

# Posterior Urethral Valves

Posterior Urethral Valves is a birth anomaly of the urethra in boys. The urethra is the tube that connects the bladder, which stores urine, or pee, to the tip of the penis. Urethral valves are small flaps on the inside of the urethra. In this condition, the valves partly block the tube, and urine can't flow normally from the bladder. The urine backs up and can damage all of the urinary tract organs including the urethra, bladder, ureters, and kidneys. To learn more about congenital posterior urethral valves, please visit the Stanford Children's Hospital website (tinyurl.com/y7rkyptq).

## Resources for families

#### Northwest support resources

- Oregon Family to Family Health Information Center tinyurl.com/ycwhffwc
- Washington Parent to Parent (P2P)
  Programs
  tinyurl.com/yaucv2mk

#### National/international/online resources

- PUVs Organization tinyurl.com/ybvpg8zq
- MedWonders Support Group tinyurl.com/yamskjnd
- PUV Group for Parents in Australia [Facebook] tinyurl.com/y7kfscto

#### Information for you and your care team

- Report at Boston Children's Hospital tinyurl.com/ycs6atg2
- Report at CHOC Children's tinyurl.com/y7zjvuak
- Report at Stanford Children's Health tinyurl.com/y7rkyptq

#### **Family stories**

- PUVS Personal Stories tinyurl.com/yajqslzd
- Theo's Story tinyurl.com/y8mj65et

#### Clinical trial information

- Children and Clinical Studies tinyurl.com/y75s4twm
- Find an approved clinical trial tinyurl.com/zp3jesq

### Insurance information and help

- Getting insurance for children (OR) tinyurl.com/ydfaaeoy
- Getting insurance for children (WA) tinyurl.com/yca9lkey
- Understand your health insurance tinyurl.com/ychy6qnz
- General/Oregon Health Plan Questions: 855-323-6744

#### Other resources

- Helpful tips for families at PUVs Organization tinyurl.com/yb4p9xvn
- Youth Rally Camp tinyurl.com/y9jrcvgl
- Children's G-Tube Book tinyurl.com/yazk6f6c

#### Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search tinyurl.com/y9t2jwcx