

Ryan Olson, PhD

Scientist, Oregon Institute of Occupational Health Sciences

**Assistant Professor, Public Health Preventive Medicine
Oregon Health & Science University**



Ryan Olson is an Occupational Health Psychologist who specializes in interventions for lone workers and self-management techniques. He earned his MS and PhD degrees in Industrial-Organizational Psychology and Applied Behavior Analysis at Western Michigan University. His recent projects include the development of a self-monitoring application for iPhone/iPod Touch that was used to promote family supportive supervision among hundreds of supervisors in the Work, Family, and Health Network study. He is also currently leading randomized controlled trials of Total Worker Health™ interventions for truck drivers (SHIFT) and home care workers (COMPASS), and serves as Project Director for the Oregon Fatality Assessment and Control Evaluation (OR-FACE) program.

So You Want to Improve TWH? Critical Principles and Tactics for Creating Organizational and Behavior Change

There are many good reasons to integrate injury prevention with health promotion in organizations. However, sometimes there are good reasons not to integrate these efforts. This talk will recommend guiding principles for deciding when and where to implement a TWH initiative, and also review practical ways to create organizational and behavior changes.