

# CURRICULUM VITAE

## MEGAN A. PARISH

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Oregon Institute of Occupational Health Sciences  
Oregon Health & Science University  
3181 SW Sam Jackson Park Road  
Portland, OR 97239

*Phone:* 503.494.2532  
*Fax:* 503.494.4278  
*Email:* parish@ohsu.edu

### EDUCATION

**MPH**, Oregon State University, Corvallis, OR  
Health Promotion; Environmental Health and Safety Focus, March 2011  
Magna Cum Laude

**B.A.**, Bowling Green State University, Bowling Green, OH  
Environmental Policy and Analysis, December 2006  
President's Leadership Academy: A 4-year program focused on developing personal leadership style, professional skills, and cultural competency

### PROFESSIONAL EXPERIENCE

2012 to present      Research Associate, Oregon Institute of Occupational Health Sciences, Oregon Health & Science University, Portland, OR  
2011 to 2012      Environmental Health Specialist, Deschutes County Health Department, Bend, OR  
2011      Health Policy Research Intern, Deschutes County Health Department, Bend, OR  
2007 to 2009      Project Assistant, National Environmental Health Science & Protection Accreditation Council, Portland, OR  
2007 to 2009      Project Assistant, Association of Environmental Health Academic Programs, Portland, OR  
2005      Partnership for Clean Air Intern, United States Environmental Project Agency, Washington, D.C.

### PROFESSIONAL ACTIVITIES

Member of Oregon Young Employee Safety Coalition (O[yes]), 2012-present  
Chair of Safety Certification Subcommittee, 2013-present  
Member of O[yes] Video Contest Committee, 2013-present  
Coordinator of Young Worker Interactive Activities, Governor's Occupational Safety and Health Conference, 2013  
Summer Intern Supervisor, Oregon Institute for Occupational Health Sciences, 2012-2014  
Institutional Review Board Interface Beta Tester, Oregon Health & Science University, 2014  
Laboratory Safety Representative (Rohlman Laboratory), Center for Research on Occupational and Environmental Health (CROET) 2012-present  
Tumblr Social Media Developer for PUSH (Promoting U Through Safety and Health), 2012-present

## PUBLICATIONS

Rohlman DS, **Parish M**, Elliot D, Montgomery D, Hanson G. (2013). Characterizing the needs of a young working population: Making the case for total worker health in an emerging workforce. *Journal of Occupational and Environmental Medicine* 55(12):S69-S72. PMID 24284751

**Parish M**. (2011). *Environmental Health Inspections in Long-Term Care Facilities: Exploratory Research and Policy Recommendations*. Master's Thesis, Oregon State University.

**Parish M**, Rohlman DS, Elliot D, Montgomery D. (In Progress). *Total Worker Health™ for Younger Workers: Cohort Characteristics and Factors Associated with Occupational Injuries*.

Elliot DL, Rohlman DS, **Parish M**. (Under review J Med Internet Res 2014). *Focus Groups Move Online: Feasibility of Tumblr Use of e-Health Curriculum Development*.

## PRESENTATIONS

**Parish M**, Rohlman DS, Elliot DL, Lasarev M. (2014). *Developing a Methodology for Identifying and Prioritizing Factors in Young Worker Injuries: A Pilot Study*. Eagleson Institute: 1<sup>st</sup> International Symposium to Advance Total Worker Health™, Washington D.C.

Rohlman DS, **Parish M**, Elliot DL, Jeddelloh L.(2014). *Technology Meets Total Worker Health™: Evaluating an Online Training for Young Workers*. Eagleson Institute: 1<sup>st</sup> International Symposium to Advance Total Worker Health™, Washington D.C.

Leonard K, **Parish M**, Elliot DL, Rohlman DS. (August 2014). *Developing an Integrated Approach to Total Worker Health Trainings: Online vs. Supervisor-Led*. OIOHS Summer Intern Poster Session, Portland, OR.

Nichols H, **Parish M**, McCullough A, Rohlman DS. (August 2014). *Evaluating Educational Programs on Sun Safety for Oregon Young and Future Workers*. OIOSH Summer Intern Poster Session, Portland, OR.

Cheng J, **Parish M**, Williams L, Rohlman DS (August 2014). *Work, Food, and Apprentices: Evaluating an Online Nutrition Training*. OIOSH Summer Intern Poster Session, Portland, OR.

**Parish M**, Elliot DL, Rohlman DS. (May 2014). *Focusing the Scope of Young Worker Health & Safety Interventions: An Investigation into Risk Factors Associated with Occupational Injuries*. OHSU Research Week, Portland, OR.

**Parish M**, Elliot DL, Rohlman DS. (February 2014). *Developing, Evaluating and Disseminating a Total Worker Health™ Curriculum for Young Workers*. Oregon Institute of Occupational Health Sciences Young Investigator Highlight Series, Portland, OR.

Jeddelloh L, **Parish M**, Gurley D, Wipfli B, Elliot D, Rohlman D. (2013). *PUSH: Promoting ALL Young Workers Through Safety and Health*. Center for Research on Occupational and Environmental Toxicology Summer Intern Poster Session, Portland, OR.

**Parish MA**, Serres E, White H, Montgomery D, Rohlman DS, Elliot DL, Hanson GC. (2013) *Protecting a Developing Workforce: Formative Research Findings on a Young Working Population*. Oregon Health & Science University Research Week Poster Session, Portland, OR.

- Rohlman DS, **Parish M**, Serres E, White H, Elliot D, Montgomery D. (2013). *Promoting Safety and Health in Young Employees*. Work, Stress and Health 2013: Protecting and Promoting Total Worker Health, Los Angeles, CA.
- Elliot DL, Rohlman DS, **Parish M**, Serres E, White H, Hanson G, Montgomery D. (2013). *Focus Groups Move Online: First Use of Tumblr for eHealth Curriculum Development*. Society of Behavioral Medicine, San Francisco, CA.
- Parish M**, Serres E, White H, Montgomery D, Elliot D, Rohlman DS. (2012). *Characterizing a Young Working Population: Setting the Groundwork for Health and Safety Interventions*. Oregon Public Health Association, Corvallis, OR.
- Serres E, White H, **Parish M**, Elliot D, Montgomery D, Rohlman DS. (2012). *PUSH: Promoting U through Safety and Health*. Center for Research on Occupational and Environmental Toxicology Summer Intern Poster Session, Portland, OR.
- Serres E, White H, **Parish M**, Elliot D, Montgomery D, Rohlman DS. (2012). *PUSH: Promoting U through Safety and Health*. Oregon Young Employee Safety Coalition (O[yes]) Meeting, Portland, OR.
- Parish M**, Rohlman DS. *Tapped In: Using Social Media to Reach Young Workers*. (2012). OHSU Office of Science Education Opportunities (SOAR) Meeting, Portland, OR.

## **FUNDING**

**Title** Health Promotion and Health Protection in Young Workers

**Dates:** September 2014 to August 2016

**Sponsoring Agency:** CDC/NIOSH Oregon Healthy Workforce Center (ORhwc)

**Principal Investigator:** Rohlman                      **Role:** Project Coordinator

**Main Grant Objective:** This project builds on collaboration with local partners to further assess the effectiveness of a young worker Total Worker Health™ online training. We will assess the organizational and individual-level impacts of the program while we continue to enhance the curriculum, evaluate and disseminate the program to state, regional and national partners.

**Title:** Online Training Modules for Highway Construction Apprentices

**Dates:** November 2013 to July 1, 2015

**Sponsoring Agency:** State of Oregon Bureau of Labor and Industries (BOLI)

**Principal Investigator:** Rohlman                      **Role:** Project Coordinator

**Main Grant Objective:** Develop and evaluate an online training module for highway and bridge construction apprentices on nutrition, healthy food shopping on a budget, and food safety on the construction worksite.

**Title** Health Promotion and Health Protection in Young Workers

**Dates:** September 2011 to August 2014

**Sponsoring Agency:** CDC/NIOSH Oregon Healthy Workforce Center (ORhwc)

**Principal Investigator:** Rohlman                      **Role:** Project Coordinator

**Main Grant Objective:** The overall goal of this translational project is to improve health and reduce the incidence of workplace injury in young workers. We will combine the NIOSH *Talking Safety-Youth at Work* with an evidence-based health promotion training program targeted to high school athletes into an online training format. The project will implement social media strategies for dissemination of information to youth in diverse industries.

## **CONFERENCES, SYMPOSIA & TRAINING**

### *Healthy Workplace Solutions: From Research to Practice*

Oregon Institute of Occupational Health Sciences  
November 7, 2014  
University Place & Conference Center, Portland, Oregon

### *1<sup>st</sup> International Symposium on Total Worker Health™*

National Institute for Occupational Safety and Health (NIOSH)  
October 6-8, 2014  
National Institutes of Health, Washington DC

### *Occupational Health Psychology Summer Institute: Advancing Theory and Practice in the context of Total Worker Health*

Portland State University Occupational Health Psychology Program  
July 16-18, 2014  
Portland State University, Portland, Oregon

### *2014 National Symposium for Corrections Worker Health*

Oregon Health Workforce Center  
July 15, 2014  
Portland State University, Portland, Oregon

### *Sedentary, Stationary and Physically Demanding Work: Health Consequences and Workplace Solutions*

Oregon Institute of Occupational Health Sciences, Oregon Healthy Workforce Center and Oregon Public Health Division  
Thursday, June 5, 2014  
McMenamins - Kennedy School, Portland, Oregon

### *The Changing Employment Relationship and Worker Well-Being*

Center for Research on Occupational and Environmental Toxicology and Portland State University  
Occupational Health Psychology Program  
Friday, November 15, 2013  
University Place, Portland Oregon

### *Sleep and Shift Work: Impact on Health, Safety and Productivity*

Center for Research on Occupational and Environmental Toxicology  
Friday, June 14, 2013  
Oregon Health & Science University, Portland, Oregon

### *Workplace Aggression: Causes, Consequences, and Prevention*

Center for Research on Occupational and Environmental Toxicology and Portland State University  
Occupational Health Psychology  
Friday, November 2, 2012  
University Place, Portland, Oregon

### *68<sup>th</sup> OPHA Annual Conference & Meeting*

Oregon Public Health Association  
October 8-9, 2012  
LaSalle Center, Corvallis, Oregon

*Green Chemistry, Safer Alternatives and Work*

Center for Research on Occupational and Environmental Toxicology and Oregon Health Authority, Public Health

Friday, June 15, 2012

Ambridge Event Center, Portland, Oregon

*67<sup>th</sup> OPHA Annual Conference & Meeting*

Oregon Public Health Association

October 10-11, 2011

LaSalle Center, Corvallis, Oregon