, group homes, SACU).

How Intellectual and Developmental Disability programs supports children and how it supports the transition to adulthood (continued)

Transition to adulthood:

- Eligibility determination: The CDDP will make sure that any necessary assessments or evaluations are completed or obtained so children can continue to access our services as an adult. This eligibility determination could help with eligibility for other resources or services such as obtaining Supplemental Security Income (SSI).
- Living arrangement: Assess interest in living with parents or family, supported living which provides in-home support in a individuals own residence, group homes, or independent living.
- Employment: Work with the individual to create a career development plan. This may include day support activities, Discovery services, job coaching, or vocational rehabilitation services.
- Legal: Legal planning such as guardianship, representative payees, or appointed health care representatives.
- Financial: Help the individual apply for Supplemental Security Income (SSI) or if provide support with more long term planning such as setting up an ABLÉ account or a special needs trust.
- Medical: Assist with applying for the appropriate medical insurance, which will more than likely be Medicaid.

Opportunities for collaboration with public health on shared plans of care

Community health:

- Primary healthcare: Work directly with primary care physicians and specialists such as speech therapists, occupational therapists, physical therapists, and neurologists. We can work together to support the individual on plans for early avoidance and identification of risk factors that may lead to certain diseases or exacerbate the severity of a disability.
- Secondary: Through the person centered planning process, individuals are given the opportunity to create plans for improvement in their lifestyle or environment.
- Tertiary: CDDPs are constantly working at the local and state level to advocate and develop policy around their Equity and Inclusion mission to properly address health related inequalities.

Opportunities for collaboration with public health on shared plans of care (continued)

Behavioral health:

- Behavior consultation: Help individuals and parents access support through behavior consultation. Consultants can work with families to create plans to help better understand how behavior is being used as a form of communication and how the right structure, routine, or accommodations can help improve the quality of life for the individual and his or her family.
- ABA Therapy: Align plans to include work with ABA therapists which could be covered by insurance, depending on the diagnosis.

Opportunities for collaboration with public health on shared plans of care (continued)

Mental health:

- Wrap around: Referrals to wrap around services with the intent of aligning providers with goals and minimizing duplication of services.
- Outpatient: Referrals for outpatient care.
- Sub-acute or Residential: Navigating transitions which includes service planning to determine the supports or resources necessary for successful steps up or down.

Opportunities for collaboration with public health on shared plans of care (continued)

Occupational safety:

Service Coordinators work with individuals to create a career development plan. This includes problem solving to overcome barriers to employment such as occupational safety.

- Discovery services: Person centered planning approach to exploring what is important to and for the individual in order to be successful with employment.
- Job coaching: Referral and service coordination.
- Vocational Rehabilitation Services: Referral and service coordination.

How to contact your local developmental disabilities program

- Contact your local Community Developmental Disability Program (CDDP) and request to speak to someone in Intake and Eligibility:
- DHS/CDDP website: <http://www.oregon.gov/dhs/seniors-disabilities/DD/Pages/county-programs.aspx>

How to contact your local developmental disabilities program (continued)

Baker	New Directions Northwest, Inc.	Main Line: 541-523-7400
Benton	Benton County Developmental Disabilities	Main Line: 541-766-6847
Clackamas	Clackamas County Mental Health/Developmental Disabilities	Main Line: 503-655-8640
Clatsop	Clatsop Behavioral Healthcare	Main Line: 503-325-0241
Columbia	Columbia Community Mental Health	Main Line: 503-397-5211 Toll Free: 1-800-294-5211
Coos	Community Living Case Management	Main Line: 541-266-7300
Crook	Crook County Mental Health Program	Main Line: 541-323-5330
Curry	Community Living Case Management	Main Line: 541-813-1867

How to contact your local developmental disabilities program (continued)

Deschutes	Deschutes County Human Services	Main Line: 541-322-7554
Douglas	Community Living Case Management (CLCM)	Main Line: 541-315-4300 Fax: 541-671-2507
Gilliam	Community Counseling Solutions	Main Line: 541-676-9161
Grant	Community Counseling Solutions and Developmental Disabilities Services	Main Line: 541-575-1466
Harney	Community Counseling Solutions and Developmental Disabilities Services	Main Line: 541-573-7621
Hood River	Mid-Columbia Center for Living	Main Line: 541-386-2620
Jackson	Jackson County Developmental Disabilities Program	Main Line: 541-774-8205
Jefferson	Best Care Treatment Services	Main Line: 541-475-6575

How to contact your local developmental disabilities program (continued)

Josephine	Community Living Case Management	Main Line: 541-474-6072
Klamath	Klamath Mental Health Center - Developmental Disabilities	Main Line: 541-885-2435
Lake	Eastern Oregon Human Services Consortium	Main Line: 541-947-0279
Lane	Lane County Dept. of Health and Human Services	Main Line: 541-682-3695
Lincoln	Lincoln County Human Services Department	Main Line: 541-574-5960
Linn	Linn County Developmental Disabilities Program	Main Line: 541-967-3890
Malheur	Lifeways, Inc. (Lifeways Behavioral Health)	Main Line: 541-889-9167
Marion	Marion County Developmentally Disabled Services	Main Line: 503-588-5288

How to contact your local developmental disabilities program (continued)

Morrow	Community Counseling Solutions	Main Line: 541-676-9161
Multnomah	Multnomah County Developmental Disability Program	Main Line: 503-988-3658
Polk	Polk County Mental Health Program	Main Line: 503-831-5969
Sherman	Mid-Columbia Center for Living	Main Line: 541-296-5452
Tillamook	Tillamook Family Counseling Center	Main Line: 503-842-8201
Umatilla	County Developmental Disability Program for Umatilla County	Main Line: 541-276-0452
Union	Center for Human Development, Inc.	Main Line: 541-962-8800
Wallowa	Wallowa Valley Center for Wellness	Main Line: 541-426-4524

How to contact your local developmental disabilities program (continued)

Warm Springs	Confederated Tribes of Warm Springs	Main Line: 541-553-3205
Wasco	Mid-Columbia Center for Living	Main Line: 541-296-5452
Washington	Washington County Developmental Disability Program	Main Line: 503-846-3150 In-take Line: 503-846-4737 24-Hour Crisis Line: 503-291-9111
Wheeler	Community Counseling Solutions	Main Line: 541-676-9161
Yamhill	Yamhill County Developmental Disability Program	Main Line: 503-434-7460



How to contact your local developmental disabilities program (continued)

Intake screener with Multnomah County I/DD Services

Mary Putnam

421 SW Oak St. Portland, OR 97204

(office) 503-988-6258 (fax) 503-988-3059

mary.putnam@multco.us

online: <https://multco.us/dd>



Open Discussion

Next scheduled webinar

Our next SPOC webinar is scheduled for
Thursday, June 21, 9-10 am.

Thanks for joining us!

