Diaphragmatic Hernia

Diaphragmatic Hernia (di-aphrag-matic h-er-nia) is a birth defect where there is a hole in the diaphragm (the large muscle that separates the chest from the abdomen). Organs in the abdomen (such as intestines, stomach, and liver) can move through the hole in the diaphragm and upwards into a baby's chest. When an organ pushes through the hole, it is called a hernia. A diaphragmatic hernia can prevent the baby's lungs from developing completely. This causes breathing difficulties for the baby at birth. To learn more about Diaphragmatic Hernia, go to the CDC website (tinyurl.com/ycdlw5xk).

Resources for families

Northwest support resources

- Ladybug CDH Foundation
  tinyurl.com/y7vcgsru
- Oregon Family to Family Health Information Center
  tinyurl.com/ycwhffwc
- Washington Parent to Parent (P2P) Programs
  tinyurl.com/yaucv2mk

National/international/online resources

- Cherubs
  tinyurl.com/yau7ca2x
- Breath of Hope
  tinyurl.com/yanla232

Information for you and your care team

- Fact Sheet - Children's Hospital of Philadelphia
  tinyurl.com/yda2htq6
- Prenatal Surgery for Diaphramatic Hernias - Children's Hospital of Philadelphia
  tinyurl.com/y7xc3djh

Family stories

- Patient Stories - Children's Hospital of Philadelphia
  tinyurl.com/y7ruuhyn
- Orange Socks
  tinyurl.com/ycgxmwx5
- Bennet's Story
  tinyurl.com/y7qba2xv

Clinical trial information

- Children and Clinical Studies
  tinyurl.com/y75s4twm
- Find an approved clinical trial
  tinyurl.com/zp3jesq

Insurance information and help

- Getting insurance for children (OR)
  tinyurl.com/ydfaaeoy
- Getting insurance for children (WA)
  tinyurl.com/yca9lkey
- Understand your health insurance
  tinyurl.com/ychy6qnz
- General/Oregon Health Plan Questions: 855-323-6744

Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search
  tinyurl.com/y9t2jwcx

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