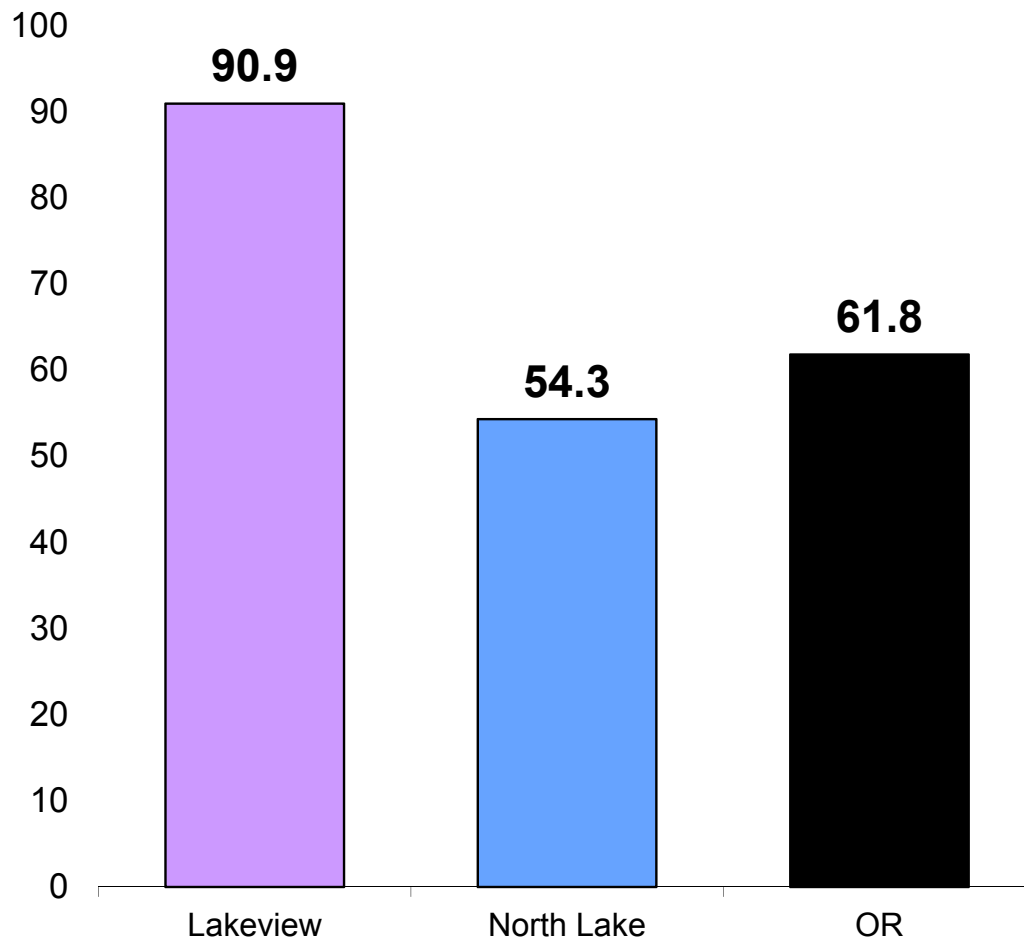


Lake County Service Area

Health Status Data
May 2013



Average Low Birth Weight Rate (2007-2011, per 1000 births)

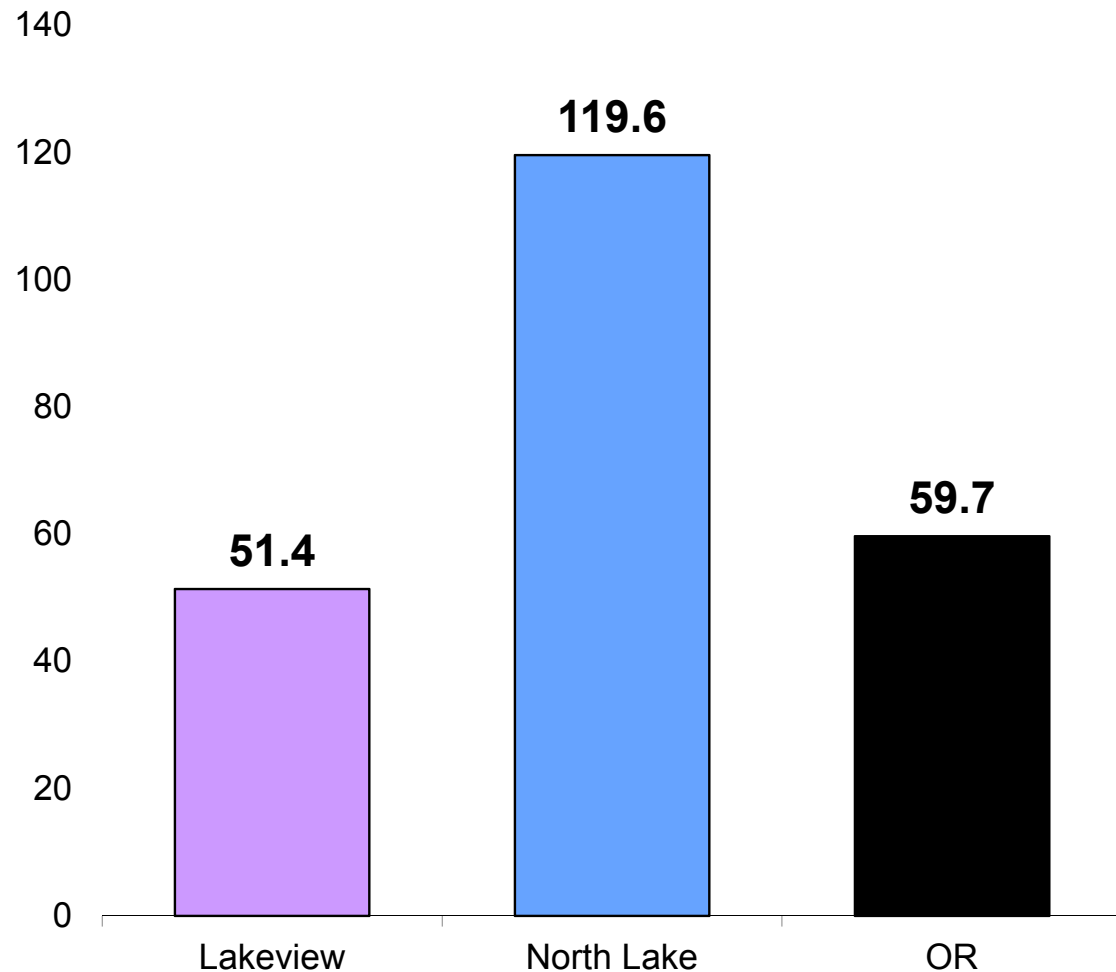


- **Lakeview SA** had an average of **51 births per year**.
- **North Lake SA** had an average of **18 births per year**.
- Low Birth Weight (less than 5.5 pounds). Sixty percent of all infant deaths are related to low birth weight. LBW infants who survive are about three times more likely than others to experience mental retardation, sight and hearing problems, breathing problems and learning difficulties.
- Historically, Oregon has had a lower low birth weight rate than the nation as a whole

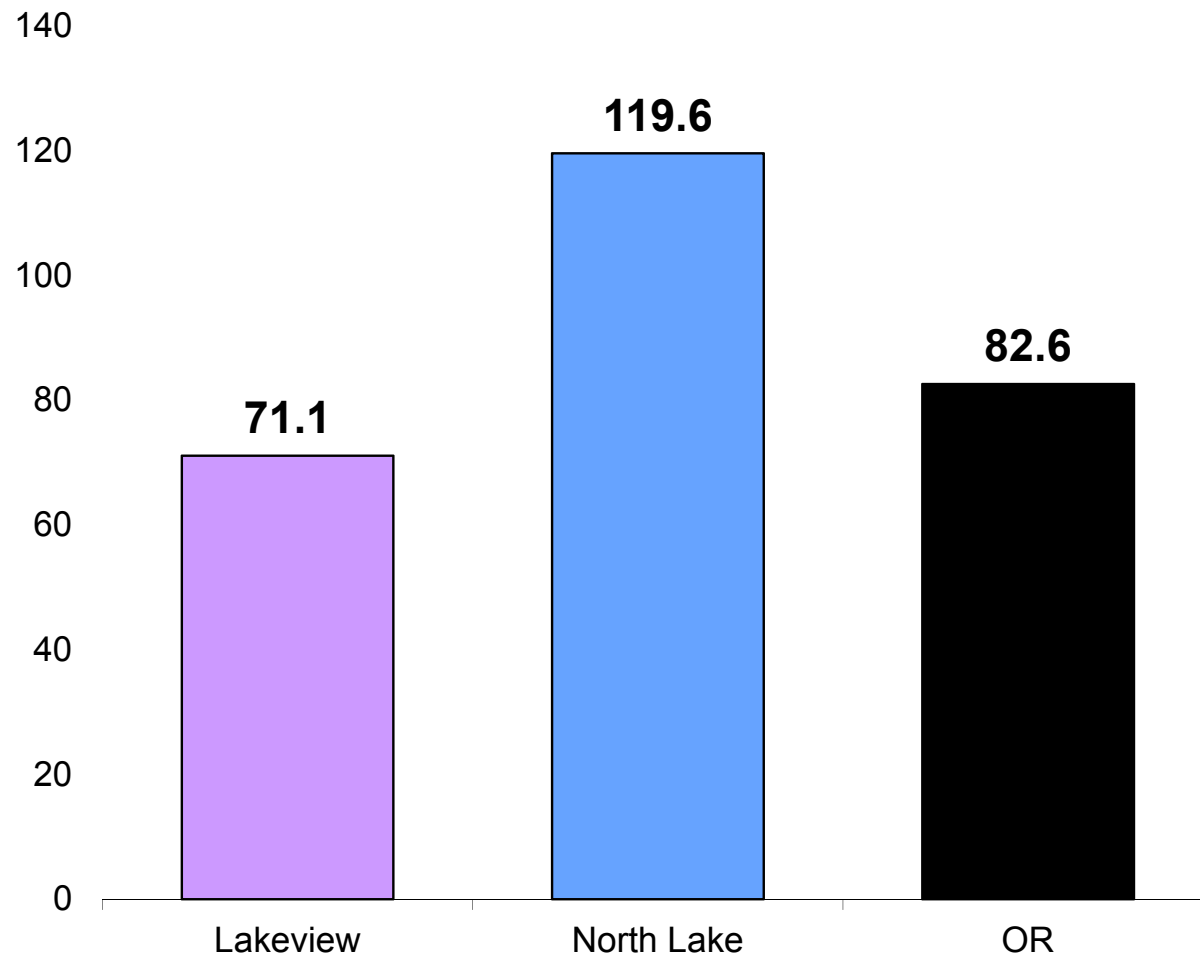
Average **Inadequate Prenatal Care** Rate (2007-2011, per 1000 births)



- Healthy babies start with healthy mothers who get early, regular, and high-quality prenatal care.
- Inadequate prenatal care is defined as: less than 5 prenatal visits, or care that didn't begin until the third trimester.



Average Teen (15-19) Birth Rate (2007-2011, per 1000 births)

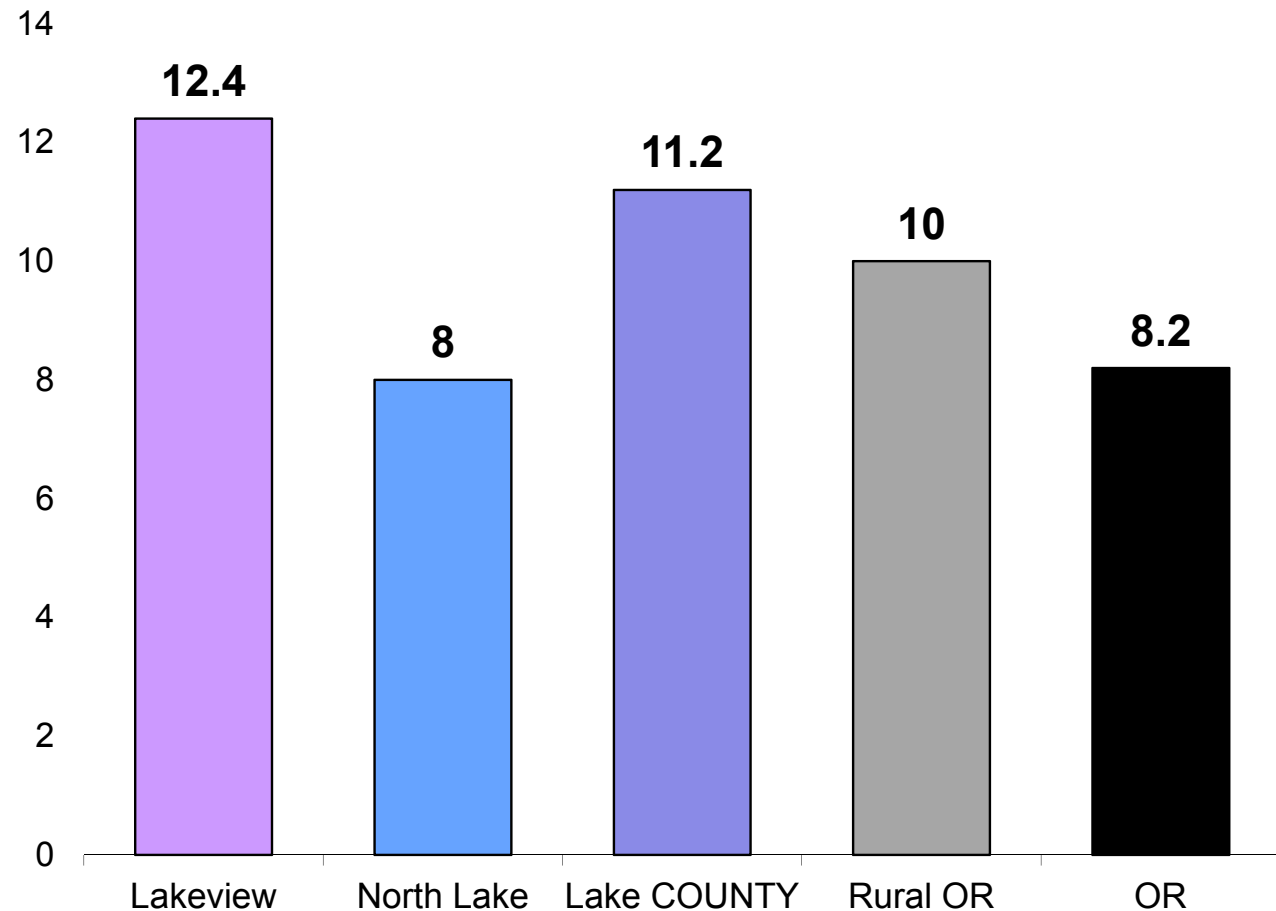


- Babies born to teen mothers are more likely to suffer health, economic, social, and educational problems. They are also more likely to be teen parents themselves.

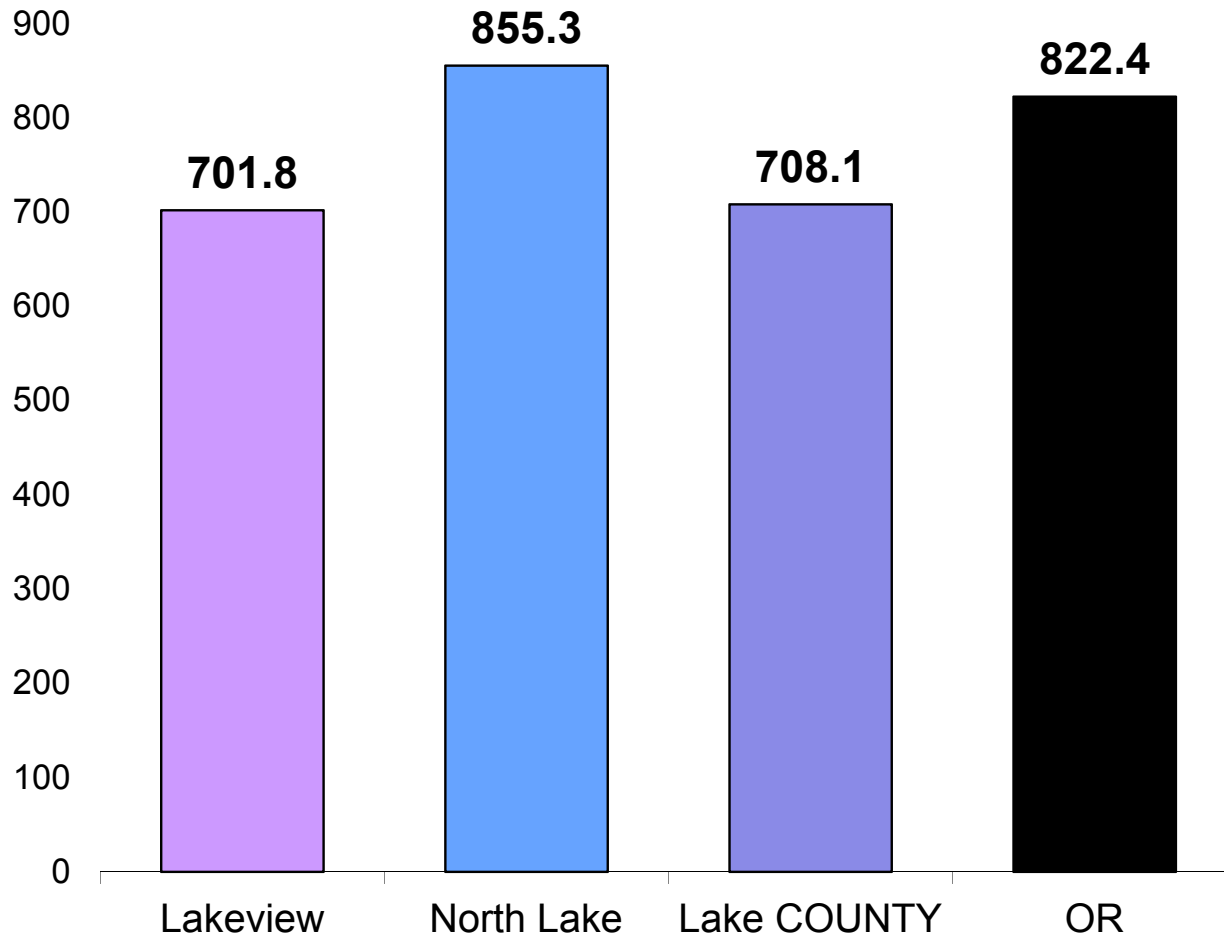
Average Deaths per 1,000 per Year (2007-2011, divided by 2012 pop)



- **Lakeview** service area had an average of **72 deaths per year**
- **North Lake** service area had an average of **17 deaths per year**



Age-Adjusted Death Rate per 100,000 (2009-2011)

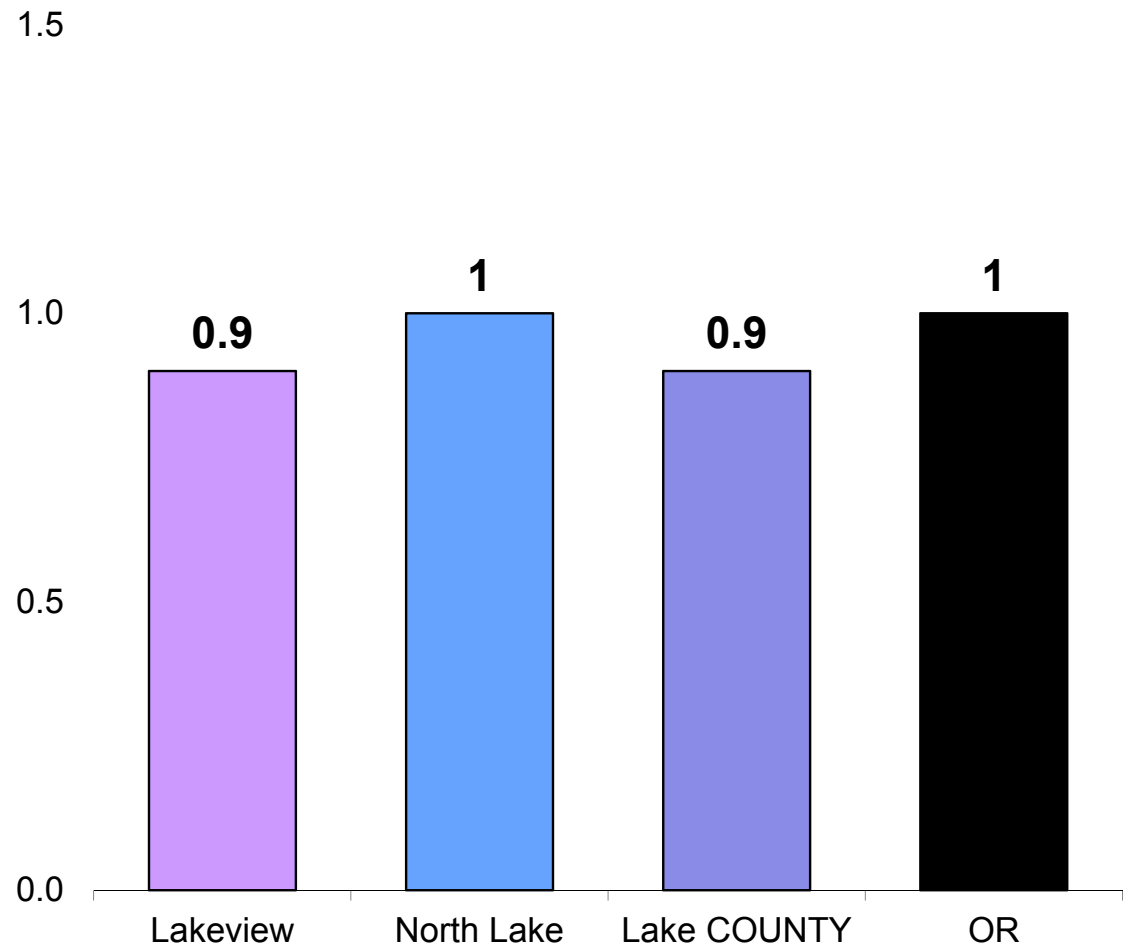


- Age-Adjusted death rates allow comparisons as if the population structure of each area were identical. Any differences in rates are due to factors other than age.

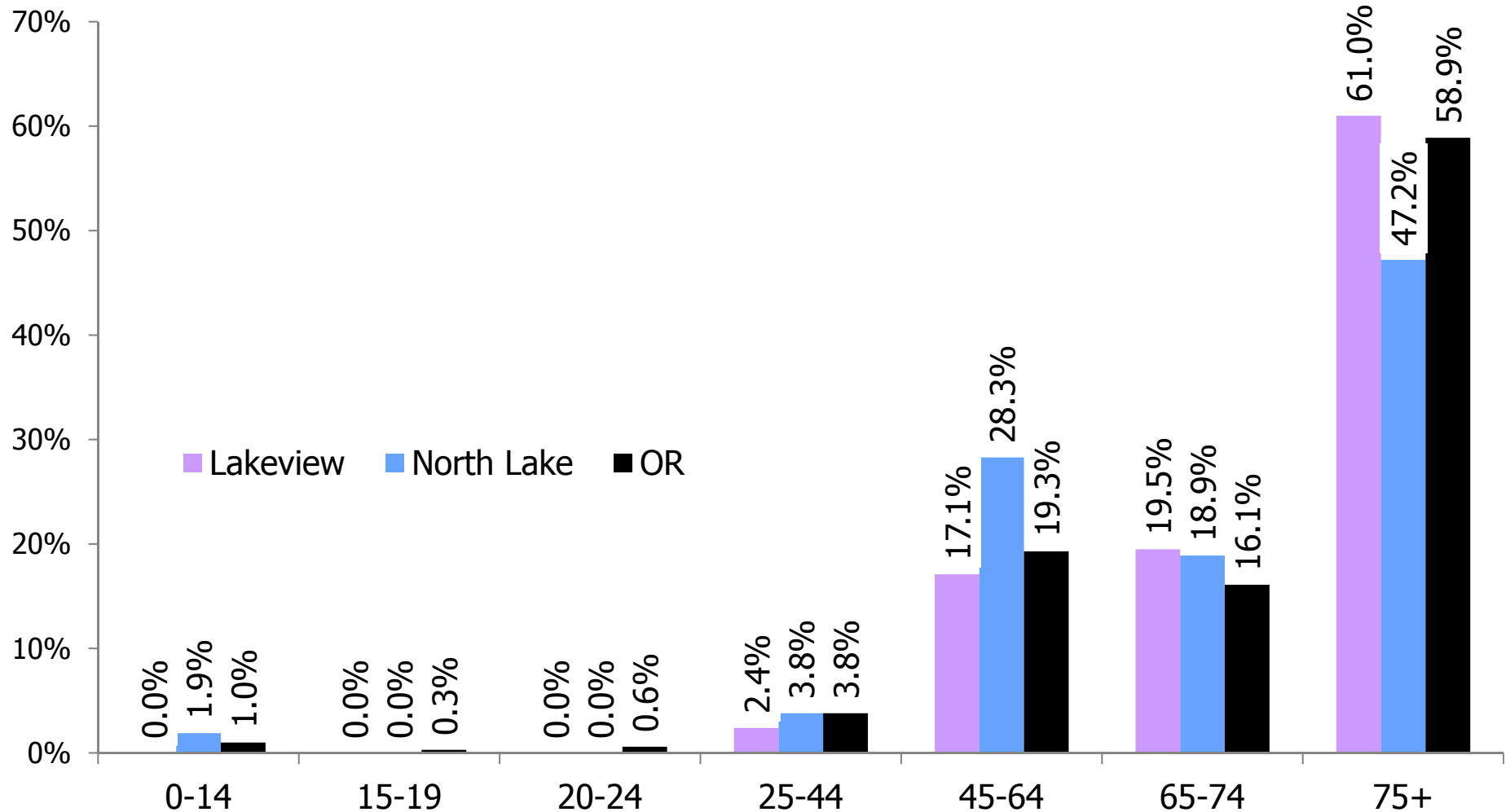
Years of Potential Life Lost Index (2009-2011)



- This is a death rate which emphasizes deaths of young people.
- The difference between 75 years and the age of a person who dies before that is called the “years of potential life lost”. This index is a ratio of years of lost life for an area compared to the years of lost life for the state as a whole.



Percent of Deaths by Age Group (2009-2011)



Leading Causes of Death 2007-2011 (Crude Death Rates per 100,000)

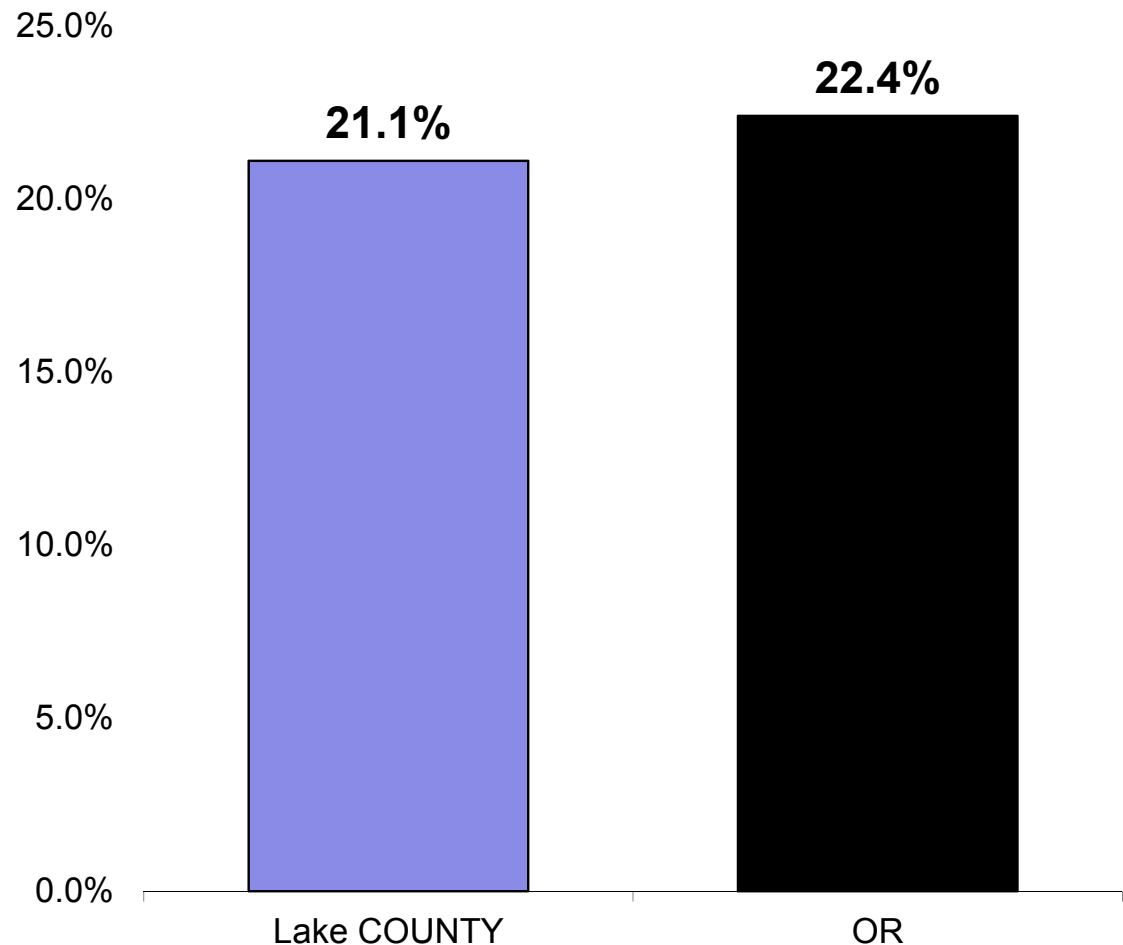


	Lakeview	North Lake	Lake COUNTY	Rural	OR
Cancer	243.8	181.5	227.3	240.1	193.7
Heart Disease	192.3	133.7	176.8	206.5	163.1
Cerebrovascular Disease (Stroke)	89.3	57.3	80.8	57.3	47.9
Chronic Lower Respiratory Disease	113.3	76.4	103.5	66.8	50.2
Unintended Injuries	61.8	86.0	68.2	50.9	41.9
Alzheimer's	75.5	28.7	63.1	36.7	32.5
Diabetes	48.1	28.7	42.9	34.2	27.6
Flu & Pneumonia	41.2	9.6	32.8	14.1	11.7
Suicide	24.0	47.8	30.3	18.8	16.2
Alcohol Induced	48.1	9.6	37.9	18.0	14.7

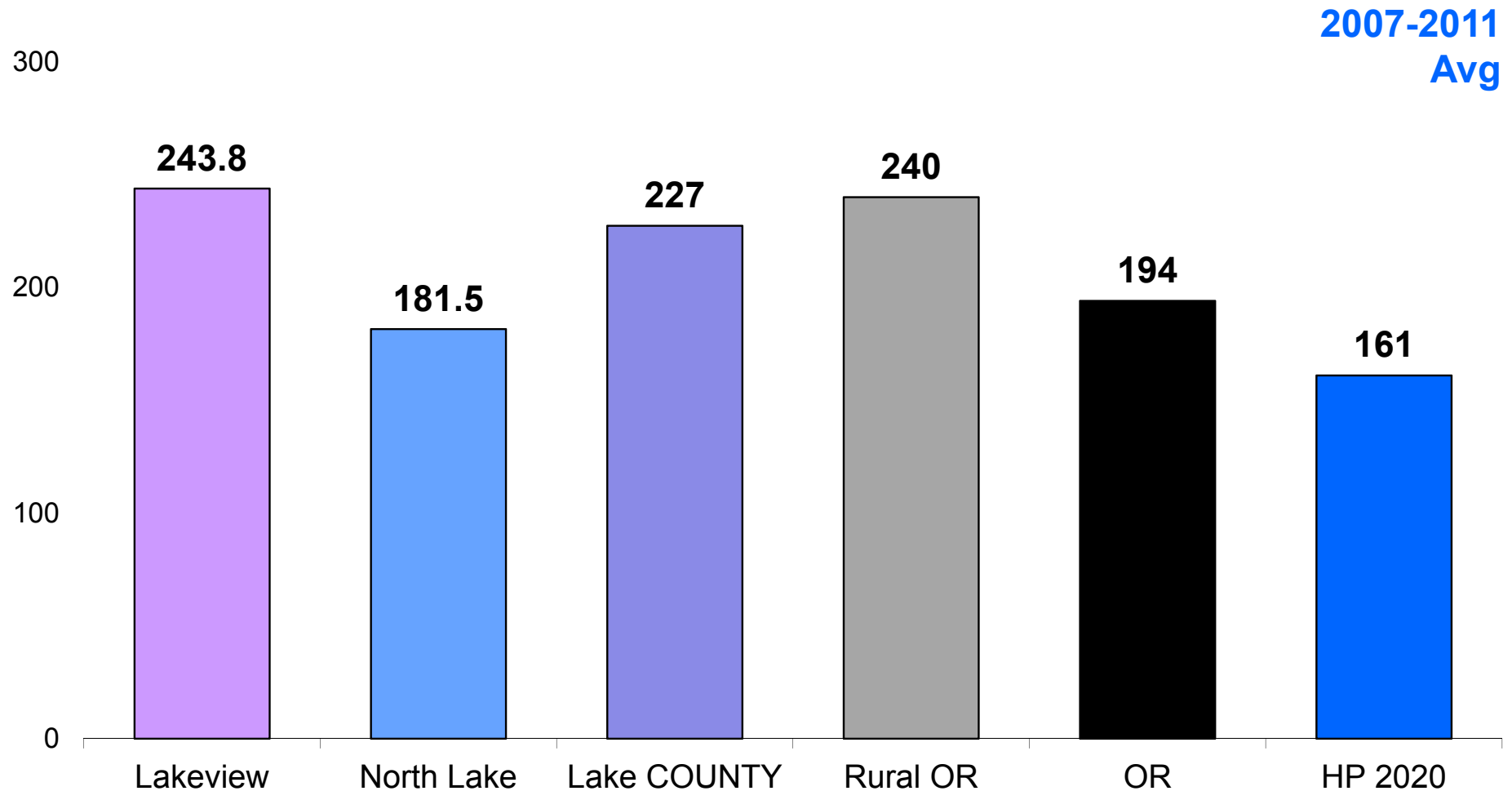


Tobacco-Linked Deaths 2011

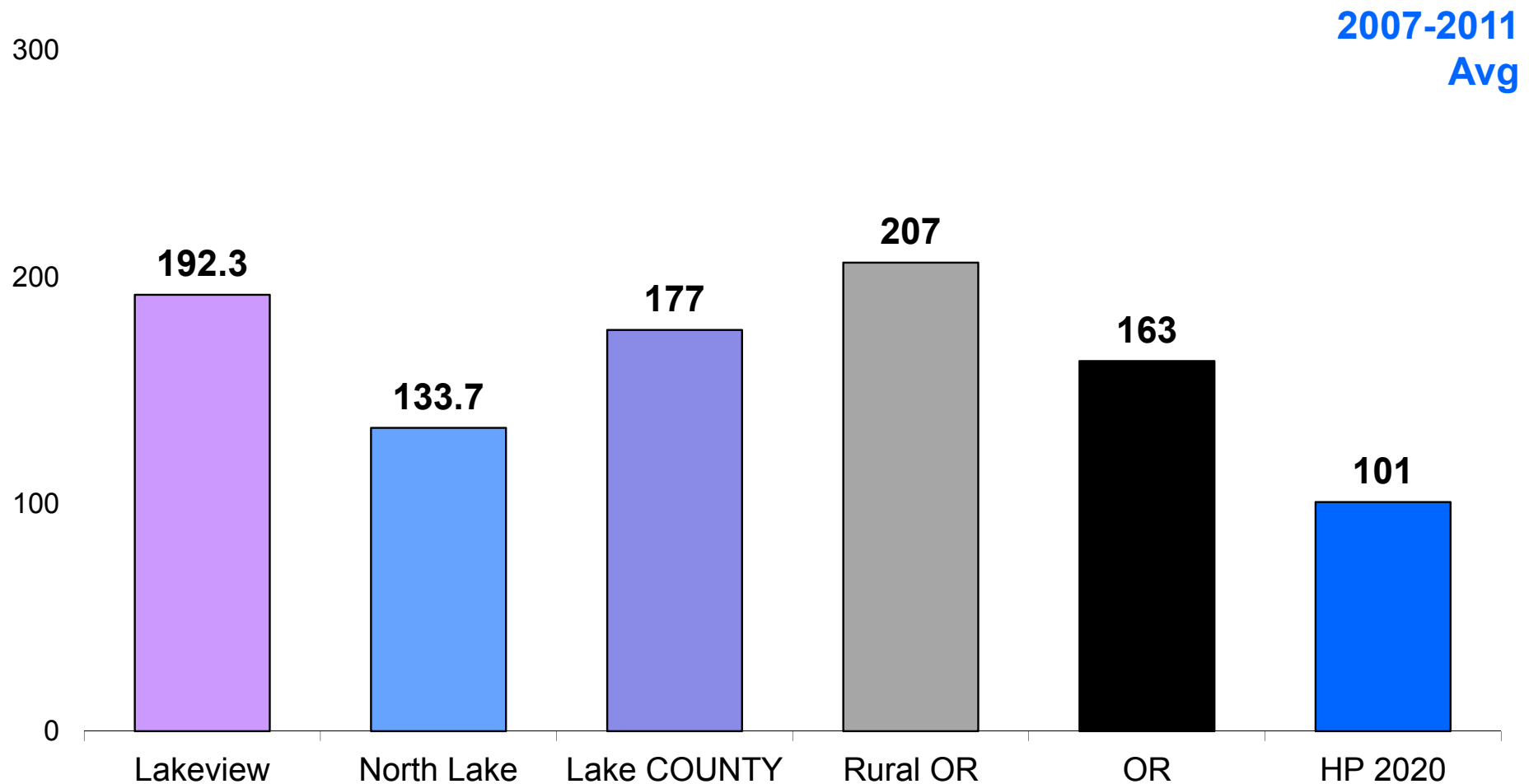
- The Oregon death certificate asks “Did tobacco use contribute to death?” followed by four checkboxes: Yes, No, Probably, and Unknown. The linked category includes deaths listed as Yes or Probably.
- 16 of 76 deaths in Lake County



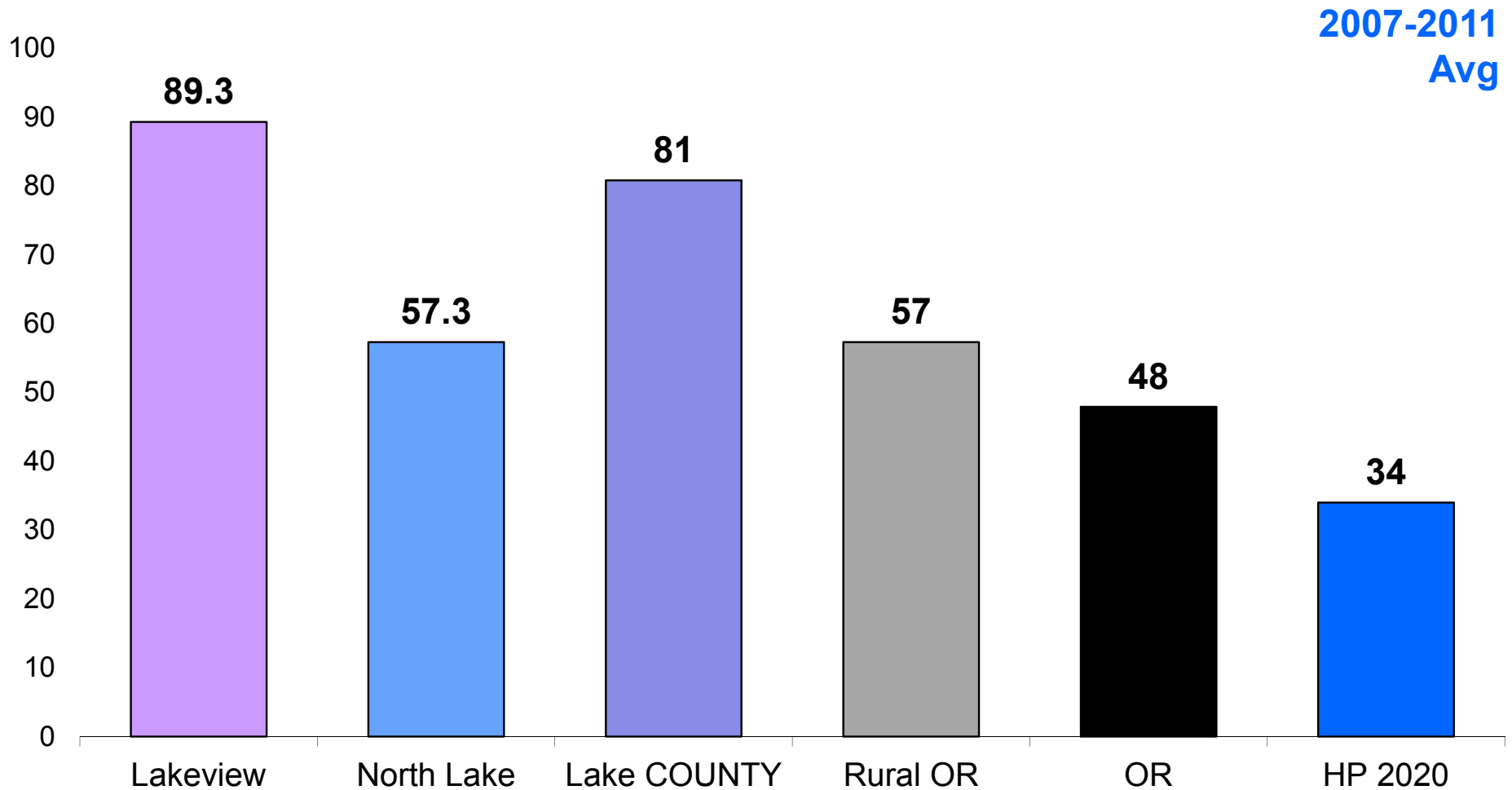
Death Rate Compared to Healthy People 2020 Goals: Cancer (per 100,000)



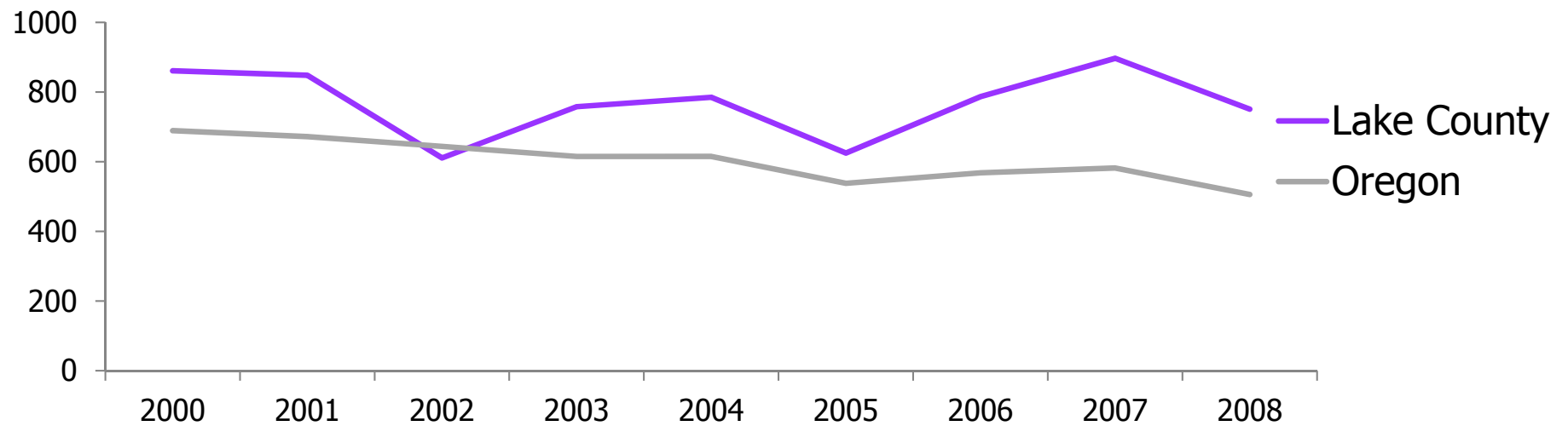
Death Rate Compared to Healthy People 2020 Goals: Heart Disease (per 100,000)



Death Rate Compared to Healthy People 2020 Goals: Cerebrovascular Disease (per 100,000)

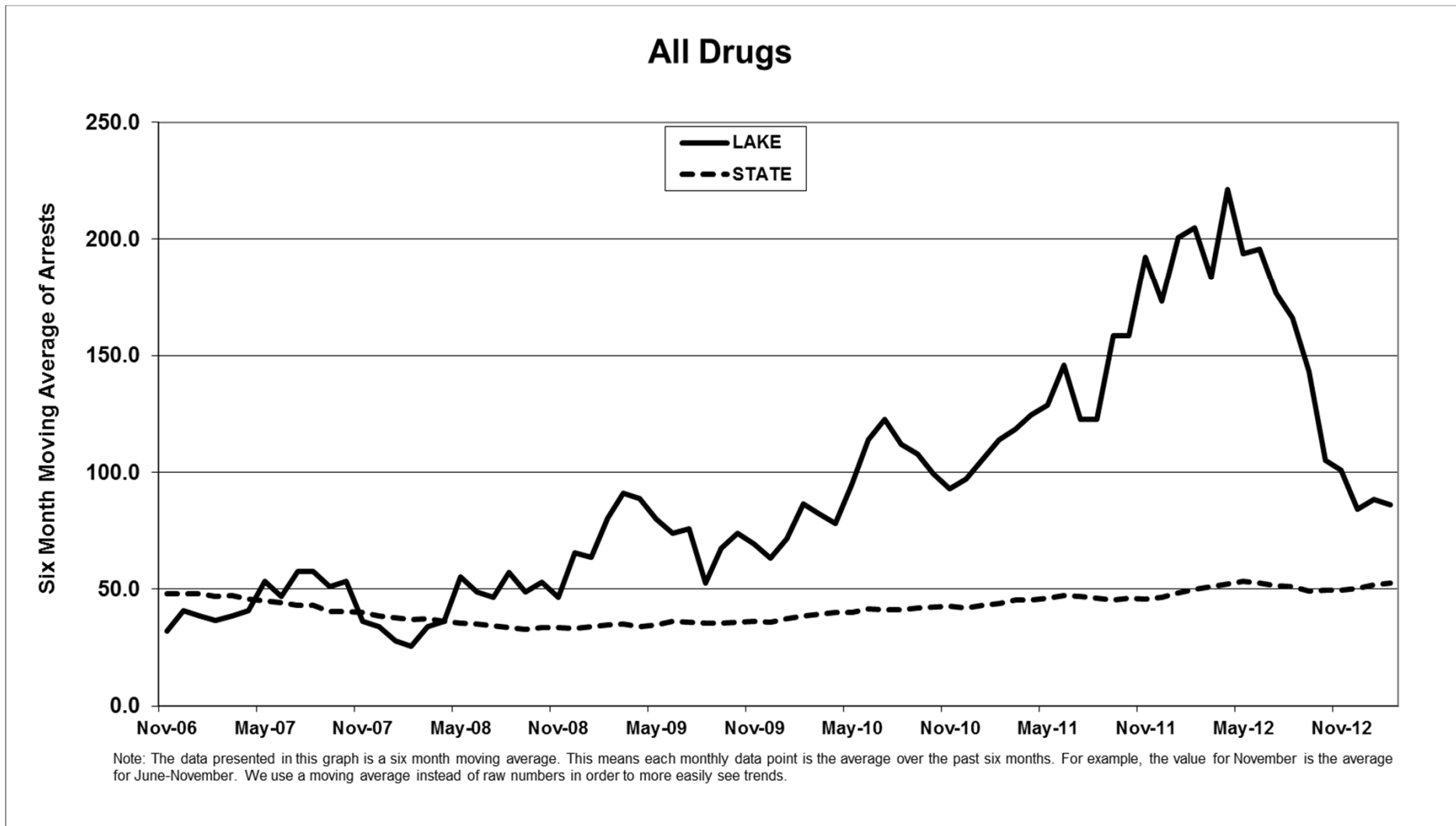


DUII Arrest Rate per 100,000 Population: 2000-2008



DUII Arrests: 2000 - 2008					View visual data
Year	State		Lake County		
	Rate	Count	Rate	Count	
2000	689.10	23644	860.90	64	
2001	671.90	23319	847.50	64	
2002	643.80	22549	610.60	46	
2003	615.00	21762	758.40	57	
2004	615.00	22009	784.50	60	
2005	538.20	19521	624.70	48	
2006	568.40	20948	787.00	61	
2007	582.10	21767	896.50	70	
2008	505.90	19144	750.60	59	

6 Month Moving Average Arrest Rate for All Drugs per 100,000: 2006-2012



2006-2009 Lake County BRFSS

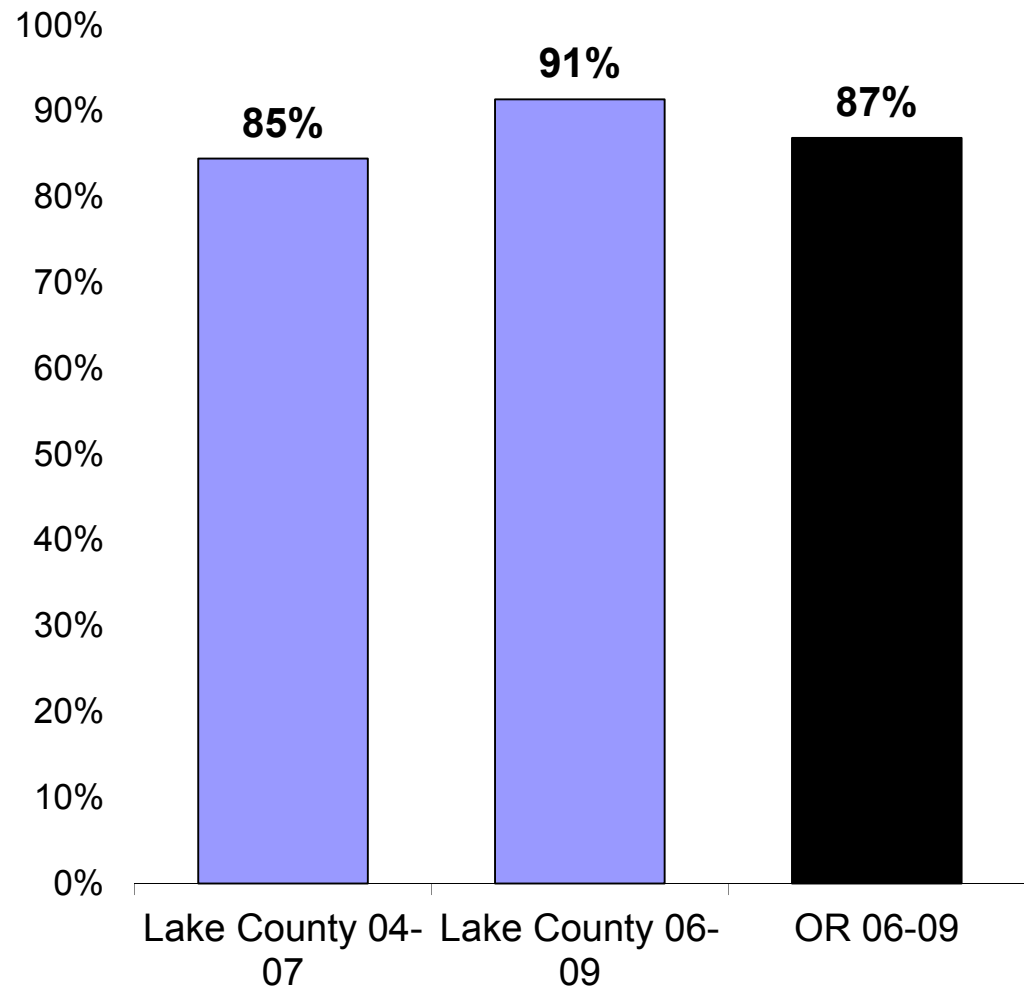


- Age Adjusted Data MAY fairly be compared to other counties or the state
- Non-age Adjusted Data show the prevalence of the issue
- 2006-2009 represents an average of the time period



Adults in Good General Health

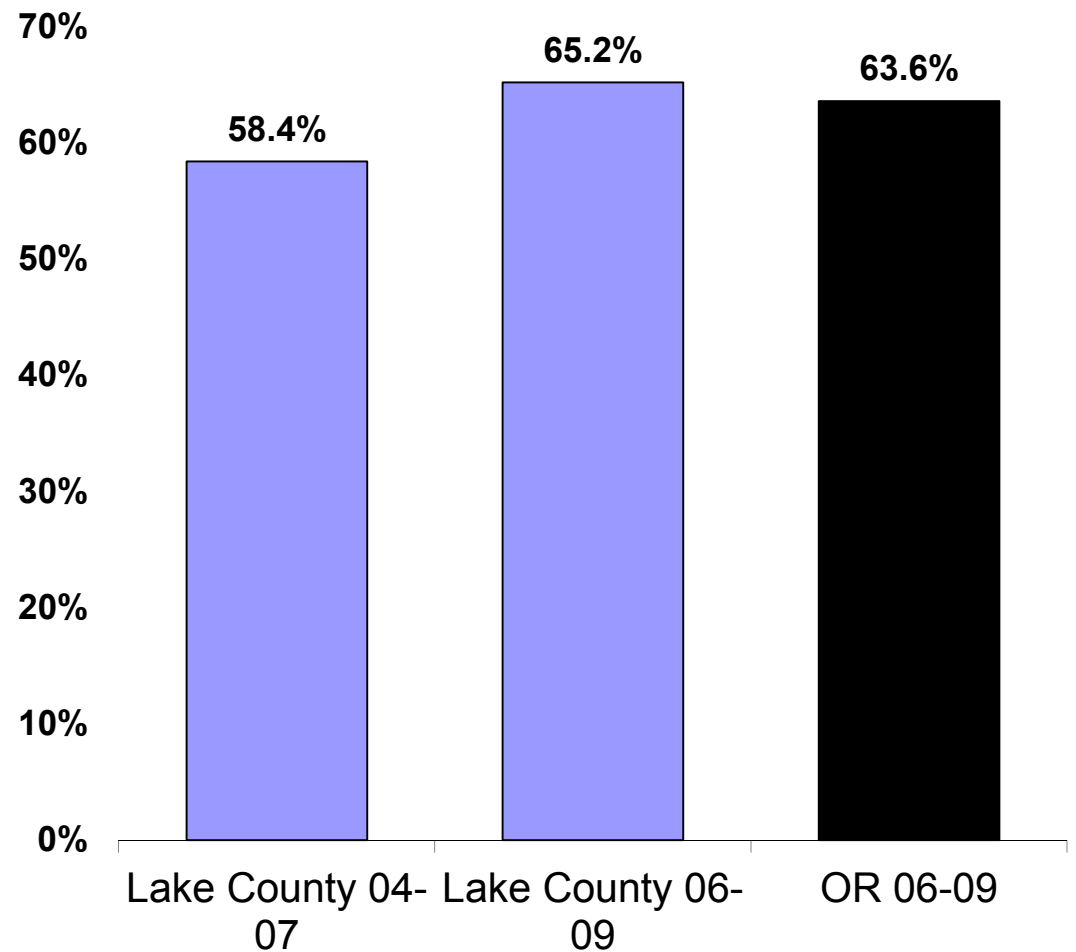
- 18 years and older-
Good General health:
Reported that their health was “excellent,” “very good,” or “good” when asked on a five point scale (excellent, very good, good, fair, poor) (age adjusted)





Adults in Good Physical Health

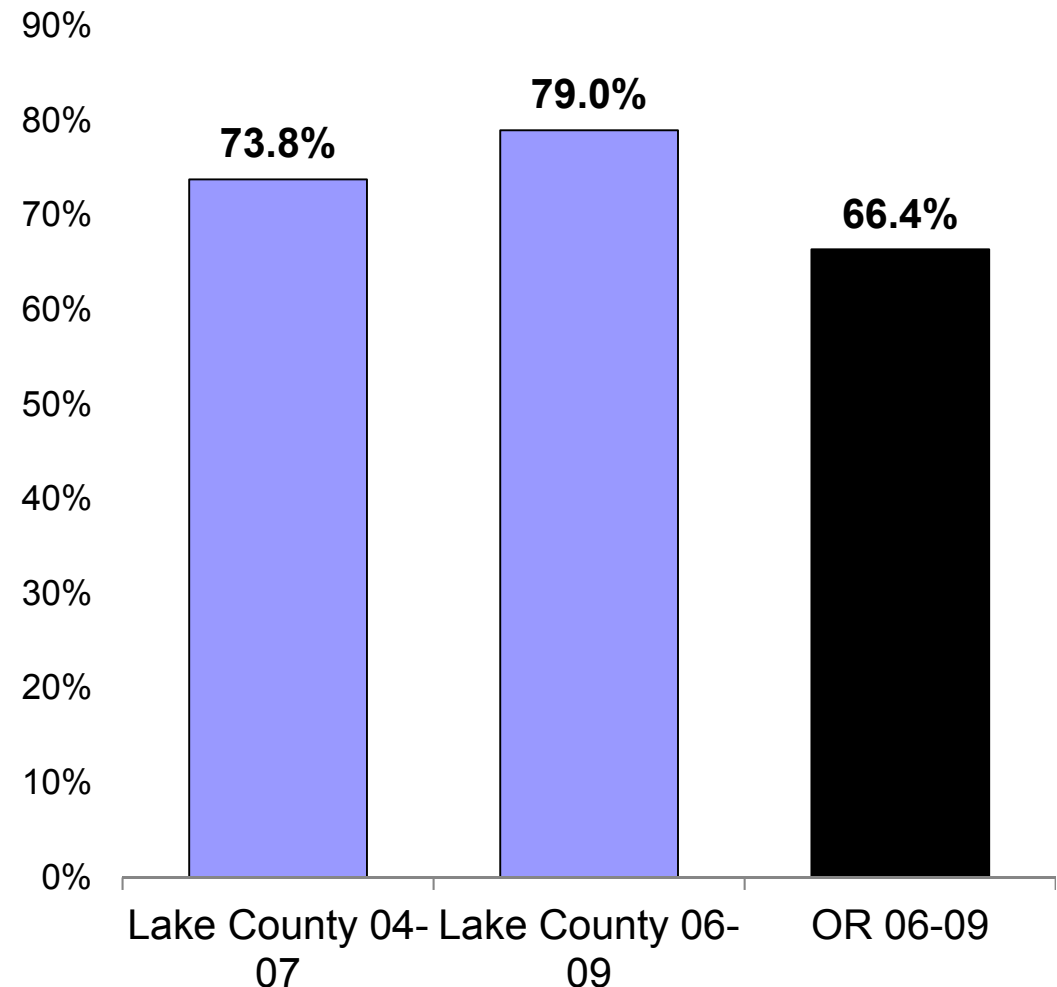
- 18 years and older - Good Physical Health: Had no poor physical health in the last 30 days (age adjusted)





Adults Having Good Mental Health

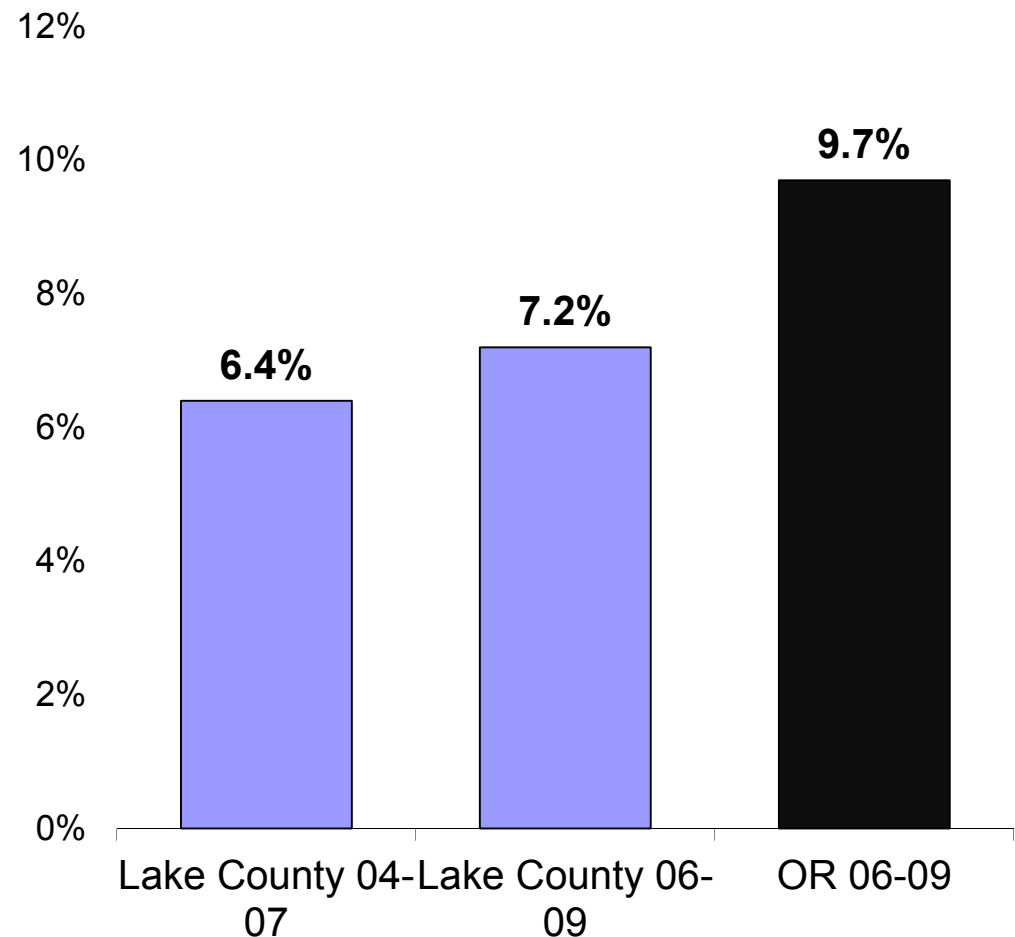
- 18 years and older-
Good Mental
Health: had no poor
mental health in
past 30 days (age
adjusted)



Asthma



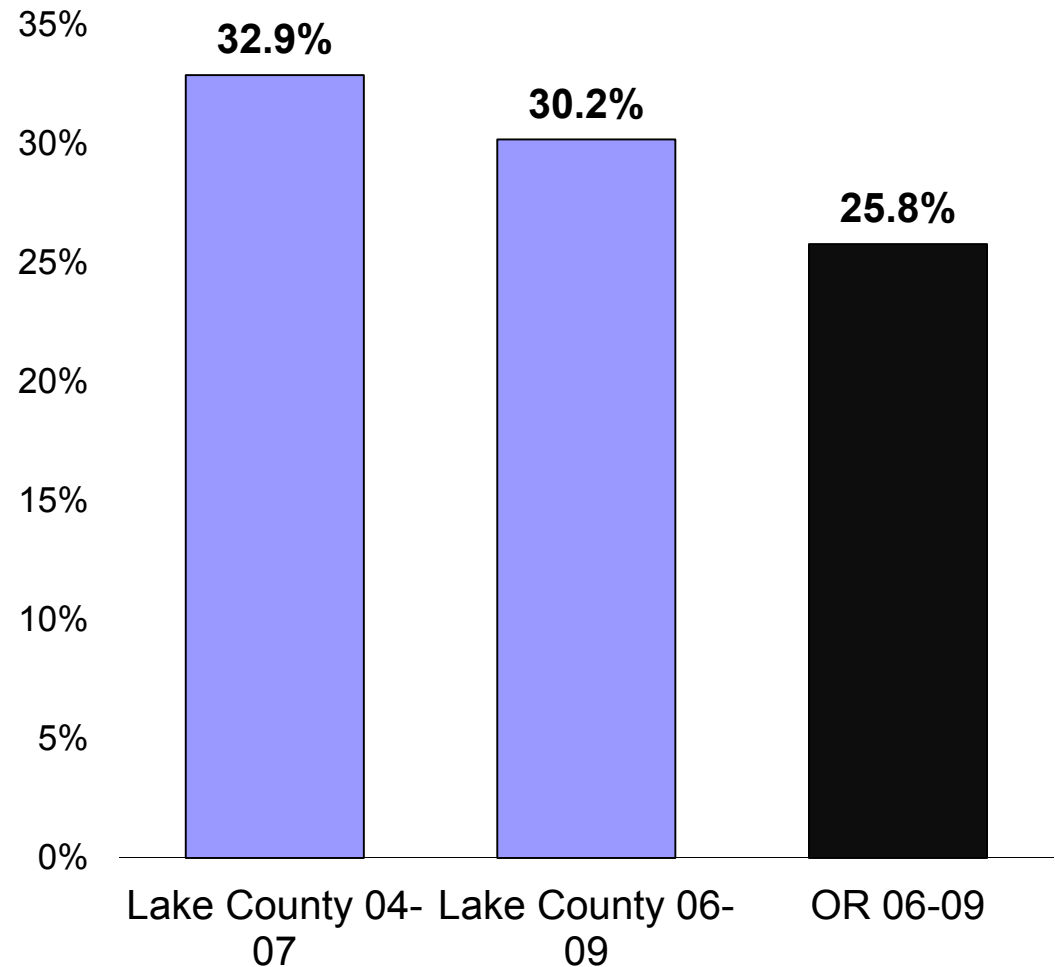
- 18 years and Older – Have been told by a doctor, nurse, or health professional that they had asthma and still have asthma (age adjusted)



At Risk for Hypertension



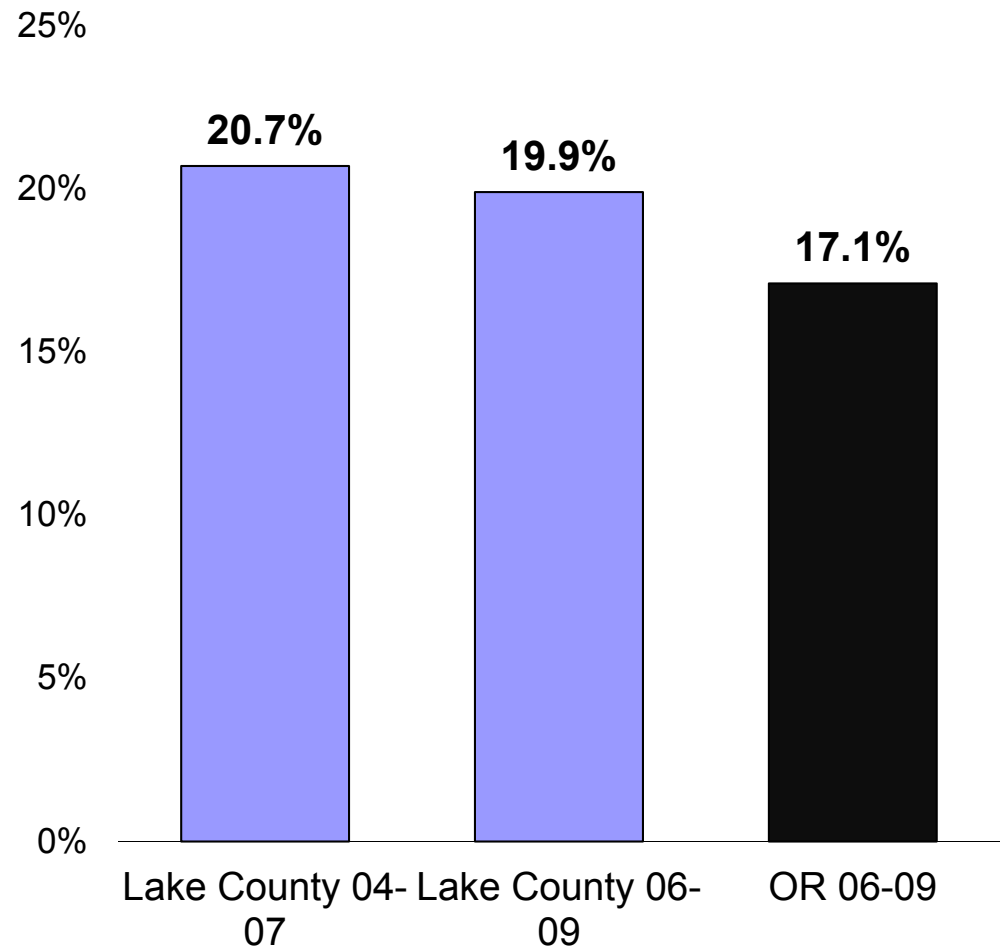
- 18 years and Older – Respondents who were ever told by a doctor, nurse, or other health practitioner that they had high blood pressure (age adjusted)



Percent of Adults who Currently Smoke Cigarettes



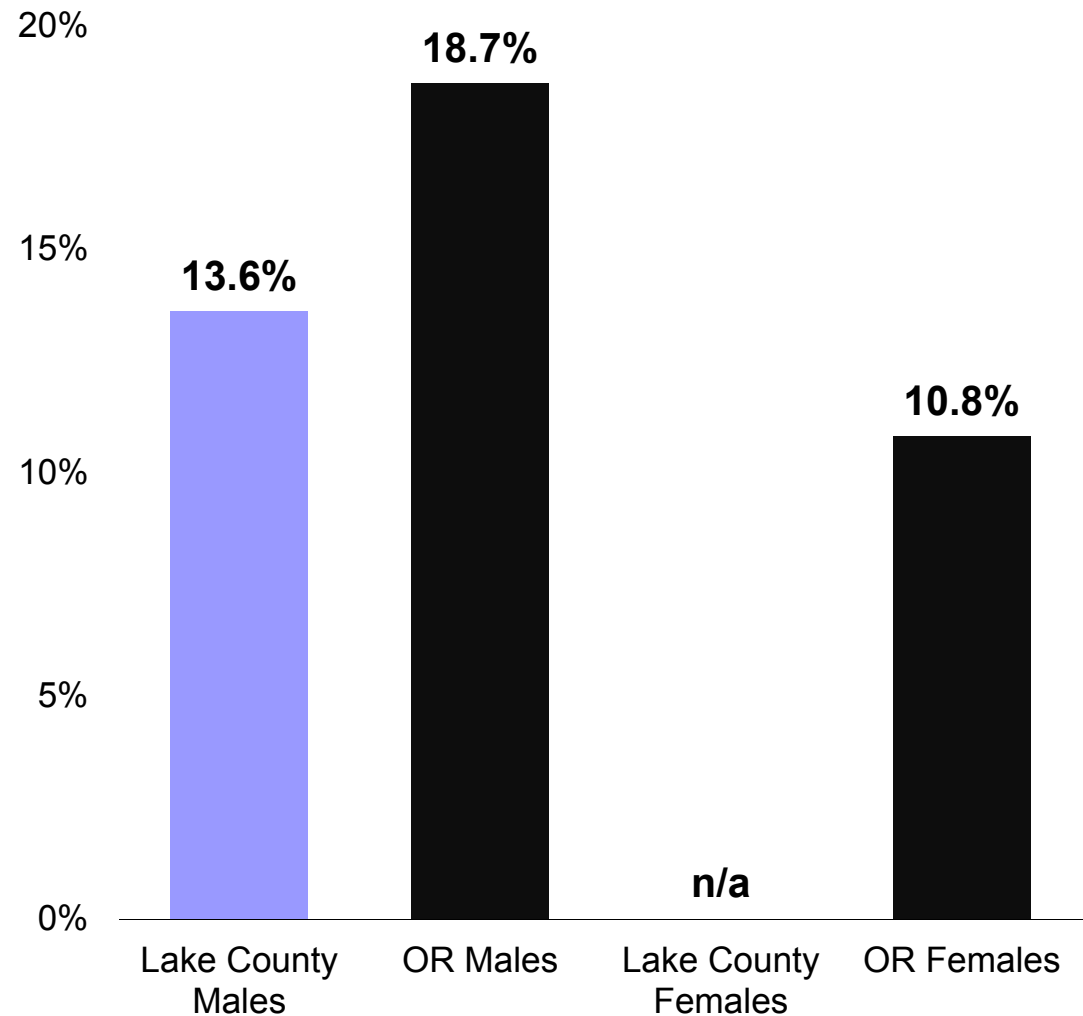
- (age-adjusted)
- Tobacco use accounts for approximately 400,000 deaths each year among all Americans. It contributes substantially to deaths from cancer, heart disease, stroke, and chronic lung diseases, such as emphysema and bronchitis.
- During 2001, tobacco use contributed to nearly 22% of all deaths in Oregon.



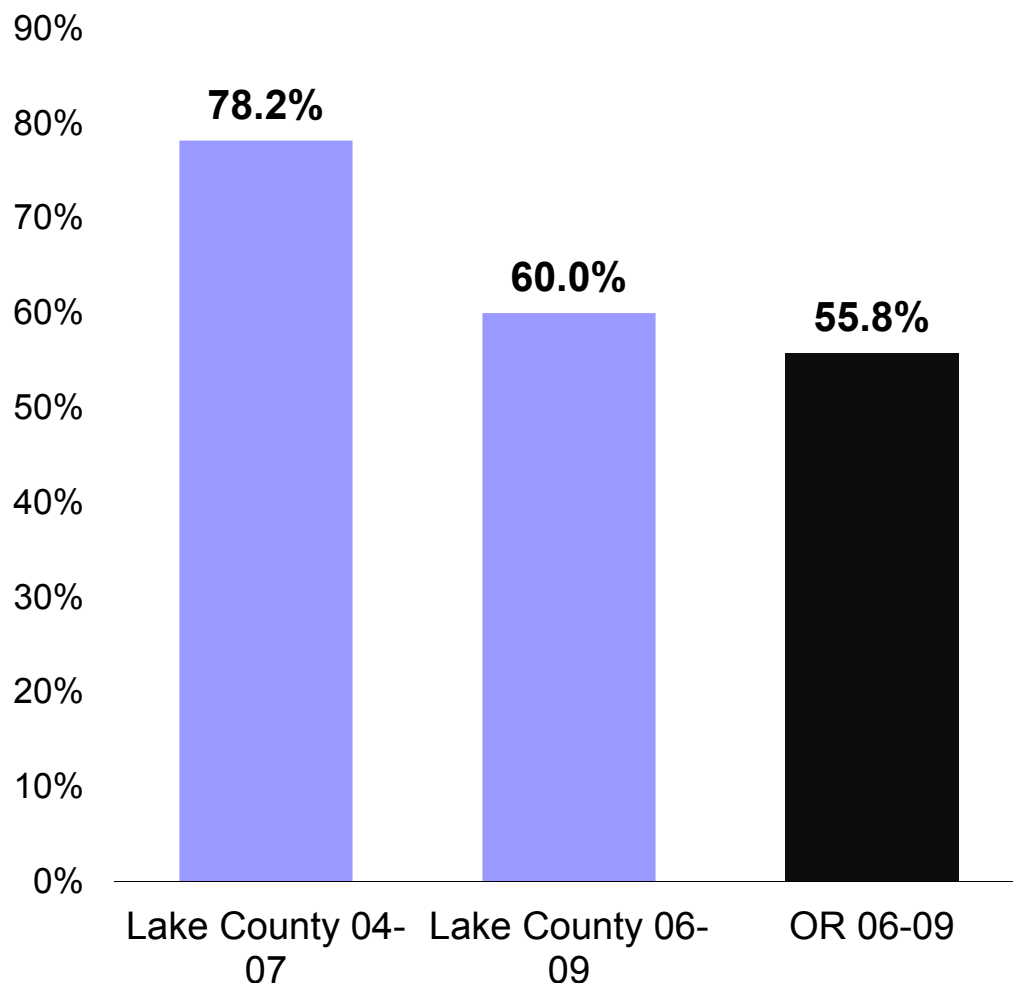


Binge Drinking

- 18 years and older – Binge Drinking (age adjusted):
 - Males have had 5 or more drinks of alcohol on one occasion within the past 30 days
 - Females have had 4 or more drinks of alcohol on one occasion within the past 30 days



Percent of Adults who meet the Recommended Physical Activity Levels

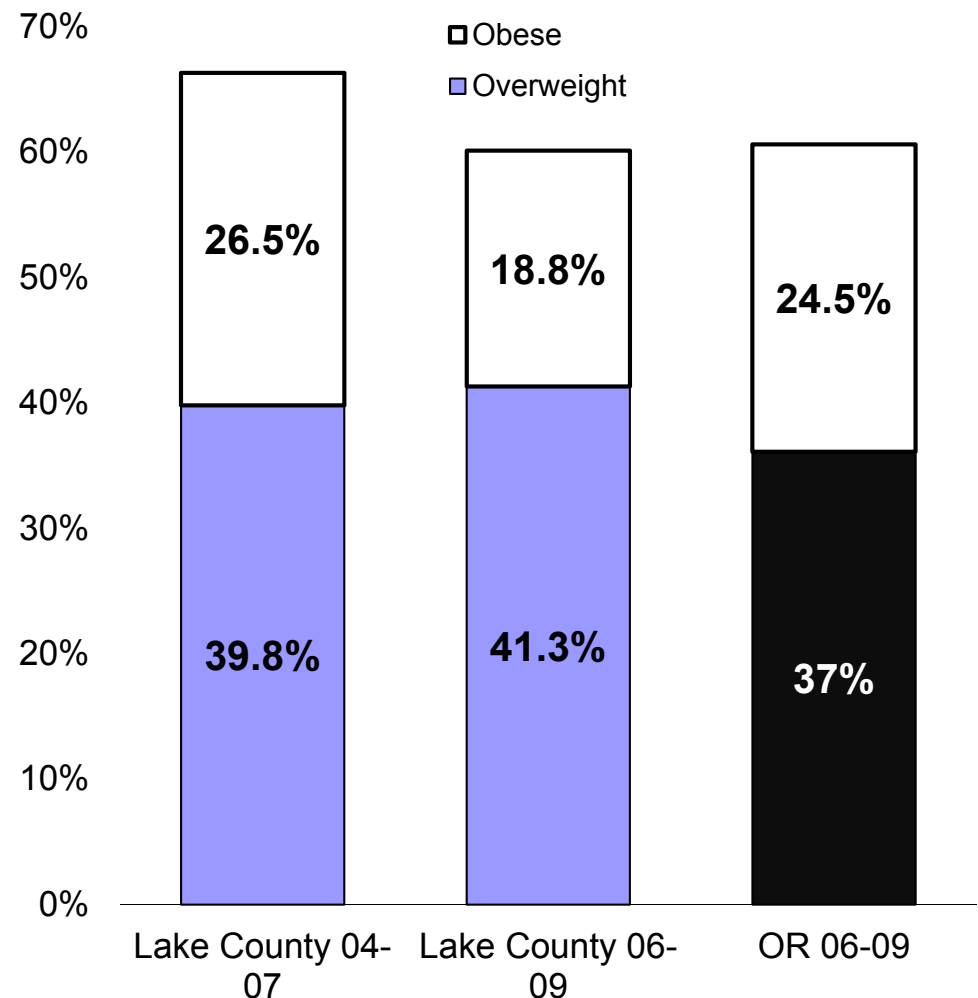


- Regular physical activity provides short-term benefits and reduces long-term risks for disability and premature death. Physical inactivity affects body weight and obesity and in turn affects many chronic diseases including but not limited to heart disease, stroke, cancer, and diabetes. Physical activity also reduces additional risk factors such as high blood pressure. For people with arthritis, physical activity helps to relieve pain and maintain joint mobility.

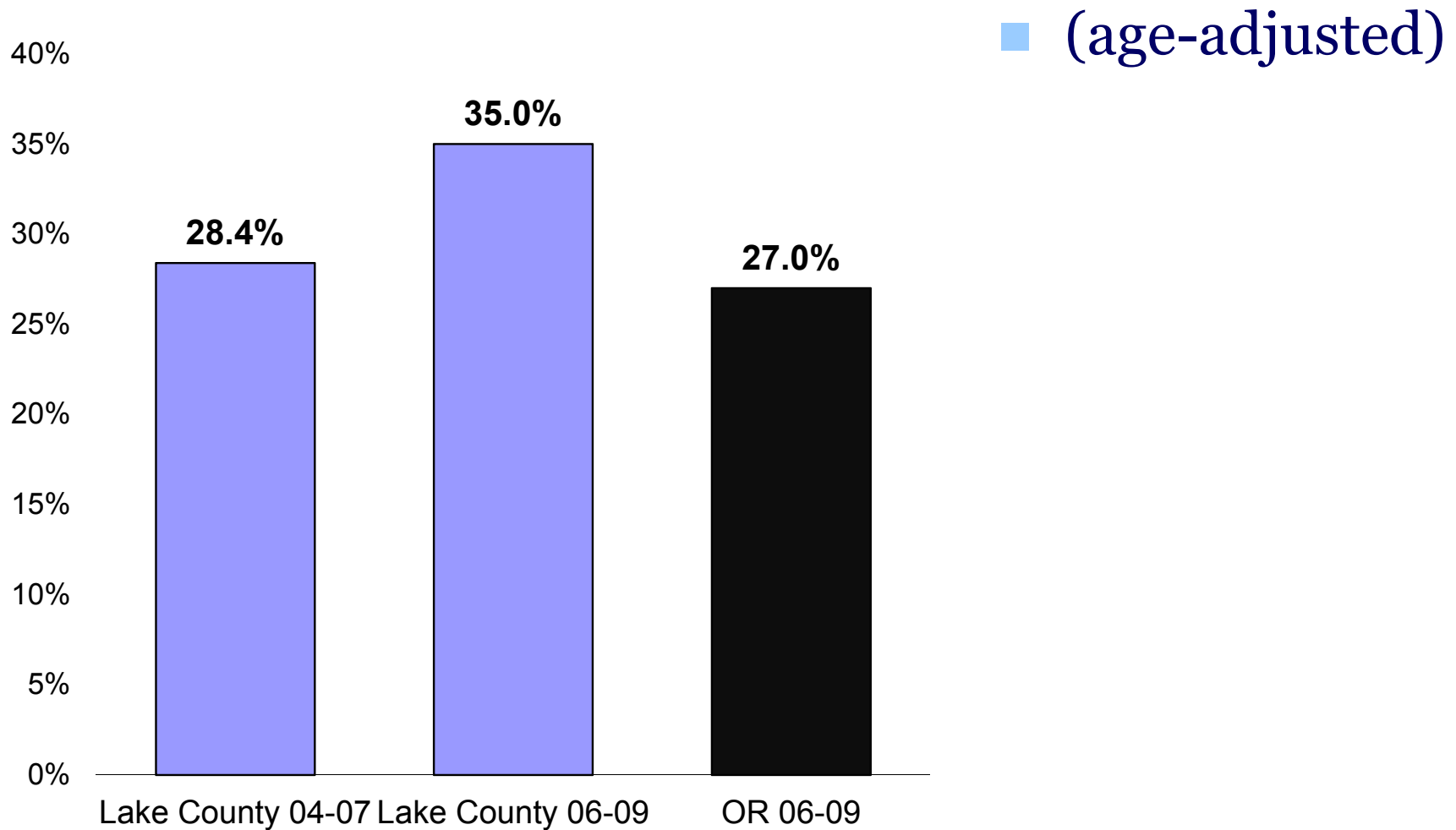
Percent of Adults Classified as Overweight and Obese



- Excess weight is associated with an increased incidence of heart disease, stroke, high blood pressure, and diabetes, which is an incurable chronic illness that can lead to heart attack, blindness, kidney failure, and amputations.
- “Overweight” is defined by a body mass index over 25. A 5’10” man who weighs less than 175 lbs and a 5’4” woman under 145 lbs have a BMI less than 25.



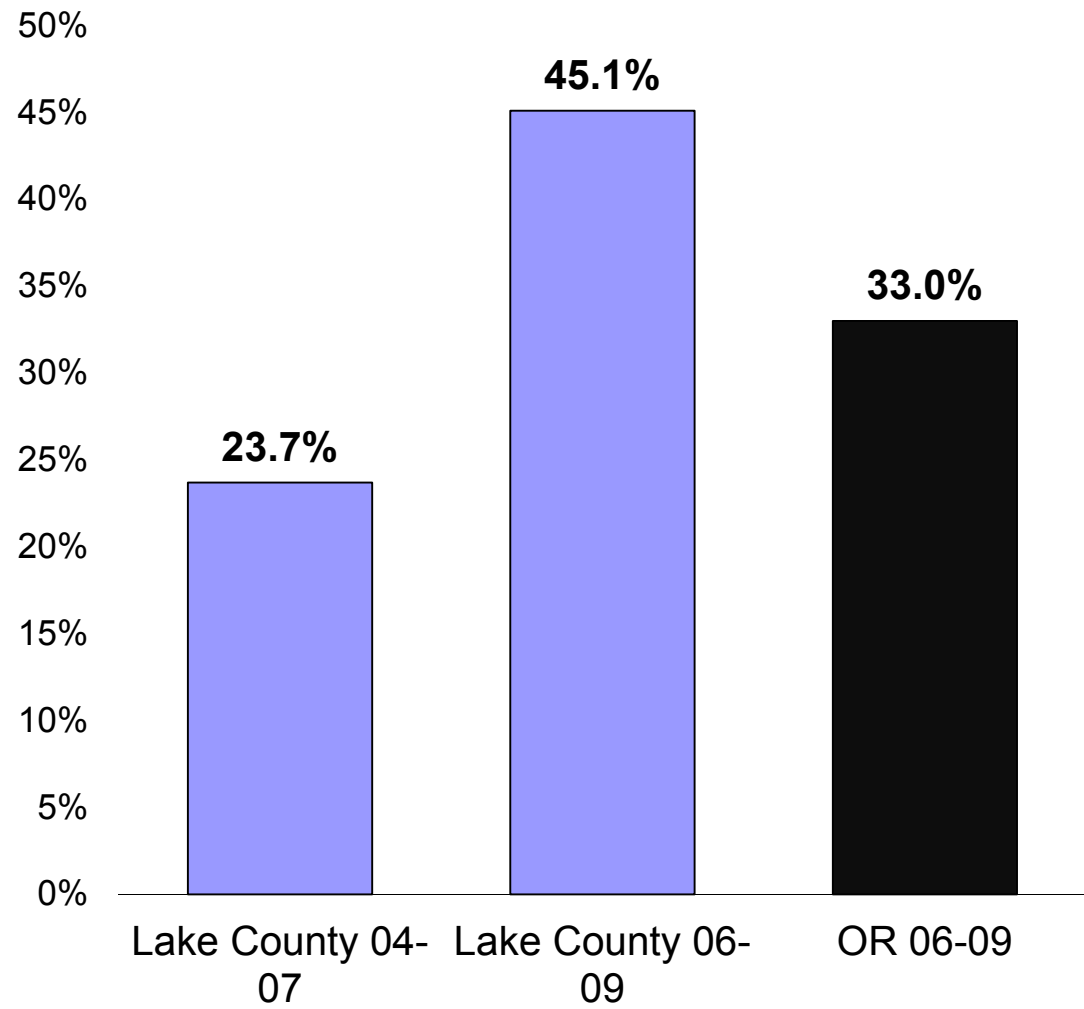
% of Adults who consumed at least 5 Servings of fruits and vegetables per day



Prevalence of High Blood Cholesterol among Adults



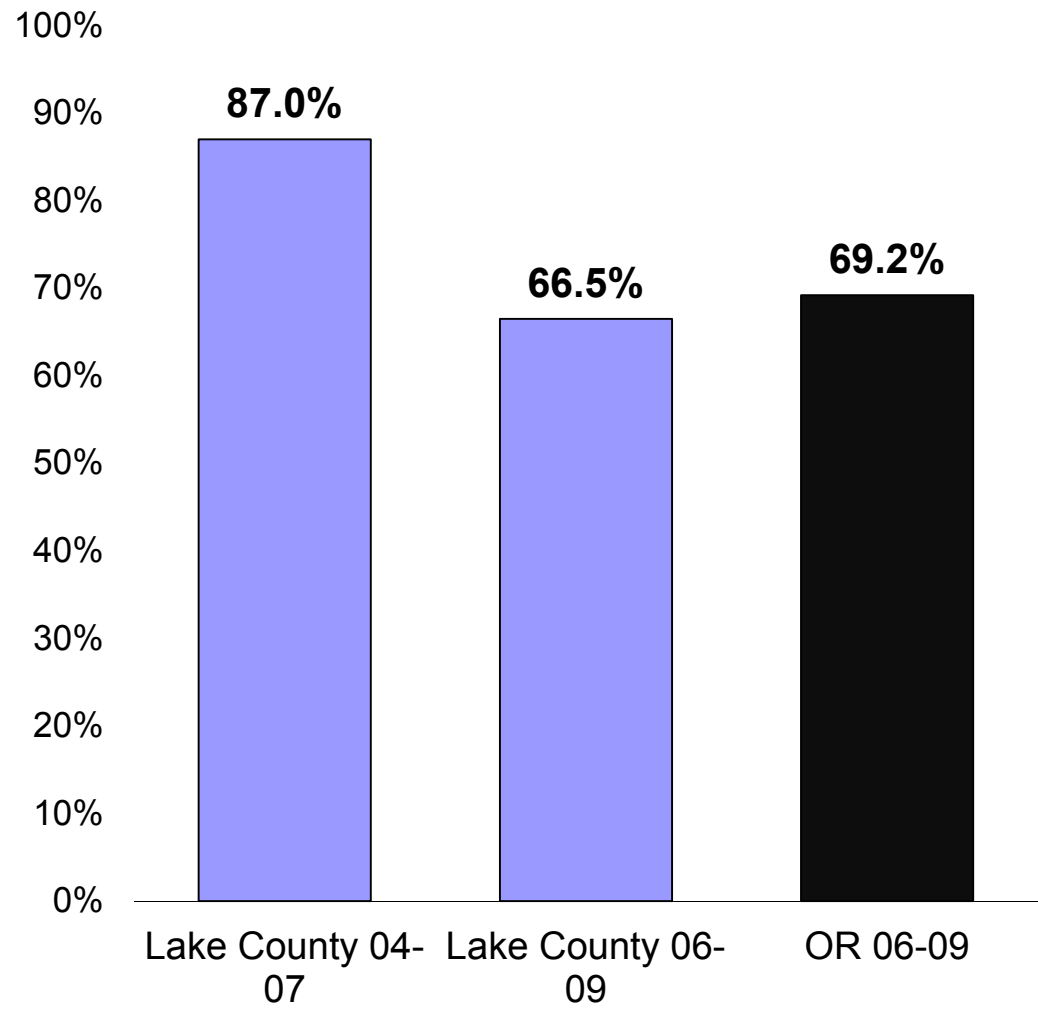
- Age 18 and older – (age adjusted)



Adults 65 + Who Had a Flu Shot within the Past Year



- Age 65 and older – (non-age adjusted)



Adults 65+ who have Ever had a Pneumonia Vaccination



- Age 65 and older (non-age adjusted)

