

# Resident access to healthcare

## *How to find a primary care provider*

**Residents and fellows are 47% less likely than their cohorts to have a PCP**

*We can do better!*

### **Finding a provider**

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To ensure access to care, OHSU House Officers Association has compiled a list of clinics at OHSU. Clinic information is listed on the reverse page and is also available online at [www.ohsu.edu/gme](http://www.ohsu.edu/gme), under the current residents & fellows section.

### **Special accomodation for residents and fellows**

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- Each department listed on the reverse page has agreed to facilitate scheduling resident appointments.
- They will open up many otherwise-closed faculty schedules to residents and fellows.
- To schedule an appointment, please call your chosen clinic directly (see reverse page for details).
- Identify yourself as a resident/fellow when you call the clinic.
- If you encounter problems, a contact person is provided for each department who will generally be available to assist during regular business hours.

### **Preventive and Urgent Care**

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- You don't need to have a problem to establish care. Get to know your doctor now, so that you have a support system in place when you need it!
- Please use your designated ½-day off per quarter to schedule preventive care appointments 4-6 weeks in advance. Advanced planning is especially important if you wish to be seen by faculty.
- For urgent needs, all clinics have daily openings — they cannot guarantee that you will be seen by your PCP or even by faculty, but they can ensure quick access to excellent care!

### **Patient Registration**

503 494-8505

If you are choosing to be seen at OHSU, you must be registered before you can be seen in clinic. Patient Registration is available 7:30 a.m. to 8:00 p.m.

### **Resident Wellness**

503 494-1208

Confidential and free coaching and counseling available Monday - Friday, 9 a.m. to 6 p.m.

E-mail [moffitm@ohsu.edu](mailto:moffitm@ohsu.edu) to schedule an appointment.

If urgent, please call 503 330-7880.

OHSU House Officer Association &  
Graduate Medical Education

For more information visit: [www.ohsu.edu/gme](http://www.ohsu.edu/gme)



# Providers at OHSU

## Family Medicine

Family Medicine's range of care includes pediatrics, well woman, maternity/prenatal, adult, geriatrics, sports, integrative/alternative and travel medicine, as well as performing office procedures. They have 4 clinics, each with a pharmacy and lab on site.

*Department Contact:* Jason Johnson, johnsjas@ohsu.edu

### South Waterfront Clinic

Center for Health and Healing, 9th Floor  
503 494-8573  
Mon-Fri 7 a.m. – 8 p.m., Sat 9 a.m. – 1 p.m.

### Richmond Clinic

3930 SE Division St, Portland, OR 97202  
503 418-3900  
Mon-Fri 8 a.m. – 8 p.m., Sat 9 a.m. – 1 p.m.

### Gabriel Park Clinic

4411 SW Vermont, Portland, OR 97219  
503 494-9992  
Mon-Thu 8 a.m. – 8 p.m., Fri 8 a.m. – 5 p.m.,  
Sat 9 a.m. – 1 p.m.

### Scappoose Clinic

51377 Old Portland Road, Scappoose, OR 97056  
503 418-4222  
Mon-Thu 7:30 a.m. – 8 p.m., Fri 7:30 a.m. – 5 p.m.,  
Sat 8:30 a.m. – 1 p.m.

## Dental

Provided by Moda, Kaiser, or Willamette Dental

[www.modahealth.com](http://www.modahealth.com)  
[kaiserpermanentedentalnw.org](http://kaiserpermanentedentalnw.org)  
[www.willamettedental.com](http://www.willamettedental.com)

## Vision

Provided by Vision Service Plan (VSP)

[www.vsp.com](http://www.vsp.com)

## Non-OHSU Sites

OHSU PPO pays 60% for non-OHSU providers  
250 PPO pays 80% for non-OHSU providers

## Internal Medicine

Internal medicine offers longitudinal, comprehensive care to adults from health screening and prevention to care of complex, chronic illnesses over time.

*Department Contact:* Sophie Zaffina 503 418-8489

### Internal Medicine Clinic

3rd Floor Physician's Pavilion, Suite 350  
503 494-8562  
Mon-Thu 7:30 a.m. – 6 p.m.  
Fri 7:30 a.m. – 5:30 p.m.  
Phone Hours Mon-Fri 8 a.m. - 5:30 p.m.

## OB-GYN

The Center for Women's Health offers comprehensive women's care, including gynecology, obstetrics, fertility services and integrative medicine

*Department Contact:* Brenda Mitchell 503 418-4500, Mon-Fri

### Center for Women's Health

Kohler Pavilion, 7th Floor  
503 418-4500  
Mon-Fri 7:40 a.m. – 5 p.m.

## Pediatrics

The Pediatric and Adolescent Health Clinics offer well-child care, immunizations, care and treatment for acute and chronic illnesses and injuries, minor emergency care, management of behavioral concerns, sports physicals, adolescent health care, and women's health services for adolescent girls.

*Department contact (Marquam Hill):* Cindy Harris 503 418-5701  
*Department contact (Westside):* Mimi Cavanaugh 503 418-2494

### General Pediatric Clinic

Doernbecher Children's Hospital, 7th Floor, at the deer  
503 418-5700  
Mon - Fri 9 a.m. – 5 p.m.  
Sat 9 a.m. – 12 p.m.

### Adolescent Health Clinic

Doernbecher Children's Hospital, 7th Floor, at the deer  
503 418-5700  
Mon - Fri 9 a.m. – 5 p.m.

### Doernbecher Specialty Pediatrics – Westside

15220 NW Laidlaw, Suite 100  
Phone: 503 418-2000  
Mon-Thu 8:00 a.m. – 6 p.m., Fri 8:00 a.m. – 5 p.m.  
Sat 9 a.m. – 1 p.m.

Links to clinic Web sites • Additional Resources

Visit [www.ohsu.edu/gme](http://www.ohsu.edu/gme)

Click on Current Residents & Fellows  Access to Care