



## 2014 Healthy Aging Alliance Conference

# “Harnessing Science and Communities for Healthy Brain Aging”

September 30, 2014

OHSU Doernbecher Vey Auditorium



### PROGRAM DETAILS:

12:30 – 1:00 pm Sign-in

1:00 – 1:15 pm Welcome and Introductions

1:15 – 1:45 pm Keynote Speaker:  
Joe Quinn, MD  
*Preventing Late Life Dementia: What Are We Waiting for?*

1:50 – 2:10 pm Presentation:  
Elizabeth Eckstrom, MD, MPH  
*Is Body Fitness Really Brain Fitness? How Exercise Boosts Brain Power*

2:10 – 2:30 pm Break

2:30 – 3:10 pm Panel Discussion: *The Age Friendly Portland Initiative*  
Margaret Neal, PhD, PSU Institute on Aging  
George Hocker Jr., Office of Commissioner Nick Fish  
Leslie Foren, Elders in Action  
Joyce DeMonnin, AARP Oregon

3:15 – 3:35 pm Research Presentation:  
Rena Bahjat, PhD  
*Strategies to Protect the Brain from Ischemic Injury*

3:45 – 4:45 pm Poster Session and Networking Time  
*(light refreshments will be served)*

### Alliance Co-Chairs

**Elizabeth Eckstrom, MD, MPH**  
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### Alliance Website

[www.ohsu.edu/xd/research/healthy-aging-alliance](http://www.ohsu.edu/xd/research/healthy-aging-alliance)

### Alliance Email

[healthyaging@ohsu.edu](mailto:healthyaging@ohsu.edu)

Hosted by the OHSU Healthy Aging Alliance in Partnership with:

Portland State University's Institute on Aging • The Oregon National Primate Research Center • The Oregon Center for Aging & Technology • The OHSU Brain Institute • Layton Aging & Alzheimer's Disease Center • OHSU's Technology Transfer and Business Development Office • The Oregon Geriatric Education Center

