Galantamine Hydrobromide  
Trade Name (Reminyl®)

INSTRUCTIONS from __________________________________________________________

BEFORE starting this medication—STOP taking these cholinesterase inhibitor drugs:
Aricept® (Donepezil), Exelon® (Rivastigmine), Cognex® (Tacrine).

1. Follow this schedule for taking Galantamine (Reminyl®) with your morning and evening meal:

   Weeks ____--____  Take one 4 mg tablet (off-white) twice a day with food  
   Weeks ____--____  Take one 8 mg tablet (pink)  twice a day with food  
   Weeks ____--____  Take one 12 mg tablet (orange brown) twice a day with food

2. Missed Doses and What To Do:
   • If one dose is missed, it can be taken as soon as possible, unless it is less than 6 hours before the next dose is due.
   • If doses have been missed for several days or longer, it would be needed to be restarted at the lowest dose and gradually increased. Contact your health care provider for instructions.

3. Notify your health care provider of any change in other prescribed or over-the-counter medications.

<table>
<thead>
<tr>
<th>Possible side effects:</th>
<th>What you can do about them:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allergic reactions (rash, breathing difficulty)</td>
<td>STOP the medication. Call your health care provider or obtain emergency assistance.</td>
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<tr>
<td>Loss of appetite, nausea, vomiting, diarrhea, and fatigue</td>
<td>These side effects are often mild, tend to occur more often when the dose is being increased, and most of the time, are temporary, lasting 1-3 weeks, then resolving with continued use. Be sure to inform your health care provider.</td>
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take the medication with food and adequate liquid intake. Contact your health care provider if these symptoms persist.

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<tr>
<th>Fainting</th>
<th>Call your health care provider.</th>
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<tbody>
<tr>
<td>Sleeping difficulty</td>
<td>Call your health care provider if you are feeling sleep deprived.</td>
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**How Galantamine Works**

This drug is classified as a acetylcholinesterase inhibitor. Galantamine (Reminyl®) is believed to work by increasing the concentration of a brain chemical (acetylcholine) by blocking the enzyme (cholinesterase) which normally breaks it down.

Acetylcholine plays a role in memory and thinking function. By enhancing this neurochemical, galantamine (Reminyl®) may produce modest enhancement of one’s thinking ability.

While galantamine (Reminyl®) may improve symptoms in persons with mild to moderate Alzheimer’s disease, it does not cure or stop the progressive decline seen in the course of the disease.

**WARNINGS**

- If you are to have surgery, for any reason, be sure to let your physician or dentist know that you are taking this medication. Galantamine (Reminyl®) can cause exaggerated muscle relaxation when combined with anesthesia drugs.

- Some patients may be at risk for bradycardia, (a slow heart rate) and seizure activity.

Treatment with galantamine (Reminyl®) should be monitored regularly by your health care provider.

**If you have questions or problems, please call (503) 494-7615 between 8:30am and 4:30pm, Monday through Friday.**

For information on Alzheimer’s disease contact:

* Oregon Aging Alzheimer Disease Center (503) 494-6976

* Local Alzheimer’s Association / Oregon and Greater Idaho Chapter 1-800-733-0402 or (503) 413-7115