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E. Kevin Kelloway is the Canada Research Chair in Occupational Health Psychology at Saint Mary's University, Halifax Nova Scotia where he also holds an appointment as Professor of Psychology. A prolific researcher, he is a Fellow of the Association of Psychological Science, the Canadian Psychological Association and the Society for Industrial-Organizational Psychology. He is the Associate Editor of both *Work & Stress* and the *Journal of Organizational Effectiveness: People and Performance* and is the Section Editor (Conceptual Reviews) for *Stress & Health* in addition to serving on several other editorial boards. He maintains an active consulting practice working with private and public sector firms on a variety of issues related to leadership, occupational health psychology and human resource management.

Mental Health Awareness Training: An intervention for leaders.

Canadian employers are increasingly aware of mental health issues in the workplace. Working with the Mental Health Commission of Canada, the Canadian Standards Association published a voluntary standard on Psychological Health and Safety in the workplace which mandates both surveillance and training. We will discuss these developments and describe a brief (3 hour) mental health literacy training program for leaders. Thus far data suggest that the intervention is effective in reducing stigma and increasing leaders' willingness to deal with employees' mental health issues. Preliminary data also suggest a substantial cost-savings attributable to the intervention with the duration of short term disability claims for psychological disorders being reduced by 27%.