

Limb Deficiencies

Congenital limb deficiencies occur when any part or all of an upper or lower limb does not form normally when the baby develops in the uterus. This can also be called a “limb reduction” because the arm, hand, leg, or foot is reduced from its normal size, or is missing. The causes of limb deficiencies are usually unknown, but they have been related to exposure to certain chemicals, medications, or viruses during pregnancy.

Resources for families

Northwest support resources

- Oregon Family to Family Health Information Center
tinyurl.com/y8ed6er5
- Washington Parent to Parent (P2P) Programs
tinyurl.com/yaucv2mk

National/international/online resources

- Lucky Fin Project
tinyurl.com/y9qt5p5k
- Helping Hands Foundation
tinyurl.com/ya4smqsy
- Reach
tinyurl.com/yafwwmg8
- International Child Amputee Network
tinyurl.com/yaxlsro9

Information for you and your care team

- Resources to Help Children Understand Limb Loss - Amputee Coalition
tinyurl.com/y7ceb84

Family stories

- Patient stories - Children's Healthcare of Atlanta
tinyurl.com/ycztae3y
- Empowered stories - Hanger Clinic
tinyurl.com/yc9kr8tu

Clinical trial information

- Children and Clinical Studies
tinyurl.com/y75s4twm
- Find an approved clinical trial
tinyurl.com/zp3jesq

Insurance information and help

- Getting insurance for children (OR)
tinyurl.com/ydfaeeoy
- Getting insurance for children (WA)
tinyurl.com/yca9lkey
- Understand your health insurance
tinyurl.com/ychy6qnz
- General/Oregon Health Plan Questions: 855-323-6744

Other resources

- inMotion - Free magazine for amputees and those with limb differences
tinyurl.com/ybqov9uk
- Camp No Limits
tinyurl.com/ycrr5r4y
- Forever Footprints - Shriners International
tinyurl.com/yaccjkr3
- The Parents' Guide to Lower Limb Deficiency - STEPS [PDF]
tinyurl.com/y89htk4g
- Oregon Adaptive Sports
tinyurl.com/y7y65ouu
- Device Loan Library - Access Technologies
tinyurl.com/yaayygwy

Books for parents and children

- Bibliography available by calling the Oregon Family to Family Health Information Center at 855-323-6744
- Swindells' online library search
tinyurl.com/y9t2jwcx