



Lake County Community Health Improvement Partnership (CHIP)
700 South J Street
Lakeview, OR 97630

LAKE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN

ISSUE AREA: ORAL HEALTH

IDENTIFIED PROBLEMS AND STRATEGIES:

1. In Lake County, there are a lack of programs using fluoride varnish to prevent tooth decay.

- Lake County CHIP partners with Advantage Dental and Oregon Health Authority to implement fluoride varnish programs to eligible school-aged children.
- 95% of eligible children will receive a dental assessment with case management services provided to those students who are identified with a urgent or early dental care needed (based on the ASTTD Basic Screening Survey). This can be done in an “opt out” situation so participation rates are much higher. The fluoride varnish program aims to provide the program to at least 50% of eligible children, reduce tooth decay in participating children, and achieve a 50% increase of follow up visits from children participating in preventative programs. Written consent is required to provide these services onsite, so participation rate is usually much lower.
- There is no budget related to this intervention. The programs are funded through either the Oregon Health Authority or Advantage Dental. Participating schools will be required to provide paper cups and napkins.

2. In Lake County, there are a lack of programs using a dental sealant to prevent tooth decay.

- Lake County CHIP partners with Advantage Dental and Oregon Health Authority to implement dental sealant programs to eligible school-aged children.
- 95% of eligible children will receive a dental assessment with case management services provided to those students who are identified with a urgent or early dental care needed (based on the ASTTD Basic Screening Survey). This can be done in an “opt out” situation so participation rates are much higher. The dental sealant program aims to provide the program to at least 50% of eligible children, reduce tooth decay in participating children, and achieve a 50% increase of follow up visits from children participating in preventative programs. Written consent is required to provide these services onsite, so participation rate is usually much lower.
- There is no budget related to this intervention. The programs are funded through either the Oregon Health Authority or Advantage Dental.

3. In Lake County, there is a lack of good data on specific dental needs that can be obtained through screenings, assessments, and diagnosis.

- Lake County CHIP will conduct an adult oral health assessment by developing an oral health assessment tool and mailing it to a sampling of the county population. The mailing will include an oral health kit, including: a tooth brush, tooth paste, and floss as an incentive to return the survey.



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- This intervention aims to increase the rate of individuals who self report an increase in oral health preventative practices by 10% and to receive a strong response rate of at least 30% on the return mailing to allow for statistically meaningful data and a strong assessment of adult oral health needs in Lake County.
- The budget for this intervention is estimated at \$6,580.85

4. In Lake County, there is a lack of oral health information and outreach on nutrition, hygiene, tobacco, gum disease, meth mouth, programs and services, etc.

- Lake County CHIP will conduct oral health education, promotion, and outreach through community meetings and events, leafleting, announcements with clubs, associations, and other organizations, and paid advertising.
- This intervention aims to increase the rate of individuals who self report an increase in their awareness of oral health preventative practices by 15%
- The budget for this intervention is estimated at \$7,707.74

ISSUE AREA: MENTAL HEALTH

IDENTIFIED PROBLEMS AND STRATEGIES:

1. Self reported depression patients often go untreated. An attempt to increase the number of individuals who receive mental health care for depression is to focus on identifying and connecting individuals with depression with mental health care providers.

- Lake County CHIP will partner with the Lake County Mental Health (LCMH) department who will be the lead organization in administering the Mental Health First Aid Program (MHFA), which is an early intervention public education program that teaches the community how to assist someone experiencing a behavioral health crisis. MHFA teaches targeted community members, including teachers, public employees, health system employees, and social service workers, the skills needed to identify, understand, and respond to individuals who may be experiencing signs of a mental illness or substance use disorder. First Aid is administered to help individuals connect with appropriate care. This strategy will also include mental health education and outreach.
- The overall goal is to prevent mental health crises through early detection and treatment. The goal is to have 24 fewer crisis calls over the course of the project period, which amounts to an average of 2 fewer calls per month. Additionally, LCMH will track the number of warm-handoff referrals to see which community partners trained in MHFA followed through with the training and are providing referrals and which ones do not.
- The budget for this intervention is \$38,160.00

2. There are a lack of trained mental health providers in Lake County.



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- Lake County CHIP will partner with the Lake County Mental Health department who will be the lead organization to increase access to mental health providers and services by integrating behavioral health/mental health into primary care. This intervention aims to integrate a mental health provider with Lake County Medical Clinic, Warner Mountain Medical Clinic and the North Lake Clinic and work with the primary care physicians and their staff to connect patients with behavioral/mental health related issues.
- The goals are to increase mental health visits and reduction of mental health related diagnosis codes through the Lake Health District Emergency Room and the North Lake Clinic Ambulance Services. Specifically, the measureable outcome is to have 24 fewer admissions, which is an average of 2 per month, to the ER and the North Lake Ambulance Service due to psychiatric issues.
- The budget for this intervention is \$77,973.00

ISSUE AREA: PHYSICAL ACTIVITY

IDENTIFIED PROBLEMS AND STRATEGIES:

1. Lake County has a lack of year-round low cost physical activity opportunities, which helps to contribute to high risks of heart disease.

- Lake County CHIP will be the lead organization to provide health education, outreach, and health promotion activities, including conducting a physical activity inventory and assessment, creating a community website focusing on physical activity and health promotion, administering a physical activity scholarship program targeted toward low-income individuals with high risk factors for heart disease, and enhancing and promoting existing walking routes within the county.
- The goals are to educate the community about the benefits of physical activity and the consequences of inactivity, increase awareness about available and existing physical activity opportunities, and increase the overall participation in existing programs and services by 10%.
- The budget for this intervention is estimated at \$8,542.01
- Lake County CHIP will be the lead to administer the physical activity scholarship program, which provides 50 scholarships to low-income individuals with high risk factors for heart disease over an 8 month period. The program will partner with the Lake County clinics and the Lake Health District's Community Health Worker program to provide referrals and coach/motivate scholarship recipients to participate in existing and available community physical activity programs and services.
- The goals of the scholarship program are to provide more access to physical activity programs and services to low-income individuals with risk factors for heart disease. Another goal will be to address risk factors for heart disease by increasing physical activity of referred participants by 15%.
- The budget for this intervention is \$14,000.

2. Lake County underutilizes existing facilities for affordable, organized physical and recreational activities.



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- Lake County CHIP plans to establish an activities/recreation nonprofit or parks and recreation program with coordinated and centralized facilities and programming. This is a long-term strategy.
- The goals are unidentified.
- The budget is unidentified.

ISSUE AREA: SENIOR SERVICES

IDENTIFIED PROBLEMS AND STRATEGIES:

1. The senior population of Lake County are underutilizing existing and available supportive programs and services, including Meals on Wheels, Senior Bus, Senior Lunch, and other outreach programs.

- Lake County CHIP will partner with the Lake County Senior Center who will be the lead organization to increase the outreach and volunteer staff capacity at the Senior Center by .5 Full Time Equivalent (FTE). The outreach and volunteer coordinating efforts will be focused on the Home Delivery Program, Transportation, including the Dispatch Agency and Dial a Ride programs, and the KLCCOA Home Care program, Oregon Project Independence (OPI).
- Measurable outcomes based on increased participation in programs and improvements in self reported health outcomes.
- The budget for this intervention is \$22,000.

2. There are insufficient services and resources, including home care services, within Lake County.

- This strategy is included in the above intervention to increase the outreach and volunteer staff capacity at the Senior Center by .5 Full Time Equivalent, focusing on the KLCCOA Home Care Program, Oregon Project Independence (OPI), among others.

3. There are insufficient out of home placement options, including foster homes and assisted living facilities, in Lake County.

- Lake County CHIP plans to partner with the Lake Health District to establish an assisted living facility in Lake County. This is a mid to long-term strategy.
- Specific goals are unidentified.
- The budget is unidentified.

4. There are insufficient services and resources, including a Senior Center facility for seniors in North Lake County.

- Lake County CHIP plans to partner with the Outback Retirement Center to expand senior programs in North Lake County and establishing a Senior Center facility.
- Specific goals are unidentified.
- The budget is unidentified.