

Moving to Oregon

Information and Resources for Families of Children with
Special Health Needs

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Questions? Contact us.
We're here to help.
1-855-323-6744
www.oregonfamilytofamily.org



This document lists some service agencies that work with children and youth with special health or developmental needs. Your child may not need or be eligible for every service on this list, but these are a good place to start. A few tips:

- It's unlikely that the services you have in your current state will be delivered in the same way in Oregon. Depending on where you move from, you may receive more or fewer services.
- Each county in Oregon may have slightly different procedures and limitations on services. For example, some counties have waiting lists for services while others do not. Not sure of the name of your new county? This website can help: <http://bluebook.state.or.us/local/cities/ad/index.htm>
- If you are flexible about what county you can live in, you can call more than one county and compare services and systems. Depending on where you live in the Portland metropolitan area, you could be in one of three different counties, each with slightly different service systems.
- Before you move, contact the agencies you may need and ask to talk with a supervisor or manager from that program. Tell them about your child's diagnosis and support needs. Ask all of the questions you have, take good notes and write down the name of the person you talked to. With this information, it will be easier to hit the ground running when you arrive.
- Unlike some states, Oregon does not have "one-stop" or centralized care coordination services. Your child may have a care coordinator through your doctor's office, one through the health department, one through the insurance plan, and one through the developmental disabilities system. It sounds complicated, but we can help you navigate the new system!

Health Care

Doctors

To find a pediatrician or other health provider before your move, try searching these websites. Bear in mind that some Oregon counties do not have any pediatricians or pediatric specialty clinics.

[Oregon Medical Board Licensee Search by county/specialty](#)

[Oregon Medical Association Physician Finder](#)

[American Medical Association Doctor Finder](#)

Children's Hospitals

Oregon has three children's hospitals, all located in the Portland Metropolitan area.

[Doernbecher Children's Hospital](#)

[Shriners Hospital](#)

[Randall Children's Hospital](#)

Other Oregon Hospitals

[Rural Hospitals](#)

[Critical Access Hospitals](#)

Health Clinics

These clinics may be available to your entire family while you get connected to health care and insurance.

[Rural Health Clinics](#)

[Federally Qualified Health Centers](#)

The Federally Qualified Health Center in your community is: [Fill in FQHC Here](#)

Pediatric Rehabilitation and Specialty Clinics

This is a partial list. Other pediatric rehabilitation and specialty clinics exist in other communities.

[OHSU Child Development and Rehabilitation Centers](#) (Eugene/Portland)

[Providence](#) (Portland, Oregon City, Newberg)

[PEDAL Clinic, St Charles Hospital](#) (Bend)

[Shriners Hospital](#) (Portland)

[Salem Health](#) (Willamette Valley)

[Legacy Health](#) (Portland Metro – Oregon’s sole pediatric physiatry center)

Speech, Physical, Behavioral, and Occupational Therapists

Licensed therapists with pediatric experience work in all parts of Oregon, although residents of some communities may have to travel outside of their hometown. These websites list licensed therapists:

[Speech Language Pathology and Audiology](#) (search by city name)

[Physical Therapists](#) (search by “Oregon” to see all cities in alpha order)

[Occupational Therapists](#) (search by city name)

[Behavior Analysts](#) (search by Behavior Analysis Board/Licensee Name)

Dental Clinics

There are two dental clinics co-located in hospitals that specifically serve children with special health care needs. Of course, there are qualified dentists in many other Oregon communities who also have experience with special needs.

[Providence Specialty Pediatric Dental Clinic](#)

[OHSU Pediatric Dental Program at Doernbecher Hospital](#)

Insurance: Public (Oregon Health Plan/Medicaid) or Privately Paid

1-877-314-5678 www.oregonhealthcare.gov

Oregon is a great state for kids' health insurance! It has a "one stop shop" to find out what kind of insurance your child qualifies for, and to buy a private policy if you need to. If you want to find someone in your county to help you with the application, or to learn more about eligibility for the Oregon Health Plan, go to <http://healthcare.oregon.gov/Pages/find-help.aspx> Read more about the Oregon Health Plan [here](#).

Coordinated Care Organizations (CCOs)

If your child is eligible for OHP (Medicaid) he or she will be enrolled in one of the Oregon's 16 Coordinated Care Organizations. CCOs provide health, mental health, and dental care.

Each CCO is required to have an Intensive Care Manager (sometimes called an Exceptional Needs Care Coordinator) to help families of kids with complex conditions coordinate their care. If your child is frequently hospitalized, has many specialists, or takes multiple medications, you will want to talk to your CCO to find out more about getting an ICM.

The CCO for your community is: Health Share <http://www.healthshareoregon.org/for-members>

Disability Services

Respite Care

Some children will qualify for respite care through mental health or developmental disability Oregon programs, but parents generally have to find their own providers and manage the paperwork. *If respite care is vital to your family*, be sure to mention it early on to the programs you talk to. Families may also hire their own qualified respite providers through the Oregon Home Care Commission: <https://or-hcc.org/>

Respite Care for Medically Fragile Children and Youth up to age 21

[Center for Medically Fragile Children](#)

Community Developmental Disabilities Programs

Ask for “Intake” or “Eligibility”

Clackamas County 503-557-2824

Multnomah County 503.988.6258

Washington County 503-846-4737

In Oregon, parents call this program “DD Services” for short. Your child may be eligible to receive assistance through DD Services if they are significantly impaired in daily functioning. Most likely, if your child is eligible for developmental disability services in your home state, they will be eligible in Oregon, *but you must still go through the eligibility process*. This process can take a few weeks, so you be sure you have all of your records handy. Ask your current case manager to work with you and your new Oregon CDDP through the transition process. [Read more here.](#)

Children’s Intensive In-Home Services:

Medically Fragile/Medically Involved/Intensive Behavior Programs

971-673-3096 <http://www.oregon.gov/dhs/DD/pages/children/in-home.aspx>

Your child may qualify for services such as home nursing or respite in one of these three “Medicaid Waiver” programs. CIIS is Oregon’s version of the Katie Beckett waiver you may be familiar with in your state. There may be a waiting list for the **Medically Involved Program**, and *you must be referred by your case manager* from the Community Developmental Disabilities Program (above).

If your child is **technology-dependent**, he or she will probably qualify for the **Medically Fragile** program, and *there is no waiting list*. You may contact the CIIS program before you arrive in Oregon, but be prepared that you may have to wait for a few weeks to determine eligibility.

If your child has intensive **behavioral needs** and you have problems keeping him or her or other members of the family safe, he may qualify for the **Behavior Program**. Your child must be receiving services through the Community Developmental Disabilities Program in order to be considered for this program. There will likely be a waiting list for these services.

TIP: Ask your current health plan or case manager in your home state to help you in the eligibility process for these Intensive In-home Services.

Schools and Special Education Services

Early Intervention for aged birth to 5

Find your county here <https://www.ddouglas.k12.or.us/wp-content/uploads/2014/05/English-Do-you-have-concerns.pdf>

Special Education: Kindergarten through 12th Grade

Call your local ESD

Special Education in Oregon is coordinated through one of 19 Education Service Districts (ESDs). The ESDs publish Special Education “report cards” for many districts. They are available to view at <http://www.ode.state.or.us/data/reportcard/sped/default.aspx?Type=D&Language>

If you do not know the name of the school district you are moving to, contact the State Office of Education at 503-947-5600.

Support for Families

Parent Support (Health)

[Oregon Family to Family Health Information Center](#)

503-494-0865 (outside of Oregon)

855-323-6744 (in Oregon)

Our Parent Partners are available to help you find support groups, get more information on your child’s diagnosis, and be a listening ear. Call and leave a message, and someone will get back to you within two days. They can provide information on your child’s diagnosis too.

Parent Support (Education)

[FACT Oregon \(Parent Training and Information Center\)](#) 1-888-988-3228

Talk with a trained parent about IEPs, 504 plans, and all things special education. Also offers community activities for families, information, and more.

Parent Support (Recreation, Community Events, etc.)

Autism Society of Oregon

Provides a calendar of events for children with any special health needs and a list of support groups.

<http://autismsocietyoregon.org/support/support-groups-by-region/>

More information can be found at the [Oregon Family to Family Health Information website](#). Contact them for this guide for any county in Oregon.

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