

## **Kerry Kuehl, MD, DrPH**

**Professor of Medicine  
Oregon Health & Science University**



Kerry Kuehl, MD, DrPH, MS is a Professor of Medicine and Co-Director of the Human Performance Laboratory in the Division of Health Promotion and Sports Medicine at Oregon Health & Science University (OHSU) in Portland, Oregon. He has a Master's degree in Exercise Physiology, a Doctorate of Public Health in Nutrition, and M.D. specializing in sports and occupational medicine. Dr. Kuehl is recognized for his work with first responders and has been on the frontlines with national and international police and fire service organizations the past two decades. Dr. Kuehl has published over 100 scientific and 200 lay articles and serves on the Editorial Board of Frontiers in Public Health Education and Promotion.

## **Diane Elliot, MD**

**Professor of Medicine  
Oregon Health & Science University (OHSU)**



Diane Elliot, MD is a Professor of Medicine and practicing physician in the Division of Health Promotion & Sports Medicine at OHSU. She has been a USOC drug control officer and testified before Congress regarding women's sport issues. Her research involves the development and dissemination of evidence-based school and worksite based health promotion programs. She was the Principal Investigator for PHLAME, a TWH program for firefighters, and for its IGNITE dissemination study to define and prioritize determinants of worksite program translation.

### **PHLAME: An Example of a Complete TWH Intervention Program from Conception to ROI**

The PHLAME program is the only evidence-based TWH program for firefighters, and it is based on 25 years of behavior change research and development. We will discuss the program's health and safety outcomes and ROI plus a prospective study of its adoption and implementation among fire departments in the Pacific Northwest. Reviews of its outcomes along with subsequent dissemination provide insight into the challenges when taking TWH programs' from conception to science and from science to service.