

Coarctation of the Aorta

Coarctation of the Aorta (pronounced koh-ark-TEY-shun of the ey-OHR-tah) is a congenital heart defect (the baby is born with it) in which a part of the aorta, the tube that carries oxygen-rich blood from the heart to the body, is narrower than usual. The defect occurs when a baby's aorta does not form correctly as the baby grows and develops during pregnancy. It is estimated that about four out of every 10,000 babies are born each year in the United States with coarctation of the aorta. The cause of this condition is not known. For more information about AVSD see the Centers for Disease Control and Prevention's website (tinyurl.com/y7u3arkm).

Resources for families

Northwest support resources

- Children's Heart Foundation (OR)
tinyurl.com/yclkmhgr
- Pediatric Congenital Heart Association (WA)
tinyurl.com/yba3yhlw
- Mended Little Hearts - Portland [Facebook]
tinyurl.com/y9zskzll

National/international/online resources

- American Heart Association (AHA) Support Network for Congenital Heart Defects (CHD)
tinyurl.com/y9zjth92
- Mended Hearts
tinyurl.com/7wppot4
- Little Hearts - Parent Matching Program
tinyurl.com/y7wuh4yc
- Children's Heart Foundation (CHF)
tinyurl.com/ptkqdj
- Congenital Heart Info Network [Facebook]
tinyurl.com/y8oxl67t

Information for you and your care team

- AHA - Coarctation of the Aorta [PDF]
tinyurl.com/ycqr9mw7
- AHA - Fact sheets and other tools
tinyurl.com/kex96bk
- AHA - Portable medical information
tinyurl.com/ydye5u4s
- NIH Library of Medicine
tinyurl.com/aot8rx

Family stories

- AHA Family Stories
tinyurl.com/y8j578ny
- Little Hearts Stories of Hope
tinyurl.com/y8cze7em
- CDC - Nicholas's and Shandler's Story
tinyurl.com/ybc4ez39

Clinical trial information

- Children and Clinical Studies
tinyurl.com/y75s4twm
- Find an approved clinical trial
tinyurl.com/zp3jesq

Insurance information and help

- Getting insurance for children (OR)
tinyurl.com/ydfaeeoy
- Understand your health insurance
tinyurl.com/ychy6qnz
- General/Oregon Health Plan
Questions: 855-323-6744

Other resources

- CHF - *It's My Heart* - free resource book
tinyurl.com/ybyp9goh
- AHA Web Booklet - *If Your Child Has a Congenital Heart Defect*
tinyurl.com/ycgu5mzw
- Merry Heart Children's Camp
tinyurl.com/yaml6cma
- Summer camps for kids with CHD (outside OR)
tinyurl.com/y9awy2gy
- NIH - Miscellaneous tip sheets for children, teens and families
tinyurl.com/y86ofx4e
- CDC - Five Things you Need to Know about CHD [PDF]
tinyurl.com/yavg6fn2

Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search
tinyurl.com/y9t2jwcx