

## COURSE INFORMATION

This continuing medical education activity focuses on the reality that many pediatric mental health issues are managed by general pediatricians, family physicians and others that provide primary care for children and adolescents. Difficulty in accessing mental health specialty care has led to an increase in psychiatric treatment in the offices of primary care providers.

The target audience for this conference is family physicians, pediatricians, nurse practitioners, physician assistants and other providers of pediatric and adolescent care.

At the conclusion of this activity, participants will be able to:

- Describe the epidemiology of selected common pediatric psychiatric disorders seen in the primary care clinic
- Identify and differentiate the clinical presentation of selected common pediatric psychiatry disorders seen by the primary care provider
- Formulate an approach to diagnosis of selected pediatric psychiatric disorders
- Select and implement a treatment plan involving non-pharmacologic and pharmacologic interventions, including when to refer to a mental health provider

## CREDIT

Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians

**American Medical Association:** Oregon Health & Science University School of Medicine designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Pharmacology Instruction:** This activity includes 1.75 hours of pharmacology instruction.



## Friday, March 8, 2019

7:15	<b>Registration and Continental Breakfast</b>
8:00	<b>Welcome and Introduction to the Course</b> – Linda Schmidt, MD
8:05	<b>Diagnosis and Treatment of Substance Use Disorders in Adolescents</b> – Ana Hilde, MD, MPH
8:55	<b>Substance Use and the Adolescent Brain</b> – Bonnie Nagel, PhD
9:45	<b>Question/Answer Panel</b>
10:10	<b>BREAK</b>
10:25	<b>Evidence-based Assessment and Diagnosis in ADHD</b> – Sara Karalunas, PhD
11:15	<b>Evidence-based Treatment and Psychopharmacology in ADHD</b> – Jay Kothari, MD
12:05	<b>Question/Answer Panel</b>
12:25	<b>LUNCH</b>
1:15	<b>Children, Adolescents and Media</b> – Craigan Usher, MD
2:05	<b>Gender Affirming Care in the Pediatric Environment</b> – Amy Penkin, MSW, LCSW
2:55	<b>Question/Answer Panel</b>
3:15	<b>BREAK</b>
3:30	<b>The Assessment and Management of Pediatric Insomnia</b> – Kyle Johnson, MD
4:25	<b>Question/Answer</b>
4:45	<b>ADJOURN</b>

## PROGRAM PLANNERS

**Chair: Linda Schmidt, MD,** Assistant Professor of Psychiatry (Child and Adolescent Psychiatry)

**Leslie Doering,** Educational Activities Manager, Division of Continuing Professional Development

OHSU is an equal opportunity, affirmative action institution.

## GENERAL INFORMATION

**Location:** The course will be held at the Oregon Medical Association Building, OMEF Conference Center, 11740 SW 68th Parkway, Portland OR.

**Accommodations:** The nearest hotel to the OMA Building is Crowne Plaza Portland-Lake Oswego at 14811 Kruse Oaks Drive, Lake Oswego, OR. The Crowne Plaza has a shuttle that serves the OMA. For more accommodation options visit the course website: [www.ohsu.edu/som/cme](http://www.ohsu.edu/som/cme)

**Tuition/Registration:** Tuition for this activity is \$215 through February 28th or \$255 on or after March 1st. To help meet administrative costs, a \$35 service charge will be assessed on refund requests received by February 27th; no refunds can be issued after that date. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

**Additional Information:** For more information or if you have a disability and require assistance to participate in the conference, please contact the Division of Continuing Professional Development, 503-494-8700 or e-mail us at [cme@ohsu.edu](mailto:cme@ohsu.edu). You may also visit our website at: [www.ohsu.edu/som/cme](http://www.ohsu.edu/som/cme)

## PROGRAM FACULTY

*All faculty are from OHSU*

**Ana Hilde, MD, MPH,** Instructor, Department of Psychiatry, Division of Child and Adolescent Psychiatry

**Kyle Johnson, MD,** Professor of Pediatrics, Division of Child and Adolescent Psychiatry

**Sarah Karalunas, PhD,** Assistant Professor of Psychiatry, Division of Clinical Psychology

**Jay Kothari, MD,** Assistant Professor of Psychiatry, **Bonnie Nagel, PhD,** Professor of Psychiatry, Division of Clinical Psychology

**Amy Penkin, MSW, LCSW,** Program Supervisor, Transgender Health Program

**Craigan Usher, MD,** Associate Professor of Pediatrics, Division of Child and Adolescent Psychiatry

# Registration

## Pediatric Mental Health Update

March 8, 2019

**Tuition: Prior to March 1 \$215.00**  
**On or after March 1 \$255.00**

I have enclosed my check for \$ \_\_\_\_\_

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OHSU Continuing Medical Education

# 2<sup>nd</sup> Annual Pediatric Mental Health Update: Equipping the Primary Care Provider

March 8, 2019  
Oregon Medical Association  
Building  
Portland, Oregon

Sponsored by:

Division of Continuing Professional  
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