

26th Annual INTERNAL MEDICINE REVIEW

April 11-12, 2019
Sentinel Hotel
Portland, Oregon

*Department of Medicine
Division of Continuing Professional Development
School of Medicine - OHSU*

COURSE DESCRIPTION

2019 marks the 26th Annual Internal Medicine Review, providing up-to-date clinical information and critical review of topics essential to internists and advanced practice providers.

In addition to Literature Reviews on Allergy and Hematology, plenary topics include menopause, supplements, insomnia, the aging brain, aspirin use and assessing radiating extremity pain. Each day has breakout sessions, allowing attendees to select talks most pertinent to their individual practices.

At the conclusion of this conference, participants will be able to:

- Inform patients of dietary supplement efficacy and discuss those without proven value
- Work with patients to create treatment options after a breast cancer diagnosis
- Provide quick, accurate examinations of patients with radiating extremity pain
- Offer a variety of therapies and treatments for menopausal women
- Conduct successful interviews with patients presenting problematic or chronic pain

CREDIT

The School of Medicine, Oregon Health & Science University (OHSU), is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

American Medical Association: Oregon Health & Science University School of Medicine designates this live activity for a maximum of **14 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, including participation in the evaluation component, enables the participant to earn up to 14.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

GENERAL INFORMATION

Location: The course will be held at the Sentinel Hotel, 614 SW 11th Avenue, Portland, Oregon.

To make reservations with the Sentinel Hotel, use the online booking page - tiny.cc/internalmedicinereview Please make your reservations as soon as possible; the room block will be released on March 15, 2019 and is subject to sell-out prior to that date.

Tuition/Registration: The tuition is \$375.00 for registrations received before April 1, 2019 and \$425.00 on or after that date. Tuition includes lunch both days and all course materials. To help meet administrative costs, a \$35.00 service charge will be assessed on all refund requests received by April 1, 2019; no refunds can be issued after that date. Early registration is encouraged as enrollment may be limited. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

Additional Information: For more information, contact the Division of Continuing Professional Development at 503-494-8700, email cme@ohsu.edu or visit our website at www.ohsu.edu/som/cme.

If you have a disability and require assistance to participate, please contact the Division of Continuing Professional Development at 503-494-8700 or email cme@ohsu.edu as early as possible, but no later than ten (10) business days before the event.

PROGRAM PLANNING COMMITTEE

Mary Pickett, MD, Chair, Assistant Professor of Medicine (*General Internal Medicine & Geriatrics*); OHSU

Lynn Bentson, MD, Private Practice; Samaritan Health, Albany, OR

Alan Hunter, MD, Professor of Medicine (*Hospital Medicine*); OHSU

Emily Morgan, MD, Assistant Professor of Medicine (*General Internal Medicine & Geriatrics*); OHSU

Marianne Parshley, MD, Private Practice; Providence Portland Medical Center, Portland, OR

Pritham Raj, MD, Clinical Associate Professor of Medicine (*General Internal Medicine & Geriatrics*); OHSU

David Shute, MD, Private Practice; Cascade Comprehensive Care, Klamath Falls, OR

Craig Williams, PharmD, Affiliate Associate Professor of Family Medicine, OHSU; Professor of Clinical Pharmacy, OSU College of Pharmacy

OHSU is an equal opportunity, affirmative action institution.

Thursday, April 11, 2019

7:15 AM Registration/Continental Breakfast

Morning Session:

7:50 Welcome and Introduction to the Course

8:00 **Caring for Menopausal Women in 2019: Everything You Need to Know** - Karen Adams, MD

9:00 **Literature Review: Hematology** - Joseph Shatzel, MD

9:30 **Panel/Questions & Answers**

9:50 BREAK

10:10 **Shared Decision Making in Breast Cancer**
- Amy Cantor, MD

10:50 **Questions & Answers**

11:05 **CONCURRENT SESSIONS**

A. Improving Cognitive Assessments in Dementia Patients - Chris Terndrup, MD; Emily Morgan, MD and Cara Levin, MD

B. After the Trauma Alert: The Hidden Long Term Morbidity After Injury - Mackenzie Cook, MD

C. Harmful Polypharmacy and Antidotes for Overprescribing - Arthur Hayward, MD

12:00 LUNCH

Afternoon Session:

1:00 **Medications for Opioid Use Disorder: Who Should Get What When?** - Jessica Gregg, MD

1:40 **Nutritional Supplements: What Should (or Shouldn't) Patients Take?** - Kerry Kuehl, MD

2:20 **Panel/Questions & Answers**

2:50 BREAK

3:05 **Behavioral Therapy for Insomnia** - Jonathan Emens, MD

3:45 **How Well Do Drugs Work?** - Craig Williams, PharmD

4:25 **Panel/Questions & Answers**

4:45 ADJOURN

Friday, April 12, 2019

7:15 AM Continental Breakfast

Morning Session:

7:50 Welcome and Announcements

8:00 **Afib - When is Ablation Helpful?** - Babak Nazer, MD

8:30 **Literature Review: Allergy** - Shyam Joshi, MD

9:00 **High Value Care** - Vinay Prasad, MD, MPH

9:30 **Panel/Questions & Answers**

9:50 BREAK

10:10 **Problematic Pain ... Making the Interview Count for Patient and Clinician**

- Steve Wahls, MD and Chloe Ackerman, PsyD

11:05 **CONCURRENT SESSIONS**

A. Surviving Chronic Pain - Putting Resilience into Practice - Steve Wahls, MD and Chloe Ackerman, PsyD

B. Understanding the Definitions of Work: Making Sense of Disability Paperwork - Nels Carlson, MD

C. Approach to Patient with Cognitive Decline
- Deniz Erten-Lyons, MD

12:00 LUNCH

Afternoon Session:

1:00 **Contemporary Management of Dyslipidemia**
- Cezary Wojcik, MD, PhD

1:40 **The Healthy Aging Brain** - David Mansoor, MD

2:20 **Panel/Questions & Answers**

2:50 BREAK

3:05 **Quick Radic: Efficient and Effective Assessment for Radiating Extremity Pain** - Erik Ensrud, MD

3:45 **Rational Use of Aspirin and Other Antiplatelets in 2019** - Thomas DeLoughery, MD

4:25 **Panel/Questions & Answers**

4:45 ADJOURN

FACULTY

All faculty are from the School of Medicine, OHSU, unless otherwise noted

Chloe Ackerman, PsyD, Private Practice, Ackerman Psychological Services, Portland

Karen Adams, MD, Professor of Obstetrics & Gynecology

Amy Cantor, MD, Associate Professor of Medical Informatics and Clinical Epidemiology, Family Medicine and Obstetrics & Gynecology

Nels Carlson, MD, Associate Professor of Orthopaedics & Rehabilitation; Assistant Dean for CPD

Mackenzie Cook, MD, Assistant Professor of Surgery (*Trauma Surgery*)

Thomas DeLoughery, MD, Professor of Medicine (*Division of Hematology and Medical Oncology*)

Jonathan Emens, MD, Associate Professor of Psychiatry

Erik Ensrud, MD, Associate Professor of Orthopaedics & Rehabilitation

Deniz Erten-Lyons, MD, Associate Professor of Neurology; Director, Geriatric Neurology Fellowship Program, OHSU and VA Portland Health Care System

Jessica Gregg, MD, Associate Professor of Medicine (*General Internal Medicine and Geriatrics*)

Arthur Hayward, MD, Private Practice, Kaiser Permanente, Portland

Shyam Joshi, MD, Assistant Professor of Medicine (*Allergy and Clinical Immunology*)

Kerry Kuehl, MD, Professor of Medicine (*Health Promotion & Sports Medicine*)

Cara Levin, MD, House Officer, Internal Medicine (*General Internal Medicine & Geriatrics*)

David Mansoor, MD, Associate Professor of Psychiatry, OHSU and VA Portland Health Care System

Emily Morgan, MD, Assistant Professor of Medicine (*General Internal Medicine & Geriatrics*)

Babak Nazer, MD, Assistant Professor of Medicine (*Cardiovascular Medicine*)

Vinay Prasad, MD, MPH, Associate Professor of Medicine, Knight Cancer Institute

Joseph Shatzel, MD, Assistant Professor of Medicine (*General Internal Medicine & Geriatrics*)

Chris Terndrup, MD, Assistant Professor of Medicine (*General Internal Medicine & Geriatrics*)

Steve Wahls, MD, Assistant Professor of Family Medicine

Craig Williams, PharmD, Affiliate Associate Professor of Family Medicine; Professor of Clinical Pharmacy, OSU College of Pharmacy

Cezary Wojcik, MD, PhD, Assistant Professor of Family Medicine