Safety: What’s Health Got to Do With It?

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Why Total Worker Health™?

- Injuries are costly regardless of where they occur—5th leading cause of death.
- Chronic conditions impact frequency and severity.
- Lifestyle and job risks are interdependent.
- Chronic conditions include:
  - Pain
  - Cancer
  - Diabetes
  - Arthritis
  - Cardiovascular disease
Examples of interdependency

- Chemicals and coronary artery disease
- Solvents and noise, balance
- Dust and COPD, asthma, smoking
- Sensory deficits and diabetes
- Risky activities
- Aging workforce
- Presenteeism

Examples of interdependency

Obesity
- Impact of size on ability to work
- Fracture risk
- Delayed recovery
- Risk for chronic conditions

Productivity impact
- Absenteeism
- Presenteeism
Management systems

Personal responsibility

Culture of health and safety

Environment

Training
- Work-life balance
- Fatigue management
- Tobacco, food, exercise policies

Coming to work
- Fit for duty
- Attending training
- Eating well
- Getting exercise
- Reporting

Management and employee involvement and accountability at all levels

Housekeeping
- Hazard control
- Ergonomics
- Food and exercise options
What does that look like at SAIF Corporation?

**Goal: A scalable approach to meet employers where they are.**

Policyholder safety and wellness adviser

- Educate the business community
- Collaborate as a strategic partner
- Explore how we can best help our customers

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**What’s health got to do with it?**

Increasingly, research supports the idea that health plays an important role in worker safety.

**Bottom line: everything**