

## Holiday Food Safety Quiz

### Food safety myth or fact??

Take our food safety quiz\* and see how you stack up!

1. Using a hand sanitizer alone is just as effective as washing hands with soap and water.  
True    False
2. Disease-causing bacteria will grow on all foods if left out at room temperature.  
True    False
3. Defrosting at room temperature is acceptable provided the food is fully cooked after thawing.  
True    False
4. The stuffing cooked in a turkey is always safe to eat when the turkey is fully cooked.  
True    False
5. Chlorine bleach makes an effective sanitizer and germ killer.  
True    False
6. Hot foods should be cooled to room temperature before putting them in the Frig.  
True    False

1. False, 2. False, 3. False, 4. False, 5. True, 6. False \*

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For more food safety info

[www.foodsafety.gov](http://www.foodsafety.gov) or [www.fda.gov/food](http://www.fda.gov/food)

### Oregon Poison Center

Always Open

Always Free

Always here to help you and your family

**1-800-222-1222**