

Vendor	Name of Product	Serving Size	Protein (gm)	Phe (mg)	> 1 gram of Protein; Need to Count	Each (EA), units per case
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Baking Mixes

PKU Perspectives	Apple Cinnamon Muffin Mix	1 muffin	0	4 mg	No	EA, or 12 bags per case
Dietary Specialties	Baking Mix	1/3 cup (37 gm)	< 1 gm	2 mg	No	EA, or 6 bags per case
PKU Perspectives	Blueberry Muffin Mix	1 muffin	0	15 mg	No	EA, or 12 bags per case
Dietary Specialties	Bread Machine Mix	1/4 cup (31 gm)	0.1 gm	3 mg	No	EA, or 6 bags per case
Taste Connections	Brownie Mix	1 cup (100 gm)	0.3 gm	11 mg	No	EA, or 11 bags per case
Dietary Specialties	Chocolate Cake Mix	31 gm	0.1 gm	5 mg	No	EA, or 6 boxes per case
Dietary Specialties	Gourmet Cornbread Mix	3 Tbs (33 gm)	1 gm	40 mg	Yes	EA, or 6 boxes per case
Cambrooke	Mixquick	1 cup (100 gm)	0.2 gm	6 mg	No	EA, or 12 bags per case
Taste Connections	Multi-baking Mix	1 cup (100 gm)	0.3 gm	11 mg	No	EA, or 11 bags per case
Dietary Specialties	Vanilla Cake Mix	31 gm	0.1 gm	5 mg	No	EA, or 6 boxes per case
Taste Connections	Versa Baking Mix	1 cup (100 gm)	0.3 gm	17 mg	No	EA, or 11 bags per case
Cambrooke	Wel-Made Baking Mix	1 cup (100 gm)	0.3 gm	6 mg	No	EA, or 12 bags per case
Taste Connections	Wheat Starch Baking Mix	1 cup (100 gm)	0.2 gm	4 mg	No	EA, or 11 bags per case

Bread

Ener-G Foods Inc	Rice Starch Loaf	1 slice (41 gm)	0 gm	7 mg	No	EA, or 6 loaves per case
Cambrooke	Tortilla Wraps	1 tortilla (53 gm)	0.2 gm	4 mg	No	EA, or 16 bags per case

Cereals

Cambrooke	CBF Malt-O-Meal Coco Roos	1 bowl (24 g)	0.8 gm	43 mg	Yes	EA, or 16 bowls per case
Cambrooke	CBF Malt-O-Meal Frosted Flakes	1 bowl (28 g)	1 gm	56 mg	Yes	EA, or 16 bowls per case
Dietary Specialties	Porridge	1/3 cup (60 g)	0.5 gm	7 mg	No	EA, or 11 bags per case

Frozen Foods						
Cambrooke	American Cheese Singles (2 pack)	1 slice (19 gm)	0.4 gm	20 mg	No	EA, or 24 per case
Cambrooke	Apple Breakfast Bars	1 bar (63 gm)	0.4 gm	22 mg	No	EA, or 15 boxes per case
Cambrooke	Artisan Bread	1/4 boule (56 gm)	0.3 gm	6 mg	No	EA, or 12 per case
Cambrooke	Bagels, French toast (8 bars per bag)	1 bar (53 gm)	0.5 gm	23 mg	Yes	EA, or 12 per case
Cambrooke	Bagels, plain (8 per bag)	1 bagel (53 gm)	0.4 gm	21 mg	No	EA, or 12 per case
Cambrooke	Bigger Bagels, Garlic	1 bagel (81 g)	0.6 gm	34 mg	Yes	EA, or 12 per case
Cambrooke	Bigger Bagels, Plain	1 bagel (81 g)	0.5 gm	32 mg	Yes	EA, or 12 per case
Cambrooke	Blueberry Breakfast Bars	1 bar (71 gm)	0.4 gm	21 mg	No	EA, or 15 boxes per case
Cambrooke	Camburgers (4 patties per box)	1 burger (71 gm)	1 gm	50 mg	Yes	EA, or 12 per case
Cambrooke	Camburgers Buns (8 per bag)	1 bun (80 gm)	0.3 gm	6 mg	No	EA, or 12 per case
Cambrooke	Cheddar Shreds	1/3 cups (30 gm)	0.7 gm	37 mg	Yes	EA, or 12 bags per case
Cambrooke	Cheddar Wizard	2 Tbs (28 gm)	0.8 gm	36 mg	Yes	EA, or 24 per case
Cambrooke	Cheese Pizza (3 per box)	1 pizza (139 gm)	1 gm	44 mg	Yes	EA, or 10 boxes per case

Cambrooke	Cheese Ravioli	4 raviolis (54 gm)	0.4 gm	17 mg	No	EA, or 12 boxes per case
PKU Perspectives	Chicken Patties	1 patty (61g)	0 gm	15 mg	No	EA, 12 packages per case
Cambrooke	Cinnamon Raisin Swirl Bread	1 slice (50 gm)	0.2 gm	14 mg	No	EA, or 15 loaves per case
Cambrooke	Corny Dogs	1 dog (50 gm)	0.3 gm	13 mg	No	EA, or 12 boxes per case
Cambrooke	Cream Cheese - Plain	1 container (8 oz)	0.5 gm	26 mg	Yes	EA, or 24 containers per case
Cambrooke	GO! Pockets - Burrito	1 pocket (130 gm)	0.9 gm	26 mg	Yes	EA, or 12 boxes per case
Cambrooke	Homestyle White Sliced Bread	1 slice (50 gm)	0.1 gm	5 mg	No	EA, or 15 loaves per case
Cambrooke	Lynn's Enchiladas	1 tray (255 gm)	2.0 gm	82 mg	Yes	EA, or 12 boxes per case
Cambrooke	Mini Pockets - PB & J	2 pockets (86 gm)	0.5 gm	27 mg	Yes	EA, or 12 boxes per case
Cambrooke	Mini Pockets - Pizza	2 pockets (84 gm)	0.7 gm	35 mg	Yes	EA, or 12 boxes per case
Cambrooke	Pea Not Butter Spread	2 Tbs (28 gm)	0.7 gm	31 mg	Yes	EA, or 24 tubs per case
Cambrooke	Pita Pockets (6 per bag)	1/2 pita (45 gm)	0.3 gm	5 mg	No	EA, or 12 bags per case
Cambrooke	Portobella Spinach Ravioli	4 raviolis (56 gm)	0.6 gm	21 mg	Yes	EA, or 12 boxes per case
Taste Connections	Pumpkin Cranberry Bread	1/12th loaf	0.4 gm	16 mg	No	EA, or 13 loaves per case
Cambrooke	Swiss Cheese Singles (2 pack)	1 slice (19 gm)	0.4 gm	20 mg	No	EA, or 24 bags per case
Cambrooke	Tuscan Pizza Crusts (4 per bag)	1/4 crust (52 gm)	0.3 gm	5 mg	No	EA, or 18 bags per case
Cambrooke	Tweekz	3 nuggets (96 gm)	1 gm	48 mg	Yes	EA, or 12 boxes per case
Cambrooke	Veggie Meatballs	2 meatballs (64 gm)	1 gm	30 mg	Yes	EA, or 12 boxes per case

Desserts

Taste Connections	Apple Chunk Cranberry Cookies	1 cookie (25 gm)	0.1 gm	3 mg	No	EA, or 10 boxes per case
Cambrooke	Butterscotch Cookies	1 cookie (35 gm)	0.1 gm	4 mg	No	EA, or 10 boxes per case
Dietary Specialties	Chocolate Chip Cookies	2 cookies (28 gm)	0.2 gm	8 mg	No	EA, or 6 boxes per case

Cambrooke	Peanut Butter Chocolate Chip Cookies	1 cookie (35 gm)	0.2 gm	6 mg	No	EA, or 10 boxes per case
Cambrooke	Sugar Cookie Mix	19g mix (1 cookie)	0	1mg	No	EA, or 10 bags per case

Soups

PKU Perspectives	Country Sunrise Cheesy Broccoli Potato	1 cup	1 gm	52 mg	Yes	EA, or 36 bowls per case
PKU Perspectives	Country Sunrise Chinese Noodle	1 cup	2.8 gm	51 mg	Yes	EA, or 36 bowls per case
PKU Perspectives	Country Sunrise Creamy Tomato Basil	1 cup	2.8 gm	51 mg	Yes	EA, or 36 bowls per case
PKU Perspectives	Country Sunrise Mushroom Stroganoff	1 bowl	2 gm	47 mg	Yes	EA, or 36 bowls per case
PKU Perspectives	Country Sunrise Vegetable Garden	1 cup	2 gm	49 mg	Yes	EA, or 36 bowls per case
Cambrooke	Instant Noodle Soup - Beef	1 packet	1 gm	23 mg	Yes	EA, or 12 boxes per case
Cambrooke	Instant Noodle Soup - Chicken	1 packet	1 gm	26 mg	Yes	EA, or 12 boxes per case

Sauces and Cooking Mixes

Cambrooke	Alfredo Sauce	1 Tbs (8 gm)	0.3 gm	13 mg	No	EA, or 12 tubes per case
Cambrooke	Chicken Consomme	1 Tbs (3 gm)	0.3 gm	1 mg	No	EA, or 12 tubes per case
Cambrooke	Chicken Patty Mix	1/4 cup (35g)	0.5 gm	18 mg	Yes	EA, or 12 bags per case
PKU Perspectives	Country Sunrise Imitation Eggs Mix	1 1/2 Tbs (14 gm)	0 gm	6 mg	No	EA, or 6 bags per case
PKU Perspectives	Country Sunrise Mushroom Burger Mix	N/A	0 gm	12 mg	No	EA, or 6 bags per case
PKU Perspectives	Country Sunrise Southwest Burger Mix	N/A	0 gm	13 mg	No	EA, or 6 bags per case
PKU Perspectives	Country Sunrise Vegetable Hot Dog Mix	N/A	1 gm	33 mg	Yes	EA, or 6 bags per case

Cambrooke	Eggz	1/4 cup (16 gm)	0.1 gm	6 mg	No	EA, or 12 bags per case
Dietary Specialties	Peanut Butter	2 Tbs (35gm)	0.1 gm	8 mg	No	EA, or 6 tubs per case
Cambrooke	Sausage Patty Mix	1/4 cup dry (28 gm)	0.8 gm	21 mg	Yes	EA, or 12 bags per case
Cambrooke	Shake 'N Cheese	1 Tsp (3 gm)	0.1 gm	5 mg	No	EA, or 12 tubes per case

Pasta & Rice

Cambrooke	Aproten Ditalini	62 gm - dry	0.3 gm	17 mg	No	EA, or 12 bags per case
Cambrooke	Aproten Rigatini	62 gm - dry	0.3 gm	17 mg	No	EA, or 12 bags per case
Dietary Specialties	Imitation Macaroni and Cheese	1/3 package (57 gm)	0.2 gm	11 mg	No	EA, or 6 bags per case
Dietary Specialties	Imitation Rice	1/3 cup (60 gm)	0.5 gm	7 mg	Yes	EA, or 6 bags per case
Cambrooke	Pasta Duets-Creamy Garlic & Broccoli Rice	66 gm - dry	0.6 gm	29 mg	Yes	EA, or 12 boxes per case
Cambrooke	Pasta Duets - Instant Stivaletti Alfredo	66 gm - dry	0.6 gm	24 mg	Yes	EA, or 12 boxes per case

Cambrooke	Pasta Duets- Macaroni and Cheese	2.3 oz - dry	0.5 gm	25 mg	Yes	EA, or 12 boxes per case
Cambrooke	Pasta Solo – Elbows	1/2 cup (60 gm)	0.1 gm	8 mg	No	EA, or 12 boxes per case
Cambrooke	Short Grain Rice (2 lb bag)	50 gm - dry	0.3 gm	11 mg	No	EA, or 10 bags per case
Dietary Specialties	Spanish Rice	1 package (68 gm)	0.9 gm	18 mg	Yes	EA, or 4 bags per case

Snacks

Taste Connections	Bacon Bits	28 gm	N/A	14 mg	N/A	EA, or 11 bags per case
Cambrooke	Crackers	9 crackers (14g)	0.3 gm	10 mg	No	EA, or 12 boxes per case
Cambrooke	Savory Cracker Thins	2 cracker thins (14 gm)	0.3 gm	14 mg	No	EA, or 12 boxes per case

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